وزارة التعليم العالي والبحث العلمي
Ministry of Higher Education & Scientific Research

جامعة كلكامش
GILGAMESH UNIVERSITY

University Name: Gilgamesh University

Faculty/Institute: Faculty Of Physical Education And Sports Sciences

Academic or Professional Program Name:

Final Certificate Name: Bachelor's Degree In The Faculty Of Physical Education And Sports Sciences.

Description Preparation Date: Courses System

File Completion Date:

Signature:
Head of Department Name:

Date:

Signature:
Scientific Associate Name:

Date:

جامعة كلكامش
قسم ضمان الجودة والإداء الجامعي

The file is checked by:
Department of Quality Assurance and University Performance
Director of the Quality Assurance and University Performance Department:
Date:

أ.د. رائد موسى زعير

1. Program Vision

Leadership locally and regionally in the fields of Physical Education and Sports Sciences, achieving academic and professional excellence through advanced educational programs based on quality, innovation, and scientific research.

2. Program Mission

The College of Physical Education and Sports Sciences is committed to preparing specialized educational and sports professionals with strong scientific and practical competencies through quality education based on modern technologies and scientific research, contributing to community service and meeting labor market requirements

3. Program Objectives

- Preparing academically and professionally qualified graduates in physical education and sports sciences.
- Developing students' research skills and critical thinking.
- Updating academic programs in line with scientific and technological developments.
- Promoting the use of modern technologies in education and sports training.
- Supporting ethical values, teamwork, and professional conduct.
- Developing the educational and training environment to achieve quality education.
- Strengthening scientific cooperation with local and international institutions.
- Contributing to society and promoting sports and health awareness.

4. Programmatic Approval

Does The Program Have Programmatic Accreditation? From Which Direction?

No

5. Other External Influences

No

6. Program Structure				
Program Structure	**Number Of Courses**	**Unit Of Study**	**Percentage %**	**Notes]**
Organization Requirements	٨	١٦	%١١	
College Requirements	٦٤	١٢٨	%٨٨	
Department Requirements				
Summer Training				
Others				

* Notes Can Include Whether The Course Is Basic Or Optional.

7. Program Description				
Year / Level	Course Or Course Code	Course Name	Credit Hours	
			Theory	Practical
First	**GU11**	Human Rights And **Democracy**	٢	
First	**GU12**	**Arabic Language 1**	٢	
First	**GU13**	**English Language 1**	٢	
First	**GU14**	**Computers 1**	١	٢
First	**PES11201**	**Anatomy**	٤	
First	**PES11202**	**Weightlifting (M)**		٤
First	**PES11203**	**Fitness (F)**		٤
First	**PES11204**	**Track And Field**		٤

		1		
First	PES11205	Basics And Principles Of Education	٢	
First	PES11206	Sports Sociology	٢	
First	PES11207	Philosophy And The History Of Sports	٢	
First	PES11208	Gymnastic 1		٤
First	PES11209	Swimming 1		٤
First	PES11210	Football 1		٤
First	PES11211	Principles Of Health	٢	
First	PES11212	Camps Education	٢	
First	PES12213	Nutrition In Sports	٢	
First	PES12214	Basketball 1		٤
Second	GU24	Baath Party Crimes	٢	
Second	PES23215	Boxing (M)		٤
Second	PES23216	Rhythmic Gymnastics (F)		٤
Second	PES23217	Statistics	٢	
Second	PES23218	Small Games		٢

Second	PES23219	Sports Training	٢	
Second	PES23220	Biomechanics	٤	
Second	PES23221	Swimming 2 M		٢
Second	PES23222	Basketball 2		٤
Second	PES23223	Football 2		٤
Second	PES23224	Futnet		٢
Second	PES23225	Futsal		٢
Second	PES24226	Ethics	٢	
Second	GU21	Arabic Language 2	٢	
Second	GU22	English Language 2	٢	
Second	GU23	Computers 3	١	٢
Second	PES24227	Testing & Measurement	٢	
Second	PES24228	Physiology Of Sports Training	٢	
Second	PES24229	Gymnastic 2		٤
Second	PES24230	Track And Field 2		٤
Second	PES24231	Handball 1		٤
Second	PES24232	Volleyball 1		٤

Third	PES35233	Motor Learning	٤	
Third	PES35234	Wrestling (M) –		٤
Third	PES35235	Sports Shows (F)		٤
Third	PES35236	Fencing		٤
Third	PES35237	Handball 2		٤
Third	PES35238	Movement Analysis	٢	
Third	PES35239	Sports Injuries And Rehabilitation	٢	
Third	PES35240	Scout Camps		٢
Third	PES35241	Volleyball 2		٤
Third	PES35242	Handball Arbitration		٢
Third	PES36267	Education Of Psychology	٢	
Third	PES36268	Scientific Research	٢	
Third	PES36269	Racquet Games 1		٤
Third	PES36270	Gymnastic 3		٤
Third	PES36271	Teaching Methods	٢	

Third	**PES36272**	**Football 3**		٤
Third	**PES36273**	**Basketball 3**		٤
Third	**PES36276**	**Swimming Arbitration**		٢
Third	**PES35259**	**Volleyball Arbitration**		٢
Third	**PES36275**	**Disabled Sports**	٢	
Fourth	**PES47253**	**Psychology Sports**	٢	
Fourth	**PES47254**	**Sports Management**	٢	
Fourth	**PES47255**	Practical Teaching **Methods**	٢	
Fourth	**PES47256**	**Advance Sport Training**	٢	
Fourth	**PES47257**	**Track And Field 3**		٤
Fourth	**PES47258**	**Handball 3**		٤
Fourth	**PES47259**	**Volleyball 3**		٤
Fourth	**PES47260**	**Racquet Games 2**		٤
Fourth	**PES47261**	**Table Tennis**		٢
Fourth	**PES47262**	**Advanced Basketball**		٢

Fourth	**PES48265**	Management And **Organization Of Sports.**	٢	
Fourth	**PES48266**	**Weightlifting Training**		٢
Fourth	**PES48267**	**Teaching Strategies**	٢	

8. **Program Expected Learning Outcomes**	
Knowledge	
1. Recognizing The Rules And Regulations Of Different Sports. 2. Learning How To Train And Develop Basic Sports Skills.	
SKILLS:	
1. Enabling Students To Perform All Fundamental Skills In Various Sports. 2. Enabling Students To Understand All Sciences Related To Sports. 3. Enabling Students To Learn The Legal Regulations Related To Sports Games.	
Values	
1.Encouraging Students To Actively Participate During Lectures.	
2. Encouraging Students To Interact And Contribute In Practical Lessons.	
3. Enabling Students To Explain Subject Matter In A Clear And Simple Manner Without Complexity.	
4. Developing Students' Human Communication Skills.	

9. Teaching And Learning Strategies

1. Problem-Based Learning: It Is Done By Posing Situations Or Problems Related To Sports Media, Where Students Interact Collectively To Analyze Them And Propose Solutions To Them.
2. Experiential Learning: By Experimenting With A Particular News Story Inside The Classroom, Students Interacting With The News Story, And Criticizing The News Story Positively Or Negatively As News Media
3. Dialogue And Discussion: It Is Represented In Involving Students In Group Discussions In Sports Events, Information And News And The Circulation Of Ideas Among Students To Reach The Wording Of The News In A Professional And Professional Manner

10. Valuation Methods

1. Theoretical Exams.
2. Midterm Examinations
3. Weekly Reports
4. Daily Attendance And Participation In Class And Sports Fields

11. Teaching Staff

Faculty

Academic Rank	Major		Special Requirements/Skills (If Applicable)	Preparing The Teaching Staff	
	General	PRIVATE AND CONFIDENTIAL		Permanent	Lecturer

Professor Dr. Raed Mahous	Physical Education And Sports Sciences	Motor Learning – Racket Sports			✓	
Lecturer Dr. Abdul Karim Hamid	Physical Education And Sports Sciences	Wrestling Training			✓	
Lecturer Dr. Abdul Karim Abdullah	Physical Education And Sports Sciences	Physiology Of Training – Volleyball			✓	
Lecturer Dr. Saad Kamil	Physical Education And Sports Sciences	Teaching Methods			✓	
Lecturer Dr. Murtada Hassoon	Physical Education And Sports Sciences	Handball Training			✓	
Lecturer Dr. Saif Al-Din Khalid	Physical Education And Sports Sciences	Tests And Measurements – Football			✓	
Lecturer Dr. Al-Ameer Haider Hussain	Physical Education And Sports Sciences	Football Training			✓	
Assistant Lecturer Shams Ghazwan	Physical Education And Sports Sciences	Injury Rehabilitation – Swimming			✓	
Assistant Lecturer Hadeel Ali Mabdar	Physical Education And Sports Sciences	Training				✓
Assistant Lecturer Ahmed Majed Karim	Physical Education And Sports Sciences	Physiology / Soccer				
Assistant Lecturer Mays Kamar Abd Aoun Mutair	Physical Education And Sports Sciences	Motor Learning				

Dr. Haneen Safa Salman	Physical Education And Sports Sciences	Traning / Basketball				
Lecturer Dr. Atheer Abd Alkahiq	Collage Of Low	International economy				✓
Assist. Lect. Shahad Hamad Matar	Collage Of Law	law				
Assist. Lect. Tabarak yahya abd	Collage of engineering technolo	statistics				
Dr.Wadad Hatem	Collage Of Education	literature				

Professional Development

Orientation Of New Faculty

Briefly Describe The Process Used To Guide New, Visiting, Full-Time And Part-Time Faculty At The Institution And Department Level.

Faculty Professional Development

Briefly Describe The Academic And Professional Development Plan And Arrangements For Faculty Members Such As Teaching And Learning Strategies, Assessment Of Learning Outcomes, Professional Development Etc.

12. Acceptance Criteria

The Student Must Be A Graduate Of Secondary School (Literary, Scientific, Industrial, Or Commercial Streams).

13. The Most Important Sources Of Information About The Program

1. Scheduled Book.
2. Other Auxiliary Books With The Same Specialty.
3. The World Wide Web.

4. Personal Experience Of Teaching The Course.

14. Program Development Plan

1. Developing Students' Abilities Through Practical Application And Providing A Well-Equipped Library With Scientific Books.
2. Participation In Courses And Conferences.
3. Frequent Visits To Local Tournaments To Gain Experience And Skills.

Program Skills Diagram															
				Program Intended Learning Outcomes											
Year / Level	Course Code	Course Name	Basic Or Optional	Al Ma 'Arfa				SKILLS:				Values			
				A1	A2	A3	A4	B1	B2	B3	B4	C1	C2	C3	C4
First	GU11	Human Rights And Democracy	Core												
First	GU12	Arabic Language 1	Core												
First	GU13	English Language 1	Core												
First	GU14	Computers 1	Core												
First	PES11201	Anatomy	Core												
First	PES11202	Weightlifting (M)	Core												
First	PES11203	Fitness (F)	Core												
First	PES11204	Track And Field 1	Core												
First	PES11205	Basics And Principles Of Education	Core												

First	PES11206	Sports Sociology	Core													
First	PES11207	Philosophy And The History Of Sports	Core													
First	PES11208	Gymnastic 1	Core													
First	PES11209	Swimming 1	Core													
First	PES11210	Football 1	Core													
First	PES11211	Principles Of Health	Core													
First	PES11212	Camps Education	Core													
First	PES12213	Nutrition In Sports	Core													
First	PES12214	Basketball 1	Core													
Second	GU24	Baath Party Crimes	Core													
Second	PES23215	Boxing (M)	Core													
Second	PES23216	Rhythmic Gymnastics (F)	Core													
Second	PES23217	Statistics	Core													
Second	PES23218	Small Games	Core													

Second	PES23219	Sports Training	Core													
Second	PES23220	Biomechanics	Core													
Second	PES23221	Swimming 2 M	Core													
Second	PES23222	Basketball 2	Core													
Second	PES23223	Football 2	Core													
Second	PES23224	Futnet	Core													
Second	PES23225	Futsal	Core													
Second	PES24226	Ethics	Core													
Second	GU21	Arabic Language 2	Core													
Second	GU22	English Language 2	Core													
Second	GU23	Computers 3	Core													
Second	PES24227	Testing & Measurement	Core													
Second	PES24228	Physiology Of Sports Training	Core													
Second	PES24229	Gymnastic 2	Core													

Second	PES24230	Track And Field 2	Core													
Second	PES24231	Handball 1	Core													
Second	PES24232	Volleyball 1	Core													
Third	PES35233	Motor Learning	Core													
Third	PES35234	Wrestling (M) -	Core													
Third	PES35235	Sports Shows (F)	Core													
Third	PES35236	Fencing	Core													
Third	PES35237	Handball 2	Core													
Third	PES35238	Movement Analysis	Core													
Third	PES35239	Sports Injuries And Rehabilitation	Core													
Third	PES35240	Scout Camps	Core													
Third	PES35241	Volleyball 2	Core													
Third	PES35242	Handball Arbitration	Core													
Third	PES36267	Education Of Psychology	Core													

Third	PES36268	Scientific Research	Core													
Third	PES36269	Racquet Games 1	Core													
Third	PES36270	Gymnastic 3	Core													
Third	PES36271	Teaching Methods	Core													
Third	PES36272	Football 3	Core													
Third	PES36273	Basketball 3	Core													
Third	PES36276	Swimming Arbitration	Core													
Third	PES35259	Volleyball Arbitration	Core													
Third	PES36275	Disabled Sports	Core													
Fourth	PES47253	Psychology Sports	Core													
Fourth	PES47254	Sports Management	Core													
Fourth	PES47255	Practical Teaching Methods	Core													
Fourth	PES47256	Advance Sport Training	Core													
Fourth	PES47257	Track And Field 3	Core													

Fourth	PES47258	Handball 3	Core													
Fourth	PES47259	Volleyball 3	Core													
Fourth	PES47260	Racquet Games 2	Core													
Fourth	PES47261	Table Tennis	Core													
Fourth	PES4 7262	Advanced Basketball	Core													
Fourth	PES48265	Management And Organization Of Sports.	Core													
Fourth	PES48266	Weightlifting Training	Core													
Fourth	PES48267	Teaching Strategies	Core													

- **Please Tick The Boxes Corresponding To The Individual Learning Outcomes From The Assessed Programme**

Course Description Form

1. Course name
Democracy And Human Rights
2,Course code
Gu11
3. semester/ year
First Semester / First Level
4. Date this description was prepared
18/9/2025
5.Available attendance forms
Attending A Traditional Class
6. Number of study hours (total) / Number of units (total)
30/30
7.Name of the course administrator (if more than one name is (mentioned
Name: Assist. Lect. Shahad Hamad Matar email:shahad.h.mutir@gu.edu.iq
8.objectives Course
Promote Human Rights Awareness And Educate Citizens About Their Social, Economic, Political, And Environmental Rights, As Well As To Disseminate Knowledge Of All Aspects And Contents Related To Human Rights And Democracy.
9.Teaching and learning strategies
• Theoretical Examinations • Weekly Reports • Daily Attendance: Evaluating Students Through Attendance And Academic Participation • Student Interaction During Lectures And Classroom Discussions • Student Self-Discipline
10. Course structure

WEEK	Hours	Intended Learning Outcomes	Module Name/ Or Topic	Teaching Method	Method Of Evaluation
1	2	Knowledge & Prac Application	ocracy: Definition And Types		Daily, Midterm, A Practical Exams
2	2	Knowledge & Prac Application	Concepts Of Democracy		Daily, Midterm, A Practical Exams
3	2	Knowledge & Prac Application	Democracy In The Third World		Daily, Midterm, A Practical 2Exams
4	2	Knowledge & Prac Application	Democratic Systems In The Wor		Daily, Midterm, A Practical

					Exams
5	2	Knowledge & Pract Application	Concept Of Freedoms Classification Of Public Freedom		Daily, Midterm, Ar Practical Exams
6	2	Knowledge & Pract Application	Midterm Exam		Daily, Midterm, Ar Practical Exams
7	2	Knowledge & Pract Application	Fundamental Freedoms: Intellect Economic, And Social Freedoms		Daily, Midterm, Ar Practical Exams
8	2	Knowledge & Pract Application	Personal Security, Freedom Movement, Education, Press, Assembly		Daily, Midterm, Ar Practical Exams
9	2	Knowledge & Pract Application	Freedom Of Association And Wo		Daily, Midterm, Ar Practical Exams
10	2	Knowledge & Pract Application	Right To Property		Daily, Midterm, Ar Practical Exams
11	2	Knowledge & Pract Application	Women's Rights		Daily, Midterm, Ar Practical Exams
12	2	Knowledge & Pract Application	Political Parties And Pu Freedoms		Daily, Midterm, Ar Practical Exams
13	2	Knowledge & Pract Application	Scientific And Technolog Progress And Public Freedoms		Daily, Midterm, Ar Practical Exams
14	2	Knowledge & Pract Application	Future Of Public Freedoms		Daily, Midterm, Ar Practical Exams
15	2	Final Exam	Final Exam	Final Exam	Final Exam

١1.Course Evaluation

٥٠Marks (Coursework) + 50 Marks (Final Exam)

Learning and teaching resources

Required Textbooks:	Main References:
Prescribed Curriculum Books	Ammar Saadoun Al-Badri, Challenges Of The Iraqi Parliament Functions In The Post-Saddar System, Phd Thesis, University Utara Malaysi Al-Sayyid Sabri, Cabinet Government, International Press, Cairo. Souad Al-Sharqawi, Political Systems In The Contemporary World, Dar Al-Nahda Al-Arabiya, Cairo. Mona Hamdi, Human Rights In The Thought Social Contract Philosophers, Master's Thesis

	University Of Baghdad. Imam Abdel Fattah Imam, Thomas Hobbes, D Al-Tanweer, Beirut. Abdul Redha Al-Taan, History Of Mod Political Thought, Dar Al-Hikma, Baghdad.

Course Description Form

1. Course Name	
English 1	
2. Course Code	
Gu13	
3. Term /Year	
First Semester / First Level	
4. Date This Description Was Prepared	
20/9/2025	
5. A. Available Attendance Forms	
Attending A Traditional Class	
6. Number Of Study Hours (Total)/Number Of Units (Total)	
30/30	
7. Name Of Course Administrator (If More Than One Name Is Mentioned)	
Name:Dr. Atheer Abdulkhaleq	Email : Atheer.Abdulkhaleq@Gu.Edu.Iq
8. Course Objectives	
Objectives Of The Course	Developing All English Language Skills In An Interactive And Integrated Manner..... Developing The Necessary Skills In Sports A Games In Order To Participate In Th Academically. **. Encourage Critical Thinking Through Problem-Solv Activities, Taking** **Decisions - And Conclusion.** **Providing Students With Modern Knowledge.**
9. Teaching And Learning Strategies	
Strategy	- Teaching Transferred General And Qualifying Skills (Other Skills Relate To Employability And Personal Development).

	- Investing Modern Technology In The Presentation Of Scientific Material (Smart Board) - Investing In The Practical Possibilities (Mathematical Models) Available - Direct Questions To All Students To Know The Extent Of His Interaction And Pay The Rest To Pay Attention

10. Course Structure

WEEK	Hours	Intended Learning Outcomes	Unit Or Topic Name	Learning Method	Method Of Evaluation
— –	2	Understand Mathematical Meanir And Vocabulary In English	Sports Competitions	Diction, Explanation, Presentation, Analysis And Interrogation	Exams And Daily Participations
2	2	Understand Mathematical Meanin And Vocabulary In English	Sports And Its Sciences	Diction, Explanation, Presentation And Analysis	Exams And Daily Participations
3	2	Understand Mathematical Meanin And Vocabulary In English	Mathematical Sociology	Diction, Explanation, Presentation And Analysis	Exams And Daily Participations
4	2	Understand Mathematical Meanin And Vocabulary In English	Sports History	Diction, Explanation, Presentation And Analysis	Exams And Daily Participations
5	2	Understand Mathematical Meanin And Vocabulary In English	Sports Psychology	Diction, Explanation, Presentation And Analysis	Exams And Daily Participations
6	2	Understand Mathematical Meanin And Vocabulary In English	Tests And Measurement	Diction, Explanation, Presentation And Analysis	Exams And Daily Participations
7	2	First Month Exam		Diction, Explanation, Presentation And Analysis	Exams And Daily Participations
8	2	Understand Mathematical Meanings And Vocabulary In English	Statistics In Th Field Of Sports	Diction, Explanation, Presentation And Analysis	Exams And Daily Participations
9	2	Understand Mathematical Meanings And Vocabulary In English	Methods Of Scientific Research	Diction, Explanation, Presentation And Analysis	Exams And Daily Participations

10	**2**	Understand Mathematical Meanings And Vocabulary In English	Methods Of Physical Education Teaching	Diction, Explanation, Presentation And Analysis	Exams And Daily Participations
11	**2**	Understand Mathematical Meanings And Vocabulary In English	Athletic Traini	Diction, Explanation, Presentation And Analysis	Exams And Daily Participations
12	**2**	Understand Mathematical Meanings And Vocabulary In English	Sports & Fitne	Diction, Explanation, Presentation And Analysis	Exams And Daily Participations
13	**2**	Understand Mathematical Meanings And Vocabulary In English	Sports Taghiye	Diction, Explanation, Presentation And Analysis	Exams And Daily Participations
14	**2**	Second Month Exam		Diction, Explanation, Presentation And Analysis	Exams And Daily Participations
15	**2**	No Final Exan		Diction, Explanation, Presentation And Analysis	Exams And Daily Participations

11. Course Evaluation

Written First Month Exam 20 Marks
Participation And Activity In The Classroom 5 Marks
Second Month Exam 20 Marks
Participation And Class Activity 5 Marks
The Final Exam Is 50 Degrees

12. Learning And Teaching Resources

Required Textbooks (Methodology If Any)	English For Special Purposes For Physical Education
Key References (Sources)	Oxford Illustrated Glossary
E-References , Websites	Sites Interested In Sports Vocabulary In English

Course Description Form

1. Course Name:
Anatomy
2. Course Code
Pes11201
3. Semester /Year
First Semester / First Level
4. Date Of Preparation Of This Description
17/9/2025
5. Available Attendance Forms:
Attending A Traditional Class
6. Number Of Study Hours (Total)/Number Of Units (Total)
60/30
7. Name Of Course Administrator (If More Than One Name Is Mentioned)
Email :Mays.Gumar@Gu.Edu. Name: Assist. Lect. Mays Gumar Abad Iq

8. Course Objectives

Objectives Of The Course	• Explanation Of Bo Structure • Sports Injuries • Body Functions

9. Teaching And Learning Strategies

Strategy	- **Theoretical Review And Introduction To General Anatomy** - Explanation Of The Most Important Parts Of T Skeleton On An Illustrative Means - **Allowing Students To Re-Explain The Material Using Explanatory Means**

10. Course Structure

WEEK	Hours	Intended Learning Outcomes	Unit Or Topic Name	Learning Method	Method Of Evaluation
1	**4**	Knowledge & Practical Application	**Skeletal System**	**Theoretical**	**Oral**
2	**4**	Knowledge & Practical Application	**Voluntary Muscles**	**Theoretical**	**Oral**
3	**4**	Knowledge & Practical Application	Involuntary Musc	**Theoretical**	**Oral**
4	**4**	Knowledge & Practical Application	The Spine	**Theoretical**	**Oral**
5	**4**	Knowledge & Practical Application	**The Rib Cage**	**Theoretical**	**Oral**
6	**4**	Knowledge & Practical Application	**The Skull**	**Theoretical**	**Oral**
7	**4**	Knowledge & Practical Application	**First Month Exam**	**Theoretical**	**Editorial**
8	**4**	Knowledge & Practical Application	**The Pelvis**	=	**Theoretical**
9	**4**	Knowledge & Practical Application	**The Joints**	=	=
10	**4**	Knowledge & Practical Application	**The Bones**	= =	= =
11	**4**	Knowledge & Practical Application	**Components Of Bor**	=	=
12	**4**	Knowledge & Practica Application	**Tissues**	=	= =
13	**4**	Knowledge & Practica Application	**Types Of Tissues**		**Editorial**
14	**4**	Knowledge & Practica Application	**General Review**		**Quiz**
15	**4**	Exam	**End-Of-Term Exam**	Exam	**Exam**

11. Course Evaluation

The Score Of 50 Degrees Divided Into 40 Degrees On The Written Examinations By 20 Degrees Per Month And 10 Degrees For Daily Activity.

12. Learning And Teaching Resources

1. Course name
Weightlifting
2,Course code

Required Textbooks (Methodology If Any)	Anatomy – Qais Al-Douri
Key References (Sources)	
Recommended Supporting Books And References (Scientific Journals, Reports...)	
E-References , Websites	

Course Description Form

Pes11202
3. semester/ year
First Semester / First Level
4. Date this description was prepared
11/9/2025
5.Available attendance forms
Attending A Traditional Class
6. Number of study hours (total) / Number of units (total)
30/30
7.Name of the course administrator (if more than one name is mentioned)
Name: Dr. Abdul Karim Hamid Email :Abdulkareem.Hameed@Gu.Edu.Iq
8.objectives Course
- Understanding The Role Of Weightlifting In Physical Education (Educational, Psychological, And Social Aspects) And Its Importance In Building Society. • **- Performing Sports Skills And Applying Safety Requirements**
9.Teaching and learning strategies
- Theoretical Exams - Practical Exams - Weekly Reports - Daily Attendance And Participation - Student Interaction And Behavior
10. Course structure

WEEK	Hours	Intended Learning Outcomes	Module Name/ Or Topic	Teaching Method	Method Of Evaluation
1	2	Knowledge & Prac Application	History Of Weightlifting	Practical	
2	2	Knowledge & Prac Application	Overview Of The Sport	Practical	
3	2	Knowledge & Prac Application	Types Of Classical Lifts	Practical	
4	2	Knowledge & Prac Application	Snatch Lift	Practical	
5	2	Knowledge & Prac Application	Applications	Practical	
6	2	Knowledge & Prac Application	Common Mistakes	Theoretical	
7	2	Knowledge & Prac Application	Clean And Jerk	Practical	
8	2	Knowledge & Prac Application	Applications	Practical	
9	2	Knowledge & Prac Application	Common Mistakes	Practical	
10	2	Knowledge & Prac Application	Judging Lifts	Practical	
11	2	Knowledge & Prac Application	Snatch Judging	Practical	
12	2	Knowledge & Prac Application	Clean And Jerk Judging	Practical	
13	2	Knowledge & Prac Application	Training Methods	Practical	

1. Course name					
14	2	Knowledge & Prac Application	Strength Training	Practical	
15	2	Exam	Exam	Exam	Exam

١1.Course Evaluation	
50 Coursework + 50 Final Exam	
١٢.Learning and teaching resources	
Required Book: Weightlifting (Translated By Wadie Yassin)	References: Introduction To Weightlifting
Electronic References, Websites	

Course Description Form

Physical Fitness

2,Course code

Pes11203

3. semester/ year

First Semester / First Level

4. Date this description was prepared

12/9/2025

5.Available attendance forms

Attending A Traditional Class

6. Number of study hours (total) / Number of units (total)

30/30

7.Name of the course administrator (if more than one name is mentioned)

Name: Shams Ghazwan Sadiq
Email :Shams.G.Sadik@Gu.Edu.Iq

8.objectives Course

- **Improving General Health And Body Functions**
- **Increasing Cardiovascular Efficiency**
- **Reducing Diseases Like Obesity And Heart Disease**

9.Teaching and learning strategies

- Theoretical Exams
- Practical Exams
- Weekly Reports
- Participation

10. Course structure

WEEK	Hours	Intended Learning Outcomes	Module Name/ Or Topic	Teaching Method	Method Of Evaluation
1	2	Introduction To Fitness		Practical	
2	2	Goals And Factors		Practical	
3	2	Muscle Strength		Practical	
4	2	Strength Differences		Practical	
5	2	Muscle Contractions		Practical	
6	2	First Exam		Theoretical	
7	2	Speed		Practical	
8	2	Endurance		Practical	
9	2	Flexibility		Practical	
10	2	Agility, Balance		Practical	
11	2	Weight Control		Practical	
12	2	Fitness Tests (Strength Speed)		Practical	
13	2	Fitness Tests (Agility)		Practical	
14	2	Fitness Tests (Flexibility Endurance)		Practical	
15	2	Final Exam	Final Exam	Final Exam	Final Exam

١1.Course Evaluation

50 Coursework + 50 Final Exam

Learning and teaching resources

Required Book: Books And References On Physical Fitness	
Electronic References, Websites	

Course Description Form

1.Course Name
Track And Field 1
2.Course Code
Pes11204

3.Term /Year
First Semester / First Level
4.Date This Description Was Prepared
15/9/2025
5.A. Available Attendance Forms
Attending A Traditional Class
6.Number Of Study Hours (Total)/Number Of Units (Total)
30/30
7.Name Of Course Administrator (If More Than One Name Is Mentioned)
Name: **Email :**

8.Course Objectives	
Objectives Of The Course	• The Students Learned The Basic Skills And Plans For The Arena And Field Games. • The Ability Of Students To Design Educational Units Commensurate With The Age Groups And Abilities Of The Target Learners. • Students Have The Skills To Teach And Apply Athletics Activities In Classroom And Non-Classroom Environments Effectively And Attractively.

9.Teaching And Learning Strategies	
Strategy	1. Problem-Based Learning: It Is Done By Posing Situations Or Problems Related To Athletics Where Students Interact Collectively To Analyze Them And Propose Solutions. **2. Experiential Learning: By Going Through The Practical And Actual Practice Of Different Games Inside The Stadiums, Implementing The Skills In An Applied Manner And Then Discussing Experiences And Evaluating Performance.** 3. Dialogue And Discussion: Engaging Students In Group Discussions About Events And How To Apply Them, Which Enhances Their Critical And Creative Thinking. These Strategies Take Into Account The Practical And Applied Nature Of The Arena And Field Course, And Stimulate The Participation Of Students And Their Effective Integration Into The Learning Process, While Integrating Many Other Strategies That My Teacher Aspires To Contribute To The Development Of The Level Of Learning And Teaching Among Students.

10.Course Structure

WEEK	Hours	Intended Learning Outcomes	Unit Or Topic Name	Learning Method	Method Of Evaluation
1	**2**	Introducing Students To The Understanding Of Athletics And The	General Concepts Of Athletics.	**Theoretical Lecture.**	**Conversational Discussions Among**

		History Of Its Inception.			**Students. Participating Students Are Registered As An Extracurricular Activity That Is Later Evaluated With Practical And Theoretical Exam Scores.**
2	**2**	Introducing Students To The Technical And Basic Stages Of The Event And The Physical And Skill Abilities That Addressed The Concept Of This Event	Explanation Of The Effectivenessof 110 Barriers And Their Application	**Theoretical Lecture.**	Theoretical Discussion Through Questions.
3	**2**	Practical Testing Of The Effectiveness Of The Barriers And Introducing Students To The Technical And Basic Stages Of The Effectiveness Of The Sequence And The Physical And Skill Abilities That Dealt With The Concept Of This Event	Practical Exam For The Effectiveness Of 110m Barriers And Explain The Effectiveness Of 4x400m Mail	Practical Test And Theoretical Lecture.	Practical Exam.
4	**2**	Field Application And Practical Testing Of Sequence Effectiveness	Applying The Effectiveness Of 4x400m Mail And Practical Exam With The Effectiveness	Hands-On Lecture	Theoretical Discussion Through Questions And A Practical Exam.
5	**2**	Introducing Students To The Technical And Basic Stages Of The	Demonstrate The Effectiveness Of Discus Throwing And Its Practical	Lecture Theory And Field Application.	Theoretical Discussion Through Questions

		Event And The Physical And Skill Abilities That Addressed The Concept Of This Event	Application		And Practical Lecture.
6	**2**	Practical Testing Of The Effectiveness Of Throwing The Discus And Introducing Students To The Technical And Basic Stages Of The Effectiveness Of Throwing The Hammer And The Physical And Skill Abilities That Addressed The Concept Of This Event	A Practical Exam For Effective Discus Throwing And A Theoretical Explanation Of The Effectiveness Of Hammer Throwing	Field Test And Theoretical Lecture	Practical Exam. Theoretical Discussion Through Questions.
7	**2**	Practical Application Of The Effectiveness And Practical Examination Of The Effectiveness	Apply Hammer Throw Effectiveness In Practice And Practical Examination In Hammer Throw Effectiveness	Hands-On Lecture	**Practical Exam.**
8	2	First Month Theoretical Exam And Theoretical Explanation Of The Effectiveness Of Pole Jumping	A Theoretical Exam For Four Events And A Theoretical Explanation Of The Effectiveness Of Pole Vaulting	The First Month Exam Is Theoretical. Theoretical Lecture	Examination Of The First Month. And A Theoretical Discussion Through Questions.
9	**2**	Introducing Students To The Technical And Basic Stages Of The Event And The Triple Leap And The Physical And Skill Abilities That Addressed The Concept Of This Event	A Theoretical Explanation Of The Effectiveness Of The Triple Leap And Its Practical Application	**Hands-On Lecture.**	Practical Application.
10	**2**	Field Application Of Al-Wathba	Practical Application Of The Triple Jump	**Hands-On Lecture.**	Practical Application.

		Tripartite Event	Event		
11	**2**	A Practical Test Of The Effectiveness Of The Triple Jump And A Theoretical Explanation Of The Effectiveness Of Medium Distances	A Practical Exam With The Effectiveness Of The Triple Jump And A Theoretical Explanation Of The Effectiveness Of Medium Distances	Practical Exam And Theoretical Lecture	Practical Application And Theoretical Discussion Through Questions.
12	**2**	Field Application Of Medium Distance Effectiveness	Practical Application Of Medium Distance Effectiveness	**Hands-On Lecture.**	**Practical Exam.**
13	**2**	Practical Test Of The Effectiveness Of Medium Distances And Theoretical Explanation Of The Effectiveness Of (3000m) Contraindications	Practical Exam For The Effectiveness Of Medium Distances And An Explanation Of The Effectiveness Of (3000m) Contraindications	Practical Exam And Theoretical Lecture	Practical Test And Theoretical Discussion Through Questions.
14	**2**	The Second Month Exam Is Theoretical. And On-The-Ground Application Of The Event	A Theoretical Exam For Four Events And A Practical Application Of The Effectiveness Of (3000m) Obstacles	Second Month Exam And Practical Lecture	Examination Of The Second Month. And Lecturing My Work
15	**2**	Field Application And Final Practical Examination.	Practical Application Of The Effectiveness Of (3000m) Contraindications And Practical Examination Of The Effectiveness	Practical Examination	Practical Lecture

11.Course Evaluation

Distribution Of The Score Of 100 According To The Tasks Assigned To The Student Such As Daily Preparation, Practical, Monthly And Written Examinations And Reports .... Etc.

12.Learning And Teaching Resources

Required Textbooks (Methodology Any)	Arena And Field Games Dr. Sareh Abdul Karim Fadhli, Talib Faisal Abdul Hussein
Key References (Sources)	Modern Educational And Arbitration Foundations In Athletics
E-References , Websites	The Comprehensive Sports Library And Many Global Sites Dealing With The Topics Of Athletics Events.

Course Description Form

1. Course name
Foundations And Principles Of Education
2,Course code
Pes11205
3. semester/ year
First Semester / First Level
4. Date this description was prepared
18/9/2025
5.Available attendance forms
Attending A Traditional Class
6. Number of study hours (total) / Number of units (total)
30/30
7.Name of the course administrator (if more than one name is mentioned)
Name: Assist. Lect. Shams Ghazwan Sadiq Email :Shams.G.Sadik@Gu.Edu.Iq
8.objectives Course
• **Acquire Knowledge About The Importance Of The Educational Aspect.** • **Apply This Knowledge In Their Professional Field.** • **Gain New Information To Integrate And Utilize In Their Area Of Specialization.**
9.Teaching and learning strategies
• Theoretical Examinations • Weekly Reports • Daily Attendance: Evaluating Students Through Attendance And Academic Participation • Student Interaction During Lectures And Classroom Discussions • Student Self-Discipline
10. Course structure

WEEK	Hours	Intended Learning Outcomes	Module Name/ Or Topic	Teaching Method	Method Of Evaluation
1	2	Knowledge & Practice	ncept Of Education, Educational Goals	Theoretical	Oral And Written Exams

2	2	Knowledge & Pract Application	History Of Education; Educatior Primitive Societies; Features A Patterns Of Primitive Education	Theoretical	Oral And Written Exams
3	2	Knowledge & Pract Application	Literature And Education In Anc Iraq	Theoretical	Oral And Written Exams
4	2	Knowledge & Pract Application	Education In Ancient Egypt; M Goals Of Egyptian Education	Theoretical	Oral And Written Exams
5	2	Knowledge & Pract Application	Greek Education	Theoretical	Oral And Written Exams
6	2	Knowledge & Pract Application	Education System In Athens	Theoretical	Oral And Written Exams
7	2	Knowledge & Pract Application	Pioneers Of Educational Though Athens	Theoretical	Oral And Written Exams
8	2	Knowledge & Pract Application	Pre-Islamic Education; Isla Education	Theoretical	Oral And Written Exams
9	2	Knowledge & Pract Application	General Features Of Isla Education	Theoretical	Oral And Written Exams
10	2	Knowledge & Pract Application	Islamic Educational Me Educational Institutions For Musl	Theoretical	Oral And Written Exams
11	2	Knowledge & Pract Application	Teaching Methods In Isla Education	Theoretical	Oral And Written Exams
12	2	Knowledge & Pract Application	Pioneers Of Educational Though The Arab Civilization	Theoretical	Oral And Written Exams
13	2	Knowledge & Pract Application	Behavioral Discipline Of Learner	Theoretical	Oral And Written Exams
14	2	Knowledge & Pract Application	Modern Concept Of Education	Theoretical	Oral And Written Exams
15	2	Written Exams			

١1.Course Evaluation

٥٠Marks (Coursework) + 50 Marks (Final Exam)

Learning and teaching resources

Required Textbooks:	Main References:
Prescribed Curriculum Books	Abdul Razzaq Hussein Hajim (2010). Foundations Of School Establishment In Mesopotamia: A Historical Stud Abdul Halim Nour Al-Din (1996). Education In Anci Egypt. Egyptian General Book Authority. Pp. 104–105.

1. Course Name
Sociology Of Sports
2. Course Code
Pes11206
3. Semester /Year
Second Semester / First Level
4. **Date this description was prepared**
5/2/2026
5. **Available attendance forms**
Attending A Traditional Class
6. Number Of Study Hours (Total)/Number Of Units (Total)
30/30
7. Name Of Course Administrator (If More Than One Name Is Mentioned)
Name:Abdulkareem Hameed Ibraheem Email :Abdulkareem.Hameed@Gu.Edu.Iq
8. Course Objectives

Objectives Of The Course	Learn About Sports Sociology..... Identify The Social Situations And Problems Associated With Exercising ..... Acquisition Of Social Skills.....
9. Teaching And Learning Strategies	
Strategy	Theoretical Lectures With The Use Of Modern Teaching Methods. Use Of Explanatory Films. Participation Of Students In The Preparation Of Some Materials Related To The Subject . Guided Discovery Questions. Using Modern Methods Of Learning Such As Cooperative Learning

10. Course Structure

Week	Hours	Intended Learning Outcomes	Unit Or Topic Name	Learning Method	Method Of Evaluation
1	2	History Of Sociology The Emergence Of Sociology Thinkers In Sociology Conditions To Be Met	Getting To Know Sociology	Lecture Student Engagement In Discussions	Oral Exam Written Exam
2	2	Functions Of Sociology, Objectives	Objectives Of Sociology	-	-
3	2	Objectives Of Sports Sociology	Mathematical Sociology	Lecture With Students	Oral Exam Written Exam
4	2	Types Of Social	Sociology Journals	Lecture By	Oral Exam

		Relationships		Students	Written Exam
5	2	Sociology Curricula, Sports Group Functions	Factors Affecting The Group	Lecture By Students	Oral Exam Written Exam
6	2	Youth Problems	Social Challenges	Lecture And Discussion	Oral Exam Written Exam
7	2	Guidance To Address The Problems Of Young People	Social Challenges	Lecture And Discussion	Oral Exam Written Exam
8	2	First Month Exam			Exam
9	2	Women And Sports Activity	The Conference.	Lecture By Students	Oral Exam Written Exam
10	2	Social Relations And Their Relationship To The Sports Field	Social Relationships	Lecture From Students	Oral Exam Written Exam
11	2	Sport For All	Social Relationships	Lecture Engaging Students	Oral Exam Written Exam
12	2	The Role And Impact Of Sport In Building The Culture Of Society	The Conference.	Lecture	Oral Exam Written Exam
13	2	Second Month Examination			Written Exam
14	2	Violence In Stadiums	Solutions To The Problem Of Violence	Lecture	Oral Exam Written Exam

15	2	Addressing Individual Differences	Physical Education Classes	Lecture	Oral Exam Written Exam

11. Course Evaluation	
Distribution Of The Score Of 100 According To The Tasks Assigned To The Student Such As Daily Preparation, Daily, Oral, Monthly And Written Examinations And Reports .... 10 Oral Exams, 40 Written Exams, Etc.	
12. Learning And Teaching Resources	
Required Textbooks (Methodology If Any)	
Key References (Sources)	Kamal Jamil Al-Rabadi . Sociology Topics
Recommended Supporting Books And References (Scientific Journals, Reports...)	
E-References , Websites	Sports Sociology Sites

1. Course Name
History Of Physical Education
2. Course Code
Pes11207
3. Term /Year
Second Semester / First Level
4. **Date this description was prepared**
٢٠٢٦/٢/١٠
5. **Available attendance forms**
Attending A Traditional Class
6. Number Of Study Hours (Total)/Number Of Units (Total)
30/30
7. Name Of Course Administrator (If More Than One Name Is Mentioned)
Name:Saifaldeen Khalid Ahmed Email :Saifaldeen.Khalid@Gu.Edu.Iq
8. Course Objectives

Objectives Of The Course	- The Student's Understanding Of Modern Concepts Of Modern Education And The Consideration Of Physical Education As An Integral Part Of Public Education. - Creating A Generation Capable Of Thinking Andplanning To Address Negative Phenomena And Misconceptions Towards Sports Education And To Address Them Scientifically For An Advanced Sports Renaissance. - Developing And Developing Students' Concepts In The Field Of Education In General And Physical Education In Particular.
9. Teaching And Learning Strategies	
Strategy	Education : - Providing Printed Lectures From Modern, Diverse And Rich Sources With Examples . - Providing An Appropriate Learning Environment For Thepurpose Of Teaching And Understanding Students. Learning : Direct Questions, Dialogue And Discussion With Students To See How They Interact And To Pay Attention To The Rest.

10. Course Structure

Week	Hours	Intended Learning Outcomes	Unit Or Topic Name	Learning Method	Method Of Evaluation
1	2	The Importance Of Studying The History Of Sports Movement And The Aim Of Studying The History Of Physical Education.	The Importance Ofthe History Of Physical Education.	Lecture	Written Exam
2	2	Physical Education In Primitive Society: Physical Education In The Civilization Of Iraq	Physical Education In Primitive Society.	Lecture	Written Exam

3	2	Physical Education In China And India .	Physical Education In Primitive Society	Lecture	Written Exam
4	2	Physical Education In Egypt And Persia .	Physical Education In Primitive Society	Lecture	Written Exam
5	2	Physical Education In The Greeks: Physical Education In The Homeric Era - Physical Education In Sparta .	Physical Education In The Greeks	Lecture	Written Exam
6	2	Athenian Education And Physical Education: Education In The First Athenian Age - Education In The Second Athenian Age.	Athenian And Physical Education	Lecture	Written Exam
7	2	Hellenic National Games: Olympic Games - Olympia Festival.	Hellenic National Games	Lecture	Written Exam
8	2	First Month Exam	First Month Exam	First Month Exam	Written Exam
9	2	Ancient Olympic Festivals: Olympic Games And Competitions - Balestra And Gymnasium .	Ancient Olympic Festivals	Lecture	Written Exam
10	2	Physical Education In The Ancient Roman Era - Roman Education In The Modern Roman Era.	Physical Education In The Roman Era	Lecture	Written Exam
11	2	Medieval Physical Education (Dark Ages) - Physical Education In The Early Christian Era	Medieval Physical Education	Lecture	Written Exam
12	2	Physical Education In The Age Of Equestrianism - Physical Education In Feudal Society - Physical Education Relations And Military Preparation	Physical Education In The Age Of Equestrianism	Lecture	Written Exam
13	2	Physical Education In The Renaissance - Theories And Opinions Of Philosophers In Physical Education.	Physical Education In The Renaissance	Lecture	Written Exam
14	2	Second Month Examination	Second Month Examination	Second Month Examination	Written Exam

15	2	Physical Education In The Modern Era	Physical Education In The Modern Era	Lecture	Written Exam

11. Course Evaluation
▪ Written First Month Exam 20 Marks . ▪ Write A 5 Grade Report. ▪ Written Second Month Exam 20 Marks. ▪ Daily Attendance 5 Degrees Celsius. ▪ Final Written Exam Of 50 Marks.

12. Learning And Teaching Resources	
Required Textbooks (Methodology If Any)	History Of Physical Education: Munt Hashem Al-Khatib .
Key References (Sources)	
Recommended Supporting Books And References (Scientific Journals, Reports...)	
E-References , Websites	

Course Description Form

1. **Course name**
Artistic Gymnastics (Apparatus)
2,**Course code**
Pes1120٨
3. **semester/ year**
Second Semester / First Level
4. **Date this description was prepared**
٢٠٢٦/٢/١٣
5.**Available attendance forms**
Attending A Traditional Class
6. **Number of study hours (total) / Number of units (total)**
30/30
7.**Name of the course administrator (if more than one name is mentioned)**
Name: Asst. Lecturer Ahmed Majed + Asst. Lecturer Shams Ghazwan Email :Ahmed.M.Kareem@Gu.Edu.Iq Email :Shams.G.Sadik@Gu.Edu.Iq
8.**objectives Course**
• Understanding The Role Of Artistic Gymnastics (Educational, Psychological, And Social) And Its Importance In Building Society. • Applying Knowledge And Information From Basic Sciences And Sciences Related To Artistic Gymnastics.
9.**Teaching and learning strategies**
• Theoretical Examinations • Practical Examinations • Weekly Reports • Daily Attendance: Evaluating Students Through Attendance And Scientific Participation In The Classroom • Student Interaction With Lectures And Class Discussions • Student Self-Discipline And Behavior

10. **Course structure**					
Week	Hours	Intended Learning Outcomes	Module Name/ Or Topic	Teaching Method	Method Of Evaluation
1	2	Knowledge Practical Application	General xibility + Specific Flexibility	Practical	Practical & Theoretical Exar
2	2	Knowledge Practical Application	Floor Exercises	Practical	Practical & Theoretical Exar
3	2	Knowledge Practical Application	Forward Roll And Types	Practical	Practical & Theoretical Exar
4	2	Knowledge Practical Application	Backward Roll	Practical	Practical & Theoretical Exar
5	2	Knowledge Practical Application	Headstand	Practical	Practical & Theoretical Exar
6	2	Knowledge Practical Application	Handstand	Theoretical	Practical & Theoretical Exar
7	2	Knowledge Practical Application	Cartwheel	Practical	Practical & Theoretical Exar
8	2	Knowledge Practical Application	Floor Rout Sequence	Practical	Practical & Theoretical Exar
9	2	Knowledge Practical Application	Swing On Horizor Bar	Practical	Practical & Theoretical Exar
10	2	Knowledge Practical Application	Inverted Support Horizontal Bar	Practical	Practical & Theoretical Exar
11	2	Knowledge Practical Application	Mount On Horizor Bar	Practical	Practical & Theoretical Exar
12	2	Knowledge Practical Application	Handstand Vaulting Table	Practical	Practical & Theoretical Exar
13	2	Knowledge Practical Application	Swing, Mount, A Dismount On Para Bars	Practical	Practical & Theoretical Exar
14	2	Knowledge Practical Application	Pendulum Swing Pommel Horse	Practical	Practical & Theoretical Exar
15	2	Knowledge Practical	Examination	—	Practical & Theoretical Exar

		Application			
١1.**Course Evaluation**					
٥٠Marks Continuous Assessment + 50 Marks Final Exam					
Learning and teaching resources					
Required Textbooks: Artistic Gymnastics For Men / Basn Abdulwahab / Saleh Majeed Al-Azzawi			Main References: • Educational And Scientific Foundations Of Gymnastics Movements For Colleges Of Physica Education/ Saeb Atiyah Al-Obaidi		

Course Description Form

1. **Course name**
Swimming 1
2,**Course code**
Pes11209
3. **semester/ year**
Second Semester / First Level
4. **Date this description was prepared**
15/2/2026
5.**Available attendance forms**
Attending A Traditional Class
6. **Number of study hours (total) / Number of units (total)**
30/30
7.**Name of the course administrator (if more than one name is mentioned)**
Name: Abdul Kareem Hameed & Asst. Lecturer Shams Ghazwan Email :Abdulkareem.Hameed@Gu.Edu.Iq Email :Shams.G.Sadik@Gu.Edu.Iq
8.**objectives Course**
• Learn Basic Swimming Skills And Apply Them Practically. • Develop Physical Fitness Components Through Swimming. • Master Basic Strokes (Freestyle, Breaststroke, Backstroke). • Understand Swimming Rules And Water Safety. • Acquire Basic Lifesaving And First Aid Skills.
9.**Teaching and learning strategies**
• Theoretical Examinations • Practical Examinations • Weekly Reports • Daily Attendance: Evaluating Students Through Attendance And Participation In The Classroom • Student Interaction With Lectures And Class Discussions

- Student Self-Discipline And Behavior

10. **Course structure**

Week	Hours	Intended Learning Outcomes	Module Name/ Or Topic	Teaching Method	Method Of Evaluation
1	2	Knowledge Practical Application	erview Of Swimming	Practical	Practical & Theoretical Exa
2	2	Knowledge Practical Application	Types Of Swimmir	Practical	Practical & Theoretical Exa
3	2	Knowledge Practical Application	Freestyle Swimmir	Practical	Practical & Theoretical Exa
4	2	Knowledge Practical Application	Freestyle Applications	Practical	Practical & Theoretical Exa
5	2	Knowledge Practical Application	Breaststroke	Practical	Practical & Theoretical Exa
6	2	Knowledge Practical Application	Breaststroke Applications	Theoretical	Practical & Theoretical Exa
7	2	Knowledge Practical Application	Backstroke	Practical	Practical & Theoretical Exa
8	2	Knowledge Practical Application	Backstroke Applications	Practical	Practical & Theoretical Exa
9	2	Knowledge Practical Application	Competition Rules	Practical	Practical & Theoretical Exa
10	2	Knowledge Practical Application	Competition Rules	Practical	Practical & Theoretical Exa
11	2	Knowledge Practical Application	Competition Rules	Practical	Practical & Theoretical Exa
12	2	Knowledge Practical Application	Rescue (Lifesaving	Practical	Practical & Theoretical Exa
13	2	Knowledge Practical Application	Rescue Methods	Practical	Practical & Theoretical Exa
14	2	Knowledge Practical Application	First Aid Drowning Victims	Practical	Practical & Theoretical Exa
15	2	Knowledge Practical	Examination	—	Practical & Theoretical Exa

		Application			
١1.Course Evaluation					
٥٠Marks Continuous Assessment + 50 Marks Final Exam					
Learning and teaching resources					
Required Textbooks: Jinan Salman & Mustafa Salah; Teaching Swimming, 1st Edition, Baghdad, Iraq, 201 International Swimming Regulations, 2018			Main References		

Course Description Form

1. Course Name	
Football 1	
2. Course Code	
Pes11210	
3. Term /Year	
Second Semester / First Level	
4. **Date this description was prepared**	
2/2/2026	
5.**Available attendance forms**	
Attending A Traditional Class	
6. Number Of Study Hours (Total)/Number Of Units (Total)	
30/30	
7. Name Of Course Administrator (If More Than One Name Is Mentioned)	
Name:Alameer Hayder Hussein Email :Alameer.H.Hussein@Gu.Edu.Iq	
8. Course Objectives	
Objectives Of The Course	• Students Learned The Basic Skills And Plans Of The Football Course • The Ability Of Students To Design Innovative Football Plans That Suit The Age Groups And Abilities Of The Target Learners. • Students Have The Skills To Teach And Apply Football Skills And Plans In Classroom And Non-Classroom Environments Effectively And Attractively.
9. Teaching And Learning Strategies	
Strategy	4. Problem-Based Learning: It Is Done By Posing Situations Or Problems Related To The Football Course, Where Students Interact Collectively To Analyze Them And Propose Solutions. 5. Experiential Learning: By Going Through The Practical And Actual Practice Of Different Games Inside The Stadiums, Implementing The Skills In An Applied Manner And Then Discussing Experiences And Evaluating Performance.

	6. Dialogue And Discussion: Engaging Students In Group Discussions About Football And How To Apply It, Which Enhances Their Critical And Creative Thinking. These Strategies Take Into Account The Practical And Applied Nature Of The Football Course, And Stimulate The Participation Of Students And Their Effective Integration Into The Learning Process, While Integrating Many Other Strategies That My Teacher Looks Forward To Contributing To The Development Of The Level Of Learning And Teaching Among Students.

10. Course Structure

Week	Hours	Intended Learning Outcomes	Unit Or Topic Name	Learning Method	Method Of Evaluation
1	2	Introducing Students To Theconcept Of Football And Its History.	General Concepts Of Football	Theoretical Lecture.	Conversational Discussions Among Students. Participating Students Are Registered As An Extracurricular Activity That Is Later Evaluated With Practical And Theoretical Exam Scores.
2	2	Introducing Students To The Motives Of Football By Presenting Theories That Dealt With The Concept Of Football Plans.	Team Composition Components Team Formation Tactics Types Of Team Formations Ball Control	Hands-On Lecture.	Written Exam.
3	2	Familiarize Students With The Purposes, Importance, And Goals Of Football Skills.	Controlling The Center Of The Square Pressure Tactic Diversity In Attack.	Lecture Practical Lecture .	Written Exam.
4	2	What Are The Uses Of Football Plans In Physical Education Lessons?	Tactical Changes Study Of The Opposing Team	Blended Learning	Written And Practical Exam.
5	2	Teaching Students To Use Available Devices And Tools To Implement Sports Education	Devices And Tools Available. Basics Of Offensive And Defensive Tactics	Theoretical Lecture.	Written Exam.

		Lessons With Football.	Controlling The Ball		
6	2	Teach Students How To Run A Football Lesson.	Feedback Attacks Direct Long Balls.	Hands-On Lecture	Practical Exam.
7	2	Introducing The Student To The Value Of Football And Its Role In Developing Students' Abilities.	Playing On The Limbs.	Blended Learning.	Practical Exam.
8	2	The First Month Exam Is Theoretical.	Of The Above.	The First Month Exam Is Practical.	Of The Above.
9	2	Enable Students To Differentiate Between Types And Skills Of Football.	Exploitation Of Fixed Balls .	Hands-On Lecture.	Practical Exam.
10	2	Enable Students To See The Benefits Of Football Plans In The Coaching Process.	Basic Team Defensive Tactics Zone Defense.	Hands-On Lecture.	Practical Exam.
11	2	Introducing And Teaching Students To Write Football Plans And The Importance Of Each Type In Forming The Personality Of The Learner.	Man-To-Man Defense Offensive Tactics 4-4-2 Defense For The Modern 4-4-2 Plan.	Blended Learning	A Theoretical And Practical Exam.
12	2	Enable The Importance Of Diverse Balls In The Design Of Football Plans.	Depth Defenders Modern Tactics For |||Untranslated_Content_Start||| 4-3-3.|||Untranslated_Content_End|||	Hands-On Lecture.	Practical Exam.
13	2	Design And Prepare Introductory Football Plans With How To Use Small Games In A Meaningful Lesson Plan.	What Is The Difference Between A Fulcrum Player And A Pivot Player What Is The Difference Between An Outright Attacker And A Phantom Attacker Principles Of Defence Zone Defense Group Play	Blended Learning	A Theoretical And Practical Exam.

14	2	The First Month Exam Is Theoretical.	Of The Above.	The First Month Exam Is Practical.	Of The Above.
15	2	Final Practical Examination	Of The Above.	A Final Practical Exam, Various Competitions And A Final Report On The Course.	Of The Above.

11. Course Evaluation	
Distribution Of The Score Of 100 According To The Tasks Assigned To The Student Such As Daily Preparation, Daily, Oral, Monthly And Written Examinations And Reports .... Etc.	
12. Learning And Teaching Resources	
Required Textbooks (Methodology If Any)	Dr. Kazem Al-Rubaie (Introduction To Mod Football Tactics)
Key References (Sources)	Modern Tactical Concepts In Football Dr. Abdelkader Zainal
Recommended Supporting Books And References (Scientific Journals, Reports...)	Football Law 2023/2024
E-References , Websites	Comprehensive Sports Library And Many Global Sites Dealing With Football Topics.

Course Description Form

1.Course Name	
Principles Of Public Health	
2.Course Code	
Pes11211	
3.Term / Year	
Second Semester / First Level	
4. **Date this description was prepared**	
٢٠٢٦/٢/٣	
5.**Available attendance forms**	
Attending A Traditional Class	
6.Number Of Study Hours (Total)/Number Of Units (Total)	
30/30	
7.Name Of Course Administrator (If More Than One Name Is Mentioned)	
Name:Dr.Saad Kamel Menkash Email :Saad.K.Menkash@Gu.Edu.Iq	
8.Course Objectives	
Objectives Of The Course	- Developing And Developing Students' Concepts In The Field

	Of Public Health • – Acquire The Necessary Scientific And Technical Skills . – In Addition To Preparing Students Who Are Able To Deal With Emergency Cases (First Aid) .

9.Teaching And Learning Strategies

Strategy	– Education: Providing Lectures In Print And From Modern, Diverse And Rich Sources With Examples . – Education: Harnessing The Smart Board For The Purpose Of Educating Student Clarifying The Steps Of The Solution And Extracting Results – Learning: Direct Questions For All Students To Know How Much They Interac And To Pay Attention To The Rest. – Learning: Each Specific Group Explains Their Report And The Interaction Betwe Students With Questions Answers And Provide An Environment That Enables The Student To Manage Tl Lecture Or Discussion .

10.Course Structure

Week	Hours	Intended Learning Outcomes	Unit Or Topic Name	Learning Method	Method Of Evaluation
1	2	Definition Of Public Health/ Role (Public Health/ Responsibilities Of Public Health Workers	Public Health Registrar	Lecture	Student Interaction
2	2	Physical Health/Elements Of Physi Health/ Guidelines For Maintaining Physical Health.	Public Health Registrar	Lecture	Student Interaction
3	2	Health In The Qur 'An / The Conce Of Health In Islam/Islam And Health	Public Health Registrar	Faaa Lecture	Student Interaction
4	2	Healthy Life Skills In Islam/Mental Health/The Importance Of Mental Health	Mental Health	Faaa Lecture	Student Interaction
5	2	First Month Exam	-	-	-
6	2	Mental Health Mattresses/ Mental Health Tips/ Public Health Fundamentals	Mental Health	Faaa Lecture	Student Interaction
7	2	Definition Of Mental Health/ Ment Health Aspects	Mental Health	Faaa Lecture	Student Interaction
8	2	Mental Health Sections Of Mental Health Elements/Mental Health Elements	Mental Health	Faaa Lecture	Student Interaction
9	2	Healthy Nutrition/Athlete Nutrition/Key Nutrients	Healthy Nutritio And Sports	Faaa Lecture	Student Interaction
10	2	Carbohydrates / Fats /Proteins /Vitamins / Vitamins Dissolved In	Healthy Nutritio And Sports	Faaa Lecture	Student Interaction

		Fats And Water /Minerals			
11	2	Water /The Body's Need For Wate /Food Groups/Food And Sports Pregnancy	Healthy Nutritio And Sports	Faaa Lecture	Student Interaction
12	2	Second Month Examination	-	-	-
13	2	Personal Health And Its Importanc /The Most Important Aspects Of Daily Health.	Personal Health	Faaa Lecture	Student Interaction
14	2	Skin, Skin And Body Organ Care	Personal Health	Faaa Lecture	Student Interaction
15	2	Types Of Disinfectants And How T Use Them	Personal Health	Faaa Lecture	Student Interaction

11.Course Evaluation
Written First Month Exam 20 Marks Extracurricular Activities, Writing A Report Or Daily Interaction 5 Marks Second Month Written Exam 20 Marks Extracurricular Activities, Writing A Report Or Daily Interaction 5 Marks Final Written Examination 50 Marks

12.Learning And Teaching Resources	
Required Textbooks (Methodology If Any)	
Key References (Sources)	
Recommended Supporting Books And References (Scientific Journals, Reports...)	
E-References , Websites	Internet /Global Health Journals

Course Description Form

1. **Course name**
Scouting Education
2,**Course code**
Pes11212
3. **semester/ year**
Second Semester / First Level
4. **Date this description was prepared**
4/2/2026
5.**Available attendance forms**
Attending A Traditional Class
6. **Number of study hours (total) / Number of units (total)**
30/30
7.**Name of the course administrator (if more than one name is mentioned)**
Name: Asst. Lecturer Hadeel Ali Mubdir Email :Hadeel.A.Mubdir@Gu.Edu.Iq

8.**objectives Course**

- Study The History And Origin Of Scouting Camps And Understand The Regulations Governing Scouting Camps.

9.**Teaching and learning strategies**

- Theoretical Examinations
- Practical Examinations
- Weekly Reports
- Daily Attendance: Evaluating Students Through Attendance And Participation In The Classroom
- Student Interaction With Lectures And Class Discussions
- Student Self-Discipline And Behavior

10. **Course structure**

Week	Hours	Intended Learning Outcomes	Module Name/ Or Topic	Teaching Method	Method Of Evaluation
1	2	Knowledge Practical Application	tory Of Scouting Education	Practical	Practical & Theoretical Exan
2	2	Knowledge Practical Application	Concept A Importance Of Scout Education	Practical	Practical & Theoretical Exan
3	2	Knowledge Practical Application	Scout Stages	Practical	Practical & Theoretical Exan
4	2	Knowledge Practical Application	Characteristics Scouts	Practical	Practical & Theoretical Exan
5	2	Knowledge Practical Application	Objectives Of Scoutin	Practical	Practical & Theoretical Exan
6	2	Knowledge Practical Application	Benefits Of Scouting	Theoretical	Practical & Theoretical Exan
7	2	Knowledge Practical Application	Elements Of Scouting	Practical	Practical & Theoretical Exan
8	2	Knowledge Practical Application	Characteristics Of Scout Leader	Practical	Practical & Theoretical Exan
9	2	Knowledge Practical Application	Methods Of Scout Education	Practical	Practical & Theoretical Exan
10	2	Knowledge Practical Application	Development Physical And Hea Related Scouting Skil	Practical	Practical & Theoretical Exan
11	2	Knowledge Practical Application	Educational Objecti For Advanced Scouts	Practical	Practical & Theoretical Exan
12	2	Knowledge	Educational Objecti	Practical	Practical &

		Practical Application	For Rover Scouts		Theoretical Exan
13	2	Knowledge Practical Application	Scout And Gu Movement	Practical	Practical & Theoretical Exan
14	2	Knowledge Practical Application	Principles A Fundamentals Scouting	Practical	Practical & Theoretical Exan
15	2	Knowledge Practical Application	Examination	—	Practical & Theoretical Exan

١1.**Course Evaluation**	
٥٠Marks Continuous Assessment + 50 Marks Final Exam	
Learning and teaching resources	
Required Textbooks: Prescribed Curriculum Textbooks	Main References: Fawzi Farghali; Strategy Of The Arab Scout Movement, Cairo, General Secretariat, 2005 World Organization Of The Scout Movement; Scout Program Developm Guide – A Comprehensive Overview, Translated By The Arab Scout Organization General Secretariat, 201

Course Description Form

1. **Course name**
Sports Nutrition
2,**Course code**
Pes11213
3. **semester/ year**
Second Semester / First Level
4. **Date this description was prepared**
٢٠٢٦/٢/١٠
5.**Available attendance forms**
Attending A Traditional Class
6. **Number of study hours (total) / Number of units (total)**
30/30
7.**Name of the course administrator (if more than one name is (mentioned**
Name:Haneen Safaa Salman

Email :Haneen.S.Salman@Gu.Edu.Iq

8.objectives Course

- Identify The Basic Concepts Of Sports Nutrition.
- Understand The Role Of Nutrients In Improving Athletic Performance.
- Apply Proper Nutrition Before, During, And After Physical Activity.
- Promote Health And Nutritional Awareness Among Students.
- Relate Nutrition To Physical Performance And Fitness.

9.Teaching and learning strategies

- Theoretical Examinations
- Assignments And Reports
- Classroom Discussions
- Daily Attendance And Participation
- Presentations
- Student Self-Discipline

10. Course structure

Week	Hours	Knowledge	Module Name/ Or Topic	Teaching Method	Method Of Evaluation
1	2	Knowledge		Theoretical	Theoretical Exams
2	2	Knowledge	Introductio To Sp Nutrition	Theoretical	Theoretical Exams
3	2	Knowledge Application	Nutrients (Carbohydr s, P Proteins)	Theoretical	Theoretical Exams
4	2	Knowledge Application	Vitamins Minerals	Theoretical	Theoretical Exams
5	2	Knowledge Application	Energy Physical Activity	Theoretical	Theoretical Exams
6	2	Knowledge Application	Nutritional Needs Athletes	Theoretical	Theoretical Exams
7	2	Knowledge Application	Nutrition Before Exercise	Theoretical	Theoretical Exams
8	2	Knowledge	Nutrition During Exercise	Theoretical	Theoretical Exams
9	2	Knowledge	Nutrition A Exercise	Theoretical	Theoretical Exams
10	2	Knowledge Application	Fluids Hydration Balance	Theoretical	Theoretical Exams
11	2	Knowledge Application	Dietary Supplemen	Theoretical	Theoretical Exams
12	2	Knowledge Application	Obesity Underweig In Athletes	Theoretical	Theoretical Exams
13	2	Knowledge Application	Nutrition Sports Inju	Theoretical	Reports
14	2	Knowledge	Designing Nutrition Programs	Theoretical	Reports

			Athletes		
15	2	Final Exam	Final Exam	Final Exam	Final Exam

١١.Course Evaluation	
٥٠Marks Continuous Assessment + 50 Marks Final Exam	
١٢.Learning and teaching resources	
Required Textbooks: Approved Sports Nutrition Textbooks	Main References: Sports Nutrition – Academic References: Principles Of Nutrition – Scientific Sources Recommended Supporting Materials: • Scientific Journals In Nutrition And Spo Science • Electronic References / Websites • E-Learning Platforms • Virtual Libraries

Course Description Form

1. Course Name	
Basketball 1	
2. Course Code	
Pes12214	
3. Term /Year	
Second Semester / First Level	
4. **Date this description was prepared**	
10/2/2026	
5.**Available attendance forms**	
Attending A Traditional Class	
6. Number Of Study Hours (Total)/Number Of Units (Total)	
30/30	
7. Name Of Course Administrator (If More Than One Name Is Mentioned)	
Name:Haneen Safaa Salman Q	Email:Haneen.S.Salman@Gu.Edu.Iq
8. Course Objectives	
Objectives Of The Course	• Students Learned The Basic Skills And Plans In Basketball (Defensive Skill). • The Ability Of Students To Apply Defensive Formations. • Students Have Basic Basketball Skills In Classroom And Non-Classroom Environments Effectively And Attractively.
9. Teaching And Learning Strategies	

Strategy	7. Problem-Based Learning: It Is Done By Presenting Play Situations That Relate To The Defensive Or Offensive Situation, Where Students Interact To Analyze Them And Propose Solutions To Them. 8. Experiential Learning: By Going Through The Practical And Actual Practice Of Basketball Inside The Courts Or Halls, Implementing The Skills In An Applied Manner, Then Discussing Experiences And Evaluating Performance. 9. Dialogue And Discussion: Engaging Students In Group Discussions About Basic Basketball Skills And How To Apply Them, Which Enhances Their Thinking. These Strategies Take Into Account The Practical And Applied Nature Of The Basketball Course, And Stimulate Students' Participation And Effective Integration Into The Learning Process, While Integrating Many Other Basic Skills That My Course Instructor Is Working On.

10. Course Structure

Week	Hours	Intended Learning Outcomes	Unit Or Topic Name	Learning Method	Method Of Evaluation
1	2	Introducing Students To Theconcepts Of Basketball And Its History.	Basketball Defensive Positions And Basic Skills.	Practical And Theoretical Lecture.	Working To Hold Dialogical Discussions Among Students. Participating Students Are Registered As An Extracurricular Activity That Is Later Evaluated With Practical And Theoretical Exam Scores.
2	2	Introduce Students To Defenses By Asking Questions.	Apply The Defensive Posture.	Theoretical Lecture.	Written Exam.
3	2	The Differential Defense Of The Basketball (Man To Man). The Main Objective Is The Benefits And Harms.	Defense Purposes And Importance .	Lecture On My Work.	Written Exam.
4	2	International Basketball Law (1-12) Control	Some Arbitration References In Physical Education	Practical Education	Written And Practical Exam.

		Mechanics.	Classes.		
5	2	The International Law Of Basketball 22-26 In The Presence Of Mechanical References To Arbitration.	Use Of Devices And Tools .	Theoretical Lecture.	Written Exam.
6	2	The International Law Of Basketball 27-31 In The Presence Of Mechanical References To Arbitration.	The Application Of International Law In Play.	Hands-On Lecture	Practical Exam.
7	2	Applying A Man-To-Man Defense With Arbitration In The Presence Of Mechanics.	The Application Of International Law In Play.	Teaching The Mechanics Of Arbitration.	Practical Exam.
8	2	The First Month Exam Is Theoretical.	Of The Above.	The First Month Exam Is Practical.	Of The Above.
9	2	Enabling Students To Play Using The Defensive Skill.	Use Of Signs When Applying Arbitration	Hands-On Lecture.	Practical Exam.
10	2	Basketball Differential Defense (Area Defense/Goal Basics/Benefits And Harms Field Application.	Uses Of Types Of Defensive Formations When Playing.	Hands-On Lecture.	Practical Exam.
11	2	Zone Defense Application + Mechanical Arbitration	Applying Play Cases With How To Use Arbitral References.	Application Of Arbitral Notices	A Theoretical And Practical Exam.
12	2	Differential Defense (Mixed/Composite) Benefits And Harms Field Application.	Teach Students How To Use Defensive Formations.	Hands-On Lecture.	Practical Exam.
13	2	Hybrid Defense Application.	Working On The Application Of Defense With Directing Students To The Problem Of Playing Centers.	Teaching Students To Move Defensively And Occupy Defensive Areas	A Theoretical And Practical Exam.
14	2	The First Month Exam Is Theoretical.	Of The Above.	The First Month Exam Is Practical.	Of The Above.

15	2	A Final Practical Exam, Competitions And Small Games.	Of The Above.	A Final Practical Exam, Various Competitions And A Final Report On The Course.	Of The Above.

11. Course Evaluation	
Distribution Of The Score Of 100 According To The Tasks Assigned To The Student Such As Daily Preparation, Daily, Oral, Monthly And Written Examinations And Reports .... Etc.	
12. Learning And Teaching Resources	
Required Textbooks (Methodology If Any)	International Basketball Law
Key References (Sources)	
Recommended Supporting Books And References (Scientific Journals, Reports...)	
E-References , Websites	

Course Description Form

1. Course name
Crimes Of The Baath Regime
2,Course code
GU24
3. semester/ year
First Semester / Second Level
4. Date this description was prepared
4/9/2025
5.Available attendance forms
Attending A Traditional Class
6. Number of study hours (total) / Number of units (total)
30/30
7.Name of the course administrator (if more than one name is mentioned)
Name: Assist. Lect. Shahad Hamad Matar email:shahad.h.mutir@gu.edu.iq
8.objectives Course
Course Objectives The General Goal: To Understand The Nature And Details Of The Crimes Of The Baath Regime Throughout The Years Of Its Rule. **Behavioral Goals: ● The Ability To Analyze The Mentality Of The Baath Party ● The Ability To Distinguish Between Types Of Baath Party Crimes. ● Knowledge Of Brutal And Criminal Methods To Liquidate Opponents Of The Baath Party Regime.**
9.Teaching and learning strategies
Strategy: ● Discussions ● Brainstorming ● Remembering ● Take Notes ● Summarizing ● Focus On The Important Parts
10. Course structure

WEEK	Hours	Intended Learning Outcomes	Module Name/ Or Topic	Teaching Method	Method Of Evaluation
1	2	Defining The Conce Ofcrime Linguistica And Terminologica Explaining The Typ Of Crime, And Th Relationship Of T Study Of Criminolo To Other Sciences.	Concept Of Crime - Its Types Definition Crime Linguistically Terminologically. - me Departments, - e Crimes Of The Baath ime According To e Documentation Of e Law Of The Supreme	Lecture W Case Stud And Individ And Gro Discussio	Participations Wi Daily Attendance Records.

			qi Criminal Court In 05 - Types Of ernational Crimes, - cisions Issued By The upreme Criminal Court		
2	2	Crimes Of The Ba Regime According The Law Of The Ir Supreme Crimi Court	Dujail Massacre Crime 1982 T Crime Of Bombing The City Halabja In 1988 The Crime Anfal Operations 1988 T Crime Of Executing A Numl Of Iraqi Merchants In 1992 T Crime Of Suppressing T Shaabani Uprising In 1991 T Crime Of Causing Fric Prayers In 1999, The Crime Liquidating Religious A Secular Parties The Crime Displacing The Faili Ku Between The Years 1969-19 And 1980-1990, Dispers Them From	Lecture W Case Stud And Individ And Gro Discussio	Participations Wi Daily Attendance Records.
3	2	Psychological A Social Crimes A Their Effects, And T Most The First Lev The Legislative Le Lecture With C Studies And Individ And Group Discuss Participations W Daily 12 Promin Violations Of T Baathist Regime In I	The First Level: The Legislat Level Second Level: Execut Level The Third Level: T Judicial Level. Psychologi Crimes Mechanisms Psychological Crim Psychological Effects Of Crime	Lecture W Case Stud And Individ And Gro Discussio	Participations Wi Daily Attendance Records.
4	2	Social Crimes: Th Methods And Effe Militarization Society, The Baath Regime's Position Religion	The Baath Regime's Methods Suppressing Thinkers A Religious Scholars In Ir Society: 25 Methods, The Go And Objectives Of The Ba Regime's Crimes Directed Religious Scholars, Pul Preachers, And Think Results Of The 1977 Sa Uprising.	Lecture W Case Stud And Individ And Gro Discussio	Participations Wi Daily Attendance Records.
5	2	Violations Of Ir Laws	Images Of Human Rig Violations And Crimes Authority, 37 Points. So Decisions Regarding Politi And Military Violations Of T Baath Regime.		Participations Wi Daily Attendance Records.

6	2	Exam	Exam	Exam	Exam
7	2	Environmental Crin Of The Baath Regime Iraq	Military And Radioact Contamination And M Explosions: Methods A Forms.	Lecture W Case Stud And Individ And Gro Discussion	Participations Wi Daily Attendance Records.
8	2	Environmental Crin Of The Baath Regime Iraq: Destruction Cities And Villa (Scorched Ea Policy): Methods A Forms	Bombing Cities And Villa Bombing Of Holy Shrin Mosques And Husseini Battle Of Jassim River Burn Oil Wells.	Lecture W Case Stud And Individ And Gro Discussion	Distributing Grammar Exam Papers, Solving Monthly Exam Questions, And Assistance Exam Questions.
9	2	Environmental Crin Of The Baath Regir Draining The Marsh	The Effects Resulting From T Drying Of The Marshes	Lecture W Case Stud And Individ And Gro Discussio	Participations Wi Daily Attendance Records.
10	2	Environmental Crin Of The Baath Regir Bulldozing Pa Groves, Trees, A Crops: Methods A Forms	Environmental Crimes Of T Baath Regime: Bulldozing Pa Groves, Trees, And Cro Methods And Forms	Lecture W Case Stud And Individ And Gro Discussio	Participations Wi Daily Attendance Records.
11	2	Mass Grave Crimes	Incidents Of Genocide Gra Committed By The Baath Regime In Iraq.	Lecture W Case Stud And Individ And Gro Discussi	Participations Wi Daily Attendance Records.
12	2	Chronological Stages Genocide Graves	The Events Of 1963 And Th Relationship To Mass Gra The Events Extending Fr 1979 Until The Fall Of T Baath Party And Th Relationship To Mass Graves	Lecture W Case Stud And Individ And Gro Discussio	Participations Wi Daily Attendance Records.
13	2	Continuing The To Of Chronologi Division Of Genoc Graves And Mention The Names Of T Most Important Si And Names Genocide Graves	Genocide Graves In: The Ir Iraq War 1980-1988 And T Names Of Its Most Import Cemeteries. Graves Of T Genocide Of The Barzan Kurds In 1983 Genocide Gra For Victims Of The Ar Massacre 1987-1988 Genoc Graves For The Victims Of T 1991 Shaabani Uprising, Th Most Important Locations A Names	Lecture W Case Stud And Individ And Gro Discussio	
14	2	Exam	Exam	Exam	Exam
15	2	Solving Ex		Lecture W	

		Questions, Comprehensive A General Review Of T Subject, A Submitting Ex Grades A Assignments		Case Stud And Individ And Gro Discussion	

١1.Course Evaluation	
1- Daily, Quarterly And Annual Exams 2- Attendance And Participation 3- Reports And Research	
Learning and teaching resources	
Required Textbooks (Curricular Books, Any)	The Crimes Of The Baath Regime In Iraq, A Course For Public And Private Universities.
Main References (Sources)	
Recommended Books And Referen (Scientific Journals, Reports...)	
Electronic References, Websites	

Course Description Form

1. Course name
Boxing
2,Course code
PES23215
3. semester/ year
First Semester / Second Level
4. Date this description was prepared
٢٠٢٥/٩/١١
5.Available attendance forms
Attending A Traditional Class
6. Number of study hours (total) / Number of units (total)
30/30
7.Name of the course administrator (if more than one name is mentioned)
Name:Dr.Abdulkareem Hameed Ibraheem Email :Abdulkareem.Hameed@Gu.Edu.Iq

8.objectives Course

- **Identify The History And Rules Of Boxing.**
- **Master Basic Skills (Stance, Punching, Defense).**
- **Develop Physical Fitness Components (Strength, Speed, Endurance).**
- **Improve Neuromuscular Coordination.**
- **Promote Discipline And Sportsmanship.**

9.Teaching and learning strategies

Strategy:

- Theoretical Explanation
- Practical Demonstration
- Field Training
- Cooperative Learning
- Direct Feedback

10. Course structure

WEEK	Hours	Intended Learning Outcomes	Module Name/ Or Topic	Teaching Method	Method Of Evaluation
1	2	Knowledge	Introduction To Boxing And Its History	Practical	Participation & Interaction
2	2	Practical Applicati	Basic Rules	Practical	Participation & Interaction
3	2	Practical Applicati	Basic Stance And Footwork	Practical	Participation & Interaction
4	2	Practical Applicati	Straight Punch	Practical	Participation & Interaction
5	2	Practical Applicati	Hook Punch	Practical	Participation & Interaction
6	2	Practical Applicati	Uppercut	Practical	Participation & Interaction
7	2	Practical Applicati	Defensive Skills	Practical	Participation & Interaction
8	2	Practical Applicati	Combining Offense And Defense	Practical	Participation & Interaction
9	2	Practical Applicati	Special Physical Fitness Training	Practical	Participation & Interaction
10	2	Practical Applicati	Shadow Boxing Drills	Practical	Participation & Interaction
11	2	Practical Applicati	Bag Training	Practical	Participation & Interaction
12	2	Practical Applicati	Practical Applications And Sparring	Practical	Participation & Interaction
13	2	Practical Applicati	General Review	Practical	Participation & Interaction
14	2	—	Practical Exam	Practical	Final Exam
15	2	—	Theoretical Exam	Practical	Final Exam

١1.Course Evaluation

50 Marks (Coursework) + 50 Marks (Final Exam)

Learning and teaching resources

Required Textbooks:	Key References:
• Boxing Training And Teaching • International Boxing Rules.	• Internet Resources • AIBA Technical Rules (2013) • AIBA Open Boxing (AOB) Competition Rules (201

Course Description Form

13. Course Name	
Rhythmic Gymnastics	
14. Course Code	
PES23216	
15. Term /Year	
First Semester / Second Level	
16. Date This Description Was Prepared	
٢٠٢٥/٩/١١	
17.A. Available Attendance Forms	
Attending A Traditional Class	
18.Number Of Study Hours /Number Of Units (Total)	
30/30	
19. Name Of Course Administrator (If More Than One Name Is Mentioned)	
Name: Assist. Lect.Shams Ghazwan Sadik Email :Shams.G.Sadik@Gu.Edu.Iq	
20. Course Objectives	
Objectives Of The Course	– Developing The Individual's Sense Of Space And Time And The Sense Of Movement In High Time With Music. – Development Of Rhythmic Reaction I.E. Motor Response. – Improving The Level Of Performance Of Natural Movements And Raising The Level Of Skill. – Develops Willpower, Observation,

	Attention, And Control Of The Speed At Which Signals Of The Nervous System Are Met. - Developing Motor Compatibility And Creating A Sense Of The Beauty Of Movement.

21. Teaching And Learning Strategies

Strategy	10. Thelecture. 11. Assistive Learning. 12. Self-Learning. 13. Various Strategies That Take Into Account The Practical Nature, And Stimulate The Participation Of The Bat And Its Effective Integration Into The Learning Process.

22. Course Structure

WEEK	Hours	Intended Learning Outcomes	Unit Or Topic Name	Learning Method	Method Of Evaluation
1	2	Knowledge Application	General Fitness	Theoretical Lecture.	Theoretical Tests
2	2	Knowledge And Application	Teaching Some Free Basic Skills (And Sliding Stability) And Tools	Theoretical Lecture.	Theoretical Tests
3	2	Knowledge And Application	Reintroduce Some Free Basic Skills (And Skid Stability) And Tools	Theoretical Lecture.	Theoretical Tests
4	2	Knowledge And Application	Teaching Some Selected Basic Skills With Tools (Pole)	Theoretical Lecture.	Theoretical Tests
5	2	Knowledge And Application	Repeat Some Of The Selected Previous Skills With The Selected Tool (Pointer)	Theoretical Lecture.	Theoretical Tests
6	2	Knowledge And Application	Monthly Exam	Theoretical Lecture.	Theoretical Tests
7	2	Knowledge And	Training On The First Part	Theoretical	Theoretical

		Application	Of The Motor Formation With The Collar Tool	Lecture.	Tests
8	2	Knowledge And Application	Retraining On The First Part Of The Motor Formation With The Collar Tool And Giving The Second Part	Theoretical Lecture.	Theoretical Tests
9	2	Knowledge And Application	Retraining On The First And Second Parts Of The Motor Formation With The Collar Tool And Giving The Third Part	Theoretical Lecture.	Theoretical Tests
10	2	Knowledge And Application	Retraining On The First, Second And Third Parts Of The Motor Formation With The Collar Tool And Giving The Fourth Part.	Theoretical Lecture.	Theoretical Tests
11	2	Knowledge And Application	Training On The Whole Lineup With The Hoop Tool	Theoretical Lecture.	Theoretical Tests
12	2	Knowledge And Application	Returning The Previous Basic Skills With Tools (Pole) And Without Tools (Jumps And Slides) And Re-Forming The Motor Formation (Collar).	Theoretical Lecture.	Theoretical Tests
13	2	Knowledge And Application	A Preliminary Exam With Basic Skills With The Theoretical Exam The Second Month	Theoretical Lecture.	Theoretical Tests
14	2	Knowledge And Application	Kinematic Preliminary Examination	Theoretical Lecture.	Theoretical Tests
15	2	Knowledge And Application	Second Exam With Basic Skills And Mobility Formation (Final)	Theoretical Lecture.	Theoretical Tests

1. Course Evaluation

Distribution Of The Score Of 100 According To The Tasks Assigned To The Student Such As Daily Preparation, Reports, Daily, Monthly And Final Exams, Theoretical And Practical .... Etc.

2. Learning And Teaching Resources

1- Required Course Book	(Dr. Wajia Mahjoub / Dr. Asia Kazim)
2- Other Auxiliary Books With The Same Specialty.	(Dr. Amira Abdel Wahed Mounir)
E–References , Websites	Comprehensive Sports Library And Many Global Sites Dealing With The Topics Of Rhythmic Gymnastics

Course Description Form

1. Course Name
Statistics
2. Course Code
PES23217
3. Term /Year
First Semester / Second Level
4. Date This Description Was Prepared
٢٠٢٥/٩/٧
5. A. Available Attendance Forms
Attending A Traditional Class
6. Number Of Study Hours (Total)/Number Of Units (Total)
30/30
7. Name Of Course Administrator (If More Than One Name Is Mentioned)
Name: Dr.Saifaldeen Khalid Ahmed **Email :Saifaldeen.Khalid@Gu.Edu.Iq**
8. Course Objectives

1- Obtaining Information In Statistics And Its Importance As A Means And Tool In Scientific Research. 2- Utilizing This Information In Researching And Investigating The Levels Of Development Obtained By Students During Their Various Training In Sports.	

9. Teaching And Learning Strategies	
Strategy	**Education : - Providing Printed Lectures From Modern, Diverse And Rich Sources With Examples .**

	- Providing An Appropriate Learning Environment For Thepurpose Of Teaching And Understanding Students. **Learning : Direct Questions, Dialogue And Discussion With Students To See How They Interact And To Pay Attention To The Rest.**

10. Course Structure

WEEK	Hours	Intended Learning Outcomes	Unit Or Topic Name	Learning Method	Method Of Evaluation
1	2	The Concept Of Statistics , And The Importance Of Statistics In Physical Education	The Concept Of Statistics , And Its Most Important	Lecture	Written Exam
2	2	Percentage % - The Graphic Circle (Circular Shapes) And Its Representation By Drawing	Percentage % - Graphic Circle	Lecture	Written Exam
3	2	Arithmetic Mean	Arithmetic Mean	Lecture	Written Exam
4	2	Mediator	Mediator	Lecture	Written Exam
5	2	Mode	Mode	Lecture	Written Exam
6	2	Average Deviation	Average Deviation	Lecture	Written Exam
7	2	Variance	Variance	Lecture	Written Exam
8	2	First Month Exam	First Month Exam	First Month Exam	Written Exam
9	2	Standard Deviation	Standard Deviation	Lecture	Written Exam
10	2	Torsion Coefficient	Torsion Coefficient	Lecture	Written Exam
11	2	Simple Correlation Coefficient (Pearson)	Simple Correlation Coefficient (Pearson)	Lecture	Written Exam
12	2	Rank Correlation Coefficient (Spearman)	Rank Correlation Coefficient (Spearman)	Lecture	Written Exam
13	2	Test T- The Significance Of Differences For Non-	Test T- The Significance Of	Lecture	Written Exam

		Independent Samples.	Differences For Non-Independent Samples.		
14	2	Second Month Examination	Second Month Examination	Second Month Examination	Written Exam
15	2	Test T- Significance Of Differences For Independent Samples	Test T- Significance Of Differences For Independent Samples	Lecture	Written Exam

11. Course Evaluation

- Written First Month Exam 20 Marks .
- Write A 5 Grade Report.
- Written Second Month Exam 20 Marks.
- Daily Attendance And Participation Is 5 Degrees.
- Final Written Exam Of 50 Marks.

12. Learning And Teaching Resources

Required Textbooks (Methodology If Any)	**Wadih Yassin Muhammad Al-Tikriti And Hassan Muhammad Al-Obaidi : Statistical Applications And Computer Uses In Physical Education Research, 1999 .**
Key References (Sources)	**Mohammed Al-Yasiri Andmarwan Ibrahim: Measurement And Evaluation In Physical And Sports Education, 2014.**
Recommended Supporting Books And References (Scientific Journals, Reports...)	
E-References , Websites	**Electronic References , Websites.**

Course Description Form

1. Course Name

Small Games
2. Course Code
PES23218
3. Term /Year
First Semester / Second Level
4. Date This Description Was Prepared
٢٠٢٥/١٠/٨
5. A. Available Attendance Forms
Attending A Traditional Class
6. Number Of Study Hours (Total)/Number Of Units (Total)
30/١٥
7. Name Of Course Administrator (If More Than One Name Is Mentioned)
Name: Assist. Lect.Hadeel Ali Mubdir Email :Hadeel.A.Mubdir@Gu.Edu.Iq
8. Course Objectives

Objectives Of The Course	• Students Master The Basic Skills And Plans Of A Number Of Small Games Such As Basketball, Volleyball, Table Tennis, And Others. • Students' Ability To Design Innovative Small Games That Suit The Age Groups And Abilities Of The Target Learners. • Students Have The Skills To Teach And Apply Small Games In Classroom And Non-Classroom Environments Effectively And Attractively.

9. Teaching And Learning Strategies	
Strategy	14. Problem-Based Learning: It Is Done By Posing Situations Or Problems Related To Small Games, Where Students Interact Collectively To Analyze Them And Propose Solutions. 15. Experiential Learning: By Going Through The Practical And Actual Practice Of Different Games Inside The Stadiums, Implementing The

	Skills In An Applied Manner And Then Discussing Experiences And Evaluating Performance. 16. Dialogue And Discussion: Engaging Students In Group Discussions About Small Games And How To Apply Them, Which Enhances Their Critical And Creative Thinking. These Strategies Take Into Account The Practical And Applied Nature Of The Small Games Course, And Stimulate Student Participation And Effective Integration Into The Learning Process, While Integrating Many Other Strategies That My Teacher Looks Forward To Contributing To The Development Of The Level Of Learning And Teaching Among Students.

10. Course Structure

WEEK	Hours	Intended Learning Outcomes	Unit Or Topic Name	Learning Method	Method Of Evaluation
1	2	He Is Able To Study The Subject	General Concepts Of Small Games.	Theoretical Lecture.	Conversational Discussions Among Students. Participating Students Are Registered As An Extracurricular Activity That Is Later Evaluated With Practical And Theoretical Exam Scores.
2	2	He Is Able To Study The Subject	Theories Of Small Games.	Theoretical Lecture.	Written Exam.
3	2	He Is Able To Study The Subject	Small Toy Items And Their Importance.	Theoretical Lecture.	Written Exam.
4	2	He Is Able To Study	Some Uses Of Small	Blended	Written And

		The Subject	Games In Physical Education Lessons.	Learning	Practical Exam.
5	2	He Is Able To Study The Subject	Devices And Tools Available.	Theoretical Lecture.	Written Exam.
6	2	He Is Able To Study The Subject	Leading A Small Games Lesson.	Hands-On Lecture	Practical Exam.
7	2	He Is Able To Study The Subject	Values Of Play.	Blended Learning.	Practical Exam.
8	2	The First Month Exam Is Theoretical And Practical.	Of The Above.	The First Month's Theoretical And Practical Exam.	Of The Above.
9	2	He Is Able To Study The Subject	Small Game Models.	Hands-On Lecture.	Practical Exam.
10	2	He Is Able To Study The Subject	Uses Of Small Games In Sports Training.	Hands-On Lecture.	Practical Exam.
11	2	He Is Able To Study The Subject	Designing Small Toys.	Blended Learning	A Theoretical And Practical Exam.
12	2	He Is Able To Study The Subject	Ball Games.	Hands-On Lecture.	Practical Exam.
13	2	He Is Able To Study The Subject	Introductory Games And How To Write The Plan And Include Small Games In Its Folds And Sections.	Blended Learning	A Theoretical And Practical Exam.
14	2	The Second Month Exam Is Theoretical And Practical.	Of The Above.	The Second Month Exam Is Theoretical And Practical.	Of The Above.
15	2	Final Practical Exam.	Of The Above.	Final Practical Exam.	Of The Above.

3. Course Evaluation

Distribution Of The Score Of 100 According To The Tasks Assigned To The Student Such As Daily Preparation, Daily, Oral, Monthly And Written Examinations And Reports .... Etc.

4. Learning And Teaching Resources

Required Textbooks (Methodology If Any)	Small Games 1981 By Wadih Yassin And Kar Abdel Moneim

Key References (Sources)	Small Games: Their Importance And Applications By Afaf Abdullah Et Al. 2014
Recommended Supporting Books And References (Scientific Journals, Reports…)	Small Games And Their Importance In Learning The Forms Of Basic Movement By Rafid Mahdi Qadouri And Suha Abbas Abboud 2015 Introduction To Small Games Compilation Of Riyadh And Recreation Department Cairo 2022.
E-References , Websites	The Comprehensive Sports Library And Many Global Sites Dealing With The Topics Of Small Games.

Course Description Form

1. Course Name
Sports Training
2. Course Code
PES23219
3. Term /Year
First Semester / Second Level
4. Date This Description Was Prepared
٢٠٢٥/٩/٢
5. A. Available Attendance Forms
Attending A Traditional Class
6. Number Of Study Hours (Total)/Number Of Units (Total)
30/30
7. Name Of Course Administrator (If More Than One Name Is Mentioned)
Name:Dr.Alameer Hayder Hussein Email :Alameer.H.Hussein@Gu.Edu.Iq
8. Course Objectives

Objectives Of The Course	- • Developing And Developing Students' Concepts In The Field Of Athletic Training

	– Acquiring The Necessary Scientific Andtechnical Skills . – In Addition To Preparing Students Capable Of Practicing The Profession Of Training.

9. Teaching And Learning Strategies

Strategy	• Education: Providing Lectures In Print And From Modern, Diverse And Rich Sources With Examples . • Education: Harnessing The Smart Board For The Purpose Of Educating Students, Clarifying The Steps Of The Solution And Extracting Results • Learning: Direct Questions For All Students To Know How Much They Inter And To Pay Attention To The Rest. • Learning: Each Specific Group Explains Their Report And The Interaction Between Students With Questions • Answers And Provide An Environment That Enables The Student To Manag The Lecture Or Discussion .

10. Course Structure

WEEK	Hours	Intended Learning Outcomes	Unit Or Topic Name	Learning Method	Method Of Evaluation
1	2	Athletic Training/Training Concept /The Importance Of Training – Training Objectives	Athletic Traini	Lecture	Student Interaction
2	2	Training Duties/Training Features/Athletic Preparation	Athletic Traini	Lecture	Student Interaction
3	2	Concept Of Pregnancy/ Forms O Pregnancy / Components Of Pregnancy	Training Load	Faaa Lectur	Student Interaction
4	2	Intensity / Load / Density / Overload	Training Load	Faaa Lectur	Student Interaction
5	2	First Month Exam	-	-	-
6	2	Physical Preparation/Regularity /Continuity/Assay/Knowledge Base /Clarity	Training Rules	Faaa Lectur	Student Interaction
7	2	Hall Of Graduation/Diversificati And Change/Repetition And Repetition/Independent And Group Training	Training Rules	Faaa Lectur	Student Interaction
8	2	Adaptive Base/Athlete Readiness/Privacy /Warm Up A Cool Down	Training Rules	Faaa Lectur	Student Interaction
9	2	Superior Athlete	Record Numbe	Faaa Lectur	Student

		Personality/Personality Components/Coach-Athlete Relationship			Interaction
10	2	Invisible Training/Testin In Training	Record Numbe	Faaa Lectur	Student Interaction
11	2	Physical, Mental And Motor Abilities	Record Numbe	Faaa Lectur	Student Interaction
12	2	Second Month Examination	-	-	-
13	2	Athletic Training/Basic Stage (Construction)	Training Phase	Faaa Lectur	Student Interaction
14	2	Specialized Special Stage/Upper Stage Or Oral	Training Phase	Faaa Lectur	Student Interaction
15	2	Preparation Period/Competition Period/Period /Orthodontic Hospitalization	Training Plan	Faaa Lectur	Student Interaction

11. Course Evaluation

Written First Month Exam 20 Marks
Extracurricular Activities, Writing A Report Or Daily Interaction 5 Marks
Second Month Written Examination 20 Marks
Extracurricular Activities, Writing A Report Or Daily Interaction 5 Marks
Final Written Examination 50 Marks

12. Learning And Teaching Resources

Required Textbooks (Methodology If Any)	Sports Training Prof.Dr. Nawal Mahdi Al-Obaidi - Prof.Dr. Fatima Abdel-Maleh - Prof.Dr. Asmaa Hamid Kambash
Key References (Sources)	
Recommended Supporting Books And References (Scientific Journals, Reports…)	
E−References , Websites	

Course Description Form

1. Course name
Biomechanics
2,Course code
PES23220
3. semester/ year
First Semester / Second Level
4. Date this description was prepared
٢٠٢٥/٩/٥
5.Available attendance forms
Attending A Traditional Class
6. Number of study hours (total) / Number of units (total)
٦0/30
7.Name of the course administrator (if more than one name is mentioned)
Name:Dr.Alameer Hayder Husse Email :Alameer.H.Hussein@Gu.Edu.Iq
8.objectives Course
• **This Course Aims To Help Students Understand The Effectiveness Of Physical Exercises Across Different Sports And Enhance The Athlete's Ability To Analyze Their Own Movements As Well As Others' Movements.**
9.Teaching and learning strategies
Strategy: • Theoretical Examinations • Weekly Reports • Daily Attendance: Evaluating The Student Through Attendance And Scientific Participation In Class • Student Interaction With Lectures And Classroom Discussions • Student Self-Discipline And Behavior
10. Course structure

WEEK	Hours	Intended Learning	Module Name/ Or Topic	Teaching Method	Method Of Evaluation

		Outcomes			
1	4	Knowledge Practical Applicati	Introduction To Biomechanics	Theoretical	Oral & Written Exams
2	4	Knowledge Practical Applicati	Muscle Work And Muscle Properties	Theoretical	Oral & Written Exams
3	4	Knowledge Practical Applicati	Joints And Levers	Theoretical	Oral & Written Exams
4	4	Knowledge Practical Applicati	Linear Kinematics	Theoretical	Oral & Written Exams
5	4	Knowledge Practical Applicati	Projectile Motion	Theoretical	Oral & Written Exams
6	4	Knowledge Practical Applicati	First Exam	Theoretical	Oral & Written Exams
7	4	Knowledge Practical Applicati	Angular Kinematics	Theoretical	Oral & Written Exams
8	4	Knowledge Practical Applicati	Velocity, Angular Velocity, And Ang Acceleration	Theoretical	Oral & Written Exams
9	4	Knowledge Practical Applicati	Linear Motion	Theoretical	Oral & Written Exams
10	4	Knowledge Practical Applicati	Newton's Laws Of Motion, Impulse, Momentum	Theoretical	Oral & Written Exams
11	4	Knowledge Practical Applicati	Second Exam	Theoretical	Oral & Written Exams
12	4	Knowledge Practical Applicati	Friction, Work, Power, Energy, And Collisio	Theoretical	Oral & Written Exams
13	4	Knowledge Practical Applicati	Angular Motion	Theoretical	Oral & Written Exams
14	4	Knowledge Practical Applicati	Biomechanical Analysis	Theoretical	Oral & Written Exams
15	4	Knowledge Practical Applicati	Final Exam	Theoretical	Oral & Written Exams

١1.Course Evaluation
50 Marks (Coursework) + 50 Marks (Final Exam)
Learning and teaching resources

Required Textbooks:	Key References:
• Prescribed Curriculum Books • Biomechanics In Floor Movements • By Dr. Hussein Mardan & Dr. Iy Abdulrahman, 2nd Edition, 2018	• Internet Resources • E-Learning Websites • Virtual Library

Course Description Form

1. Course name
Swimming (2)
2,Course code
PES23221
3. semester/ year

First Semester / Second Level

4. Date this description was prepared

٢٠٢٥/٩/١٠

5.Available attendance forms

Attending A Traditional Class

6. Number of study hours (total) / Number of units (total)

30/15

7.Name of the course administrator (if more than one name is mentioned)

Name:Dr.Abdulkareem Hameed Ibraheem Email :Abdulkareem.Hameed@Gu.Edu.I
Name: Assist. Lect.Shams Ghazwan Sadik Email :Shams.G.Sadik@Gu.Edu.Iq

8.objectives Course

- **Develop And Master Basic Swimming Strokes (Freestyle, Backstroke, Breaststroke).**
- **Learn Butterfly Stroke Progressively.**
- **Improve Starting And Turning Techniques.**
- **Develop Swimming-Specific Endurance, Strength, And Speed.**
- **Understand The Basics Of Water Safety And Rescue.**

9.Teaching and learning strategies

Strategy:

- Practical Explanation Inside The Swimming Pool
- Demonstration Of Movement Models
- Repetitive Training
- Learning Through Observation And Self-Evaluation
- Direct Feedback

10. Course structure

WEEK	Hours	Intended Learning Outcomes	Module Name/ Or Topic	Teaching Method	Method Of Evaluation
1	2	Practical Stu Application	Review Of Swimming (1) Skills	Practical	Participation & Application
2	2	Practical Stu Application	Improving Freestyle (Advanced Techniques)	Practical	Participation & Application
3	2	Practical Stu Application	Improving Backstroke	Practical	Participation & Application
4	2	Practical Stu Application	Improving Breaststroke	Practical	Participation & Application
5	2	Practical Stu Application	Introduction To Butterfly Stroke	Practical	Participation & Application
6	2	Practical Stu Application	Developing Butterfly Movements	Practical	Participation & Application
7	2	Practical Stu Application	Coordination In Butterfly Stroke	Practical	Participation & Application
8	2	Practical Stu Application	First Monthly Test	Practical	Participation & Application
9	2	Practical Stu Application	Starting Techniques From The Edge	Practical	Participation & Application
10	2	Practical Stu Application	Turning Techniques	Practical	Participation & Application

11	2	Practical Application Stu	Endurance Training	Practical	Participation & Application
12	2	Practical Application Stu	Speed Training	Practical	Participation & Application
13	2	Practical Application Stu	Basics Of Rescue And Safety	Practical	Participation & Application
14	2	Practical Application Stu	Practical Applications And Mock Test	Practical	Participation & Application
15	2	Practical Application Stu	Final Exam (Practical + Theoretical)	Practical Theoretical	Final Evaluation

١١.Course Evaluation	
50 Marks (Coursework) + 50 Marks (Final Exam)	
Learning and teaching resources	
Required Textbooks: • Swimming Sport / Dr. Faisal Al-Ayyash	Key References: • Internet Resources. • Swimming Books Available On The Internet

Course Description Form

1. Course Name	
Basketball 2	
2. Course Code	
PES23222	
3. Term /Year	
First Semester / Second Level	
4. Date This Description Was Prepared	
٢٠٢٥/٩/١٢	
5. A. Available Attendance Forms	
Attending A Traditional Class	
6. Number Of Study Hours (Total)/Number Of Units (Total)	
30/30	
7. Name Of Course Administrator (If More Than One Name Is Mentioned)	
Name:Dr.Haneen Safaa Salman Email :Haneen.S.Salman@Gu.Edu.Iq	
8. Course Objectives	
Objectives Of The Course	• Students Learned The Basic Skills Of Basketball. • To Know The Basics Of The Vocabulary

	Of The Law Of Basketball.

9. Teaching And Learning Strategies

Strategy	17. Problem-Based Learning: It Is Done By Posing Situations Or Problems Related To The Game Of Basketball, Where Students Interact Collectively To Analyze Them And Propose Solutions To Them. 18. **Experiential Learning: By Going Through The Practical And Actual Practice Of Different Games Inside The Stadiums, Implementing The Skills In An Applied Manner And Then Discussing Experiences And Evaluating Performance.** 19. Dialogue And Discussion: Engaging Students In Group Discussions About The Game Of Basketball And How To Apply It, Which Enhances Their Critical And Creative Thinking. These Strategies Take Into Account The Practical And Applied Nature Of The Basketball Course And Stimulate Student Participation And Effective Integration Into The Learning Process, While Integrating Many Other Strategies That My Teacher Looks Forward To Contributing To The Development Of The Level Of Learning And Teaching Among Students.

10. Course Structure

WEEK	Hours	Intended Learning Outcomes	Unit Or Topic Name	Learning Method	Method Of Evaluation
1	2	Introducing Students To The Understanding Of The Game Of Basketball And Its History.	Basketball Game	Theoretical Lecture.	Conversational Discussions Between Students. Participating Students Are Registered As An Extracurricular Activity That Is Later Evaluated With Practical

					And Theoretical Exam Scores.
2	2	Exercises For Sensing The Ball , Holding The Ball , Receiving The Ball , Physical Exercises To Assist The Field Application.	Basic Skills.	Hands-On Lecture.	Written And Practical Exam.
3	2	Handling (Definition , Principles That Depend On It , Types Of Hand-Handling , Technical Performance Of Handling (Bouncing Bra From Above The Head) , Auxiliary Physical Exercises.	Basic Skills.	Hands-On Lecture.	Written And Practical Exam.
4	2	Handling (Definition , Principles That Depend On It , Types Of Hand-Handling , Technical Performance Of Handling (Bouncing Bra From Above The Head) , Auxiliary Physical Exercises.	Basic Skills.	Hands-On Lecture.	Written And Practical Exam.
5	2	Types Of One-Handed Handling, Technical Performance Of	Basic Skills	Hands-On Lecture	Written And Practical Exam.

		Handling, Auxiliary Physical Exercises.			
6	2	Developmental Exercises For Hand-To-Hand And One-Handed Handling.	Basic Skills	Hands-On Lecture	Written And Practical Exam.
7	2	Planking (Definition , Cases That Are Used As An Active Offensive Control, Points To Be Emphasized During Planking, Types Of Planking, Technical Performance Of Planking, Low + High + Change Of Direction + Change Of Speed) Auxiliary Physical Exercises.	Basic Skills.	Teaching A Process.	Written Andpractical Exam.
8	2	Planking (Definition , Cases That Are Used As An Active Offensive Control, Points To Be Emphasized During Planking, Types Of Planking, Technical Performance Of Planking, Low + High + Change Of Direction + Change Of Speed) Auxiliary Physical Exercises.	Basic Skills.	Teaching A Process.	Written Andpractical Exam.
9	2	Developmental Exercises For The Basic Types Of Plumbing.	Basic Skills	Hands-On Lecture	Milli Exam
10	2	Composite Developmental Exercises (Linking	Basic Skills.	Hands-On Lecture.	Practical Exam.

		The Skill Of Holding, Receiving, Handling And Chopping)			
11	2	Individual Defense + Standing Types + Defending Player Movement + Auxiliary Physical Exercises.	Basic Skills	Hands-On Lecture	A Theoretical And Practical Exam.
12	2	Defending Against The Offensive Skills Of Handling And Stroking.	Basic Skills.	Hands-On Lecture.	Practical Exam.
13	2	Final Practical Examination	Basic Skills	Hands-On Lecture	Practical Exam.
14	2	Final Practical Examination	Basic Skills.	Hands–On Lecture.	Practical Exam.
15	2	Final Theoretical Examination	Basic Skills.	Theoretical Exam.	Theoretical Exam.

11.Course Evaluation

Distribution Of The Score Of 100 According To The Tasks Assigned To The Student Such As Daily Preparation, Daily, Oral, Monthly And Written Examinations And Reports .... Etc.

12.Learning And Teaching Resources

Required Textbooks (Methodology If Any)	Auxiliary Books Methodology
Key References (Sources)	Basic Texts Prepared By The Subject Teacher
Recommended Supporting Books And References (Scientific Journals, Reports…)	Reports + Global Journals & Journals
E–References , Websites	Internet

Course Description Form

1. Course name
Football (2)

2,Course code

PES23223

3. semester/ year

First Semester / Second Level

4. Date this description was prepared

٢٠٢٥/٩/١٥

5.Available attendance forms

Attending A Traditional Class

6. Number of study hours (total) / Number of units (total)

30/30

7.Name of the course administrator (if more than one name is mentioned)

Name: Dr. Al-Amir Haider Hussein Email :Alameer.H.Hussein@Gu.Edu.Iq

8.objectives Course

- **To Teach Students How To Design A Football Training Session.**
- **To Develop Understanding Of Defensive And Offensive Skills In Football.**
- **To Introduce Technical Analysis In Football.**

9.Teaching and learning strategies

Strategy:

- Theoretical Examinations
- Practical Examinations
- Weekly Reports
- Daily Attendance: Evaluating Students Through Attendance And Scientific Participation In Class
- Student Interaction With Lectures And Classroom Discussions
- Student Self-Discipline And Behavior

10. Course structure

WEEK	Hours	Intended Learning Outcomes	Module Name/ Or Topic	Teaching Method	Method Of Evaluation
1	2	Knowledge Practical Applicati	Training Session	Lecture / Practic	Quiz
2	2	Knowledge Practical Applicati	Objectives Of The Training Session	Lecture / Practic	Quiz
3	2	Knowledge Practical Applicati	Important Considerations In Planning A Dail Training Session	Lecture / Practic	Quiz
4	2	Knowledge Practical Applicati	Types Of Training Sessions	Lecture / Practic	Quiz
5	2	Knowledge Practical Applicati	Forms Of Training Sessions	Lecture / Practic	Quiz
6	2	Knowledge Practical Applicati	Components Of The Training Session	Lecture / Practic	Quiz
7	2	Knowledge Practical Applicati	نموذج لوحدة تدريبية في كرة القدم (Model Of A Football Training Session)	Lecture / Practic	Quiz
8	2	Knowledge Practical Applicati	Practical + Theoretical Exam	Lecture / Practic	Quiz

9	2	Knowledge Practical Applicati	Defense In Football	Lecture / Practic	Quiz
10	2	Knowledge Practical Applicati	Basic Principles Of Defense	Lecture / Practic	Quiz
11	2	Knowledge Practical Applicati	Man-To-Man Defense	Lecture / Practic	Quiz
12	2	Knowledge Practical Applicati	Zone Defense And Combined Defense	Lecture / Practic	Quiz
13	2	Knowledge Practical Applicati	Offense In Football	Lecture / Practic	Quiz
14	2	Knowledge Practical Applicati	Technical Analysis In Football	Lecture / Practic	Quiz
15	2	Knowledge Practical Applicati	Practical + Theoretical Exam	Lecture / Practic	Final Evaluation

١١.Course Evaluation

50 Marks (Coursework) + 50 Marks (Final Exam)

١٢.Learning and teaching resources

Required Textbooks:

- Qasim Lazim Sabr:

Training Scheduling And Football Plann Performance, University Of Baghdad, College Physical Education And Sports Sciences, 2016

Key References:

- E-Learning Websites
- Virtual Library

Course Description Form

1. Course Name
Football Tennis
2. Course Code
PES23224
3. Term /Year
First Semester / Second Level
4. Date This Description Was Prepared
٢٠٢٥/٩/١٨
5. A. Available Attendance Forms
Attending A Traditional Class
6. Number Of Study Hours (Total)/Number Of Units (Total)
30/15
7. Name Of Course Administrator (If More Than One Name Is Mentioned)
Name: Assist. Lect.Mays Gumar Abad Aoun Email :Mays.Gumar@Gu.Edu.I

8. Course Objectives	
Objectives Of The Course	• **Students Learned The Skills And Basic Laws Of Football Tennis.** • **Students Have The Skills To Teach And Apply The Rules Of Football Tennis Effectively And Effectively.**

9. Teaching And Learning Strategies	
Strategy	20. **Problem-Based Learning: It Is Done By Posing Situations Or Problems Related To Football Tennis, Where Students Interact Collectively To Analyze Them And Propose Solutions.** 21. **Experiential Learning: By Going Through The Practical And Actual Practice Of The Various Skills Within The Stadiums, Implementing The Skills In An Applied Manner And Then Discussing Experiences And Evaluating Performance.** 22. **Dialogue And Discussion: Engaging Students In Group Discussions Regarding Their Laws, Skills And How To Apply Them, Which Enhances Their Critical And Creative Thinking. Theoretical And Practical Lectures, Observation And Field Application.**

10. Course Structure

WEEK	Hours	Intended Learning Outcomes	Unit Or Topic Name	Learning Method	Method Of Evaluation
1	2	Introduce Of Football Tennis And Its History.	History Of Football Tennis	Theoretical Lecture.	Conversational Discussions Among Students. Participating Students Are Registered As An Extracurricular Activity That Is Later Evaluated With Practical And Theoretical

					Exam Scores.
2	2	Introducing Students To The Categories And Disciplines Of Football Tennis, Its Importance, Concept And Objectives.	Categories And Disciplines Of Football Tennis.	Theoretical Lecture.	Written Exam.
3	2	Introduce Students To Playground Measurements For Each Discipline And Learn About Offensive Skills And Their Objectives.	Stadium Measurements And Transmitter Types.	Hands–On Lecture.	Practical Exam.
4	2	Introduce Students To Offensive Skills And Types Of Compression.	Difficult High Compression And Its Types.	Blended Learning	Written And Practical Exam.
5	2	Introduce Students To Offensive Skills And Types Of Compression.	Low Simple Compression And Its Types.	Blended Learning.	Written Exam.
6	2	Teaching Students The Laws Of Football Tennis And The Ability To Arbitrate .	Football Tennis Law (Net.Ball , Playing Errors, Winning Points)	Hands-On Lecture	Practical Exam.
7	2	First Month Theoretical Examination	Game History, Specializations, Offensive Skills, And Some Law Subjects.	Exam 1.	No, The First Theoretical Exam.
8	2	Practical First Month Exam (Offensive Skills).	Sending In Both Types And Pressing In Both Types.	The First Month Exam Is Practical.	The First Exam Is Practical.
9	2	Teach Students	Reception Skill And	Hands-On	Practical

		Defensive Skills In Football Tennis.	Types Of Reception.	Lecture.	Exam.
10	2	Enabling Students To Know The Defensive Skills Of Football Tennis.	Preparation Skill And Types Of Numbers In The Game Of Football Tennis.	Hands-On Lecture.	Practical Exam.
11	2	Introducing Some Of The Basic International Law Articles For Football Tennis And The Advantages Of Each Discipline	Substitutions , Time–Outs , Players' Equipment, Referees' Duties, Signals.	Blended Learning	A Theoretical And Practical Exam.
12	2	Defensive Follow-Up And Knowledge Of The Types Of Repelling And Field Play And The Application Of Physical Exercises To Assist The Field Application For Follow-Up	Interdiction And Its Types , Field Play And Its Types.	Hands-On Lecture.	Practical Exam.
13	2	Second Month Theoretical Examination	Defensive Skills Of All Kinds And Some Articles Of The Law	Second Month Examinatio n	No, The Second Exam Is Theoretical .
14	2	Second Month Practical Examination (Conjugal Specialization).	Defensive And Refereeing Skills.	Thesecond Month Exam Is Practical.	The Second Exam Is Practical
15	2	Final Practical Examination (Triple Specialization).	Offensive And Defensive Skills.	Final Practical Exam.	Final Practical Exam.
11.Course Evaluation					
Distribution Of The Score Of 100 According To The Tasks Assigned To The Student Such As Daily Preparation And Oral, Theoretical And Practical Examinations.					
12.Learning And Teaching Resources					

Required Textbooks (Methodology If Any	Soccer Tennis Skills
Key References (Sources)	International Football Tennis Law
Recommended Supporting Books And References (Scientific Journals, Reports…)	
E-References , Websites	The Sports Library And Many Global Sites Dealing With The Topics Of Football Tennis.

Course Description Form

1. Course Name	
Futsal	
2. Course Code	
PES23225	
3. Term /Year	
First Semester / Second Level	
4. Date This Description Was Prepared	
٢٠٢٥/٩/١١	
5. A. Available Attendance Forms	
Attending A Traditional Class	
6. Number Of Study Hours (Total)/Number Of Units (Total)	
30/15	
7. Name Of Course Administrator (If More Than One Name Is Mentioned)	
Name:Dr.Alameer Hayder Hussein	**Email :Alameer.H.Hussein@Gu.Edu.Iq**
8. Course Objectives	
Objectives Of The Course	• **Students Mastering The Basic Skills And Plans Of The Game** • **The Ability Of Students To Perform Skills Properly .** • **Students Have The Skills To Teach And**

	Apply The Performance Of Basic Skills In Classroom And Non-Classroom Environments Effectively And Attractively.

9. Teaching And Learning Strategies

Strategy	1. Partial Method – Overall Method – Mixed Method – Delivery Method (Lecture) 2. Problem-Based Learning: It Is Done By Presenting Situations Or A Way Of Performing By Learning A Specific Skill, Where Students Interact Collectively To Analyze Them And Propose Solutions To Them. 3. Experiential Learning: By Going Through The Practical And Actual Practice Of Different Games Inside The Stadiums, Implementing The Skills In An Applied Manner And Then Discussing Experiences And Evaluating Performance. 4. Dialogue And Discussion: Engaging Students In Group Discussions About The Performance Of A Particular Skill And How To Apply It, Which Enhances Their Critical And Creative Thinking. Various Strategies That Take Into Account The Practical A Ethical Nature Of The Futsal Course And Stimulate Stud Participation And Effective Integration Into The Learning Proces

10. Course Structure

WEEK	Hours	Intended Learning Outcomes	Unit Or Topic Name	Learning Method	Method Of Evaluation
1	2	Historical Overview Of The Halls + Explanation Of Article 1 Of The Law + Ball Sensation Exercises	General Concepts Of Futsal	Theoretical Lecture. +And Process	Conversational Discussions Among Students. Participating Students Are Registered As

					An Extracurricular Activity That Is Later Evaluated With Practical And Theoretical Exam Scores.
2	2	Explain Article 2 And 3+ Futsal Skills And Ball Sense Exercises	Core Skills	Theoretical Lecture. And Process	Written Exam.
3	2	Explanation Of Damping Technique + Damping Skill + Articles 4 And 5 Of The Law	Core Skills	Theoretical Lecture.	Written Exam.
4	2	Explanation Of Handling Technique + Handling Skill + Article 6 And 7 Of The Law	Core Skills	Blended Learning	Written And Practical Exam.
5	2	Explanation Of Rolling Technique + Rolling Skill + Articles 8 And 9 Of The Law	Core Skills	Theoretical Lecture.	Written Exam.
6	2	Explanation Of Evasive Technique + Evasive Skill + Article 10 And 11 Of The Law	Core Skills	Hands-On Lecture	Practical Exam.
7	2	Explanation Of Scoring Technique + Scoring Skill + Articles 12 And 13 Of The Law	Basic Skills.	Blended Learning.	Practical Exam.
8	2	The First Month Exam Is Theoretical.+	Test	The First Month Exam Is Practical.	Of The Above.

		Practical Exam			
9	2	Explanation Of Goalkeeper Skills Technique + Article 14 And 15 Of The Law	Core Skills	Hands-On Lecture.	Practical Exam.
10	2	Explanation Of Article 16 And 17 Of The Law	Core Skills	Hands-On Lecture.	Practical Exam.
11	2	Explanation Of Article 18 Of The Law	Articles Of The Law	Blended Learning	A Theoretical And Practical Exam.
12	2	Second Month Theoretical Exam. + Practical Exam	Testing	Hands-On Lecture.	Practical Exam.
13	2	Importance Of Goalkeeper + Goalkeeper Training	Core Skills	Blended Learning	A Theoretical And Practical Exam.
14	2	Review Of All Articles Of The Law And The Form	Articles Of The Law	The First Month Exam Is Practical.	Of The Above.
15	2	Final Practical Examination	Test	A Final Practical Exam, Various Competitions And A Final Report On The Course.	Of The Above.

11.Course Evaluation

Distribution Of The Score Of 100 According To The Tasks Assigned To The Student Such As Daily Preparation, Daily, Oral, Monthly And Written Examinations And Reports .... Etc.

12.Learning And Teaching Resources

Required Textbooks (Methodology If Any	Football Pentathlon By Imad Zubair Ahmed
Key References (Sources)	Futsal Book By Dr. Zulfiqar Saleh
Recommended Supporting Books And	Comprehensive Sports Library And

References (Scientific Journals, Reports…)	Many Global Sites Dealing With Futsal Topics
E-References , Websites	

Course Description Form

1.Course Name
English Language 2
2.Course Code
GU22
3.Term /Year
Second Semester / Second Level
4.Date This Description Was Prepared
٢٠٢٦/٢/٨
5.A. Available Attendance Forms
Attending A Traditional Class
6.Number Of Study Hours (Total)/Number Of Units (Total)
30/30
7.Name Of Course Administrator (If More Than One Name Is Mentioned)
Name: Dr. Atheer Abdulkhaliq Email : Atheer.Abdulkhaleq@Gu.Edu.Ic
8.Course Objectives
Understanding And Using English As A Tool For Communication And Learning In Their Academic Specialization .
9.Teaching And Learning Strategies

Strategy	• Theoretical Exams • Weekly Reports • Attendance & Participation • Classroom Interaction • Student Behavior

10.Course Structure

WEEK	Hours	Intended Learning Outcomes	Unit Or Topic Name	Learning Method	Method Of Evaluation
1	2	Knowledge & Understanding	Unit 1, Tenses, Questions, Volleyball	Theoretical Lecture	Written Exam
2	2	Knowledge & Understanding	Unit 2, Present Simple & Continuous	Theoretical Lecture	Written Exam
3	2	Knowledge & Understanding	Have / Have Got, Swimming	Theoretical Lecture	Written Exam
4	2	Knowledge &	Past Simple & Continuous	Theoretical	Written Exam

		Understanding		Lecture	
5	2	Knowledge & Understanding	Quiz	Theoretical Lecture	Written Exam
6	2	Knowledge & Understanding	Quantities & Expressions	Theoretical Lecture	Written Exam
7	2	Knowledge & Understanding	Articles, Football	Theoretical Lecture	Written Exam
8	2	Knowledge & Understanding	Verb Patterns	Theoretical Lecture	Written Exam
9	2	Knowledge & Understanding	Going To / Will, Basketball	Theoretical Lecture	Written Exam
10	2	Knowledge & Understanding	Quantities (Repeat)	Theoretical Lecture	Written Exam
11	2	Exam	Exam	Exam	Written Exam
12	2	Knowledge & Understanding	Comparatives & Superlatives	Theoretical Lecture	Written Exam
13	2	Knowledge & Understanding	Present Perfect Vs Past Simple	Theoretical Lecture	Written Exam
14	2	Knowledge & Understanding	Tennis	Theoretical Lecture	Written Exam
15	2	Exam	Exam	Exam	Exam

11.Course Evaluation	
50 Coursework + 50 Final	
12.Learning And Teaching Resources	
Main Reference: Scientific Article	Electronic: E-Learning & Virtual Library
Supporting: *New Headway Plus (Pre-Intermediate)*	
One Step : Ansam Yaroub Khyoon	

Course Description Form

23.Course Name
Tests And Measurement
24.Course Code
PES24227
25.Term /Year
Second Level / Second Semester
26.Date This Description Was Prepared
4/2/2026
27.A. Available Attendance Forms
Attending A Traditional Class
28.Number Of Study Hours (Total)/Number Of Units (Total)
30/30
29.Name Of Course Administrator (If More Than One Name Is Mentioned)

Name: Dr. Saif Al-Din Khalid Email : Saifaldeen.Khalid@Gu.Edu.Iq

30.Course Objectives

1. Providing Students With The Basic Competencies Necessary To Choose Or Design Mathematical Tests Suitable For Training And Educational Objectives.
2. Train Students To Apply The Tests Using The Necessary Devices And Tools And Record The Results According To The Scientific Foundations.
3. Developing Students' Skills In The Field Of Statistical Data Analysis For Tests In Order To Interpret The Results And Make Appropriate Decisions.
4. Promote Positive Attitudes Among Students Towards The Importance Of Tests And Measures In The Sports Educational Process As Well As The Decision-Making Process.

9. Teaching And Learning Strategies

Strategy	1. One Of The Most Important Teaching Strategies Useful For The Course Of Tests And Measurement In Physical Education: 2. Interactive Lectures: To Explain Theoretical Concepts And Allow Students To Discuss And Ask Questions. 3. Problem Solving: To Study Practical Cases That Require The Construction And Application Of Mathematical Tests. 4. Brainstorming: At The Beginning Of The Course To Collect Students' Ideas About Mathematical Tests. 5. Collaborative Learning: To Carry Out Test Construction Activities And Calculate Their Properties In Groups. 6. Practical Exercises: To Carry Out Practical Tests In Stadiums And Gyms. 7. Homework And Assignments: To Establish The Practical Application Of Test Construction Skills. Discussions And Presentations: To Present And Discuss The Results Of T Tests.

10.Course Structure

WEEK	Hours	Intended Learning Outcomes	Unit Or Topic Name	Learning Method	Method Of Evaluation
1	2	Knowledge Understanding	Introduction To Testing Material	Theoretical Lecture	Written Exam
2	2	Knowledge & Understanding	Calendar	Theoretical Lecture	Written Exam
3	2	Knowledge & Understanding	Classification	Theoretical Lecture	Written Exam
4	2	Knowledge & Understanding	Scientific Basis For Tests And Metrics Validity Objective Persistence	Theoretical Lecture	Written Exam
5	2	Knowledge & Understanding	Steps To Consider When Designing The Test	Theoretical Lecture	Written Exam
6	2	Knowledge & Understanding	Considerations To Be Taken Into Account When Applying The Test	Theoretical Lecture	Written Exam
7	2	Knowledge & Understanding	Organizing And Managing Testing And Measurement In The Sports Field	Theoretical Lecture	Written Exam

8	2	Knowledge & Understanding	First Month Exam	Theoretical Lecture	Written Exam
9	2	Knowledge & Understanding	Somatometry	Theoretical Lecture	Written Exam
10	2	Knowledge & Understanding	Physiometry	Theoretical Lecture	Written Exam
11	2	Knowledge & Understanding	Physical Measurement	Theoretical Lecture	Written Exam
12	2	Knowledge & Understanding	Skill Measurement	Theoretical Lecture	Written Exam
13	2	Knowledge & Understanding	Levels And Standards	Theoretical Lecture	Written Exam
14	2	Knowledge & Understanding	Second Month Examination	Theoretical Lecture	Written Exam
15	2	Exams	Final Exams	Exams	Written Exam

11.Course Evaluation	
Distribution Of The Score Of 100 According To The Tasks Assigned To The Student Such As Daily Preparation, Daily, Oral, Monthly And Written Examinations And Reports .... Etc.	
12.Learning And Teaching Resources	
Required Textbooks (Methodology If Any)	
Key References (Sources)	Tests And Measurement 0Bastawisi Ahmed/Tests And Measurement Mohammed Al-Yasiri/Measurement And Evaluation Ali Samoom
Recommended Supporting Books And References (Scientific Journals, Reports...)	
E-References , Websites	

Course Description Form

1.Course Name
Volleyball 1
2.Course Code
PES24232
3.Term /Year
Second Semester / Second Level
4.Date This Description Was Prepared
٢٠٢٦/٢/٧
5.A. Available Attendance Forms
Attending A Traditional Class
6.Number Of Study Hours (Total)/Number Of Units (Total)
30/30
7.Name Of Course Administrator (If More Than One Name Is Mentioned)
Name: Dr. Abdul Kareem Abdullah Email : Abdulkarim.Abdullah@Gu.Edu.I

8.Course Objectives

- Practical Field Application Of Basic Volleyball Skills.

9.Teaching And Learning Strategies

Strategy	• Theoretical Exams • Practical Exams • Weekly Reports • Daily Attendance And Participation • Classroom Interaction And Discussions • Student Self-Discipline

10.Course Structure

WEEK	Hours	Intended Learning Outcomes	Unit Or Topic Name	Learning Method	Method Of Evaluation
1	2	Knowledge & Applicatio	Referee Signals & Skill Drills	Theoretical Lecture	Written Exam
2	2	Knowledge & Application	Time-Outs, Breaks, Delays	Theoretical Lecture	Written Exam
3	2	Knowledge & Application	Playing Actions	Theoretical Lecture	Written Exam
4	2	Knowledge & Application	Refereeing System & Procedures	Theoretical Lecture	Written Exam
5	2	Knowledge & Application	Signals Of Referees & Line Judges	Theoretical Lecture	Written Exam
6	2	Knowledge & Application	Group Division For Play & Refereeing	Theoretical Lecture	Written Exam
7	2	Knowledge & Application	Exam	Theoretical Lecture	Written Exam
8	2	Knowledge & Application	Duties Of Coach & Team Captain	Theoretical Lecture	Written Exam
9	2	Knowledge & Application	Libero Player & Characteristics	Theoretical Lecture	Written Exam
10	2	Knowledge & Application	Participant Behavior	Theoretical Lecture	Written Exam
11	2	Knowledge & Application	Score Sheet	Theoretical Lecture	Written Exam
12	2	Knowledge & Application	Full Rules Application	Theoretical Lecture	Written Exam
13	2	Knowledge & Application	Beach Volleyball Rules	Theoretical Lecture	Written Exam
14	2	Knowledge & Application	Practice & Play	Theoretical Lecture	Written Exam
15	2	Exam	Exam	Exam	Exam

11.Course Evaluation

50 Coursework + 50 Final Exam

12.Learning And Teaching Resources

Main References:	E-Learning Websites And Virtual Library
Riyadh Khalil Khamas Et Al. (2012), Volley (History, Planning, Match Management & Traini University Of Baghdad	
Saad Hammad Kassab (2004), Volleyball: Teaching, Training, Officiating, Libya	

Course Description Form

1. Course Name	
Handball1	
2.Course Code	
PES24231	
3.Term /Year	
Second Semester / Second Level	
4.Date This description Was Prepared	
٢٠٢٦/٢/٨	
5. Available Attendance Forms	
Attending A Traditional Class	
6.Number Of Study Hours (Total)/Number Of Units (Total)	
30/30	
7.Name Of Course Administrator (if more than one name is mentioned)	
Name:Murtada Hasoon Abdalmahdi Email :Murtada.H.Abdalmahdi@Gu.Edu.Iq	
8.Course Objectives	
Objectives of the course	• Students Learned Basic Plans in handball. • Students' Ability To arbitrate inside the handball court. • Students Have The Skills To Teach And Apply modern arbitration methods in different environments and an effective and attractive atmosphere.
9.Teaching And Learning Strategies	
Strategy	3. Problem-Based Learning: It Is Done By Posing Situations Or Problems Related To arbitral cases, Where Students Interact Collectively To Analyze Them And Propose Solutions. 4. Experiential Learning: By Going Through The Practical And Actual Practice Of Differentarbitration cases Inside The Stadiums, Implementing The Skills In An Applied Manner, Then Discussing Experiences And Evaluating Performance. 25. Dialogue And Discussion: Engaging Students In Group Discussions About handballAnd How To Apply It, Which Enhances Their Critical And Creative Thinking. These Strategies Take Into Account The Practical And Applied Nature Of The handball Course, And Stimulate The Participation Of Students And Their Effective Integration Into The Learning Process, While Integrating Many Other Strategies That My Teacher Looks Forward To Contributing To The Development

	Of The Level Of Learning And Teaching Among Students.

10.Course Structure					
WEEK	Hours	Intended Learning Outcomes	Unit Or Topic Name	Learning Method	Method Of Evaluation
1	2	Knowledge & Application	Handling The Ball	Practical	Quiz
2	2	Knowledge & Application	Catch The Ball	Practical	Quiz
٣	2	Knowledge & Application	Dribble	Practical	Quiz
4	2	Knowledge & Application	Pass1	Practical	Quiz
٥	2	Knowledge & Application	Pass2	Practical	Quiz
٦	2	Knowledge & Application	Pass3	Practical	-
٧	2	Exam	Theoretical exam	exam	exam
٨	2	Knowledge & Application	Catch The Ball	Practical	-

٩	2	Knowledge & Application	Shooting 1	Practical	-
١0	٢	Knowledge & Application	Shooting 2	Practical	-
11	2	Knowledge & Application	Shooting 3	Practical	-
12	2	Knowledge & Application	Feint1	Practical	-
13	2	Knowledge & Application	Feint2	Practical	-
14	2	Knowledge & Application	General Review	Practical	-
١5	2	Exam	Final Exam	+Practical Theoretical	Theoretical and Practical Exams

11.Course Evaluation	
Distribution of the score of ١٠٠ according to the tasks assigned to the student such as daily preparation, daily, oral, monthly and written examinations and reports .... etc.	
12.Learning And Teaching Resources	
Required textbooks (methodology if any)	
Key References (Sources)	Qualitative lectures for teaching in the departments of education
Recommended supporting books and references (scientific journals, reports...)	Comprehensive courses within Iraqi universities
E-References , Websites	The comprehensive sports library and ma global sites dealing with the topicsOfsma games.

Course Description Form

1. Course name
Motor Learning

2.Course code

PES35233

3. semester/ year

First Semester / Third Level

4. Date this description was prepared

2/9/2025

5.Available attendance forms

Attending A Traditional Class

6. Number of study hours (total) / Number of units (total)

60/30

7.Name of the course administrator (if more than one name is mentioned)

Name: Prof. Dr. Raed Mahous Zughair Email :Raid.M.Zighair@Gu.Edu.Iq

8.objectives Course

Introducing Students To The Importance Of Motor Learning, Its Fields, And Theories.

9.Teaching and learning strategies

- Theoretical Exams
- Weekly Reports
- Daily Attendance And Participation
- Student Interaction In Lectures And Discussions
- Student Self-Discipline

10. Course structure

WEEK	Hours	Intended Learning Outcomes	Module Name/ Or Topic	Teaching Method	Method Of Evaluation
1	٤	Knowledge & Understand	cepts And Terminology Of Motor Learning	Theoretical Lectu	Quiz
2	٤	Knowledge & Understand	Types Of Motor Skills	Theoretical Lectu	Quiz
3	٤	Knowledge & Understand	Cognitive Processes	Theoretical Lectu	Quiz
4	٤	Knowledge & Understand	Motor Learning Theories	Theoretical Lectu	Quiz
5	٤	Knowledge & Understand	Exam	Theoretical Lectu	Exam
6	٤	Knowledge & Understand	Factors Affecting Reaction Time Decision Making	Theoretical Lectu	Quiz
7	٤	Knowledge & Understand	Practice Scheduling Methods	Theoretical Lectu	Quiz
8	4	Knowledge & Understand	Feedback	Theoretical Lectu	Quiz
9	4	Knowledge & Understand	Transfer Of Learning	Theoretical Lectu	Quiz
10	4	Knowledge & Understand	Mental Training	Theoretical Lectu	Quiz
11	4	Knowledge & Understand	Mastery Learning	Theoretical Lectu	Quiz
12	4	Knowledge & Understand	Biological Rhythm	Theoretical Lectu	Quiz
13	4	Knowledge & Understand	Biological Rhythm Theories And Typ	Theoretical Lectu	Quiz
14	4	Knowledge & Understand	Review And Applications	Theoretical Lectu	Quiz
15	4	Knowledge & Understand	Final Exam	Theoretical Lectu	Exam

١1.Course Evaluation

1- Daily, Quarterly And Annual Exams
2- Attendance And Participation
3- Reports And Research

Learning and teaching resources

Rescribed Books: Curriculum Textbooks	Electronic Sources: E-Learning Platforms And Virtual Library

Main References: Scientific Article	
Supporting References: Motor Learning – Dr. Ya Khayoun	

Course Description Form

1. Course name
Wrestling
2,Course code
PES35234
3. semester/ year
First Semester / Third Level
4. Date this description was prepared
5/9/2025
5.Available attendance forms
Attending A Traditional Class
6. Number of study hours (total) / Number of units (total)
30/30
7.Name of the course administrator (if more than one name is mentioned)
Name: Dr. Abdul Kareem Hamid Email :Abdulkareem.Hameed@Gu.Edu.Iq
8.objectives Course
• **Learning Basic Wrestling Skills** • **Learning International Wrestling Rules**
9.Teaching and learning strategies
• Theoretical Exams • Practical Exams • Weekly Reports • Daily Attendance And Participation • Student Interaction During Lectures • Student Self-Discipline
10. Course structure

WEEK	Hours	Intended Learning Outcomes	Module Name/ Or Topic	Teaching Method	Method Of Evaluation
1	2	Knowledge & Prac Application	History Of Wrestling	Practical Lecture	Practical Quiz
2	2	Knowledge & Prac Application	Special Preparatory Exercises Wrestling	Practical Lecture	Practical Quiz
3	2	Knowledge & Prac Application	Holds	Practical Lecture	Practical Quiz
4	2	Knowledge & Prac Application	Sitting Holds In Wrestling	Practical Lecture	Practical Quiz
5	2	Knowledge & Prac Application	Standing Holds In Wrestling	Practical Lecture	Practical Quiz
6	2	Knowledge & Prac Application	Sitting Holds In Greco-Roman Wrest	Practical Lecture	Practical Quiz

7	2	Exam	Exam	Exam	Exam
8	2	Knowledge & Prac Application	Standing Holds In Greco-Ro Wrestling	Practical Lecture	Practical Quiz
9	2	Knowledge & Prac Application	International Wrestling Rules	Practical Lecture	Practical Quiz
10	2	Knowledge & Prac Application	Age Groups, Weights, Clothing, Mat	Practical Lecture	Practical Quiz
11	2	Knowledge & Prac Application	Referee	Practical Lecture	Practical Quiz
12	2	Knowledge & Prac Application	Judge	Practical Lecture	Practical Quiz
13	2	Knowledge & Prac Application	Mat Chairman	Practical Lecture	Practical Quiz
14	2	Knowledge & Prac Application	Start, Stop, End Of Match, Types Victory	Practical Lecture	Practical Quiz
15	2	Knowledge & Prac Application	Final Exam	Practical Lecture	Exam

١1.Course Evaluation	
50 Marks Coursework + 50 Marks Final Exam	
Learning and teaching resources	
Rescribed Books:	Electronic Sources: E-Learning Platforms And Virtual Library
Prescribed Books: Curriculum Textbooks	
Main References: Curriculum Textbooks	
Supporting References: International Law Of Wrestling	

Course Description Form

32. Course Name
Sports Shows
33.Course Code
٢٠٢٥/٩/٨
34.Term /Year
First Semester / Third Level
35.Date This Description Was Prepared
36.A. Available Attendance Forms
Attending A Traditional Class
37.Number Of Study Hours (Total)/Number Of Units (Total)
30/30
38.Name Of Course Administrator (If More Than One Name Is Mentioned)
Name: Assist. Lect. Shams Ghazwan Sadiq Email : Shams.G.Sadik@Gu.Edu.Iq

39. Course Objectives	
Objectives Of The Course	5- Developing Sports Awareness Among The Masses And Encouraging Them To Practice Sports Shows. 6- Improving The Health Level Of Subscribers. 7- Providing Participants With Various Moral And Virtuous Traits Such As Obedience And Order.

40. Teaching And Learning Strategies	
Strategy	26. Thelecture. 27. Assistive Learning. 28. Self-Learning. 29. Various Strategies That Take Into Account The Practical Nature, And Stimulate The Participation Of The Bat And Its Effective Integration Into The Learning Process.

41. Course Structure

WEEK	Hours	Intended Learning Outcomes	Unit Or Topic Name	Learning Method	Method Of Evaluation
1	2	Knowledge A Practical Application	A Brief Overview Of The Material Of Sports Presentations With General Exercises	Theoretical And Practical Lecture.	Practical Tests
2	2	Knowledge And Application	(Performances And Sports Formations (Theoretical)) With Training On The First Two Movements Of The Group Presentation	Theoretical And Practical Lecture.	Practical Tests
3	2	Knowledge And Application	(Features Of Sports Shows) With Training On The Second Two Movements And Returning The First To The Group Show	Theoretical And Practical Lecture.	Practical Tests
4	2	Knowledge And Application	(The Purposes Of Holding The Shows) Training On The Third Two Movements And The Return Of The First And Second Movements Of The Group Show.	Theoretical And Practical Lecture.	Practical Tests
5	2	Knowledge And Application	(Types Of Sports Performances)Retraining On The Three Groups Of Group Performances.	Theoretical And Practical Lecture.	Practical Tests
6	2	Knowledge And Application	Monthly Exam	Theoretical And Practical Lecture.	Practical And Theoretical Tests
7	2	Knowledge And Application	(Gymnastic, Aquatic And Dance Performances) Training On The Fourth	Theoretical And Practical	Practical Tests

			Two Movements In Group Performances.	Lecture.	
8	2	Knowledge And Application	(Sports Performances) Retraining On The Four Groups Of Group Performances.	Theoretical And Practical Lecture.	Practical Tests
9	2	Knowledge And Application	(Sports Shows) Training On The Fifth Group For The Group Show.	Theoretical And Practical Lecture.	Practical Tests
10	2	Knowledge And Application	(Sports Formations And The Reason For Taking Them Into Account During The Implementation Of Formations) Retraining On The Five Groups Of Group Presentations.	Theoretical And Practical Lecture.	Practical Tests
11	2	Knowledge And Application	(Types Of Sports Formations) Training On The Sixth Group For Group Presentation.	Theoretical And Practical Lecture.	Practical Tests
12	2	Knowledge And Application	(Types Of Sports Shows) Retraining On The Six Groups Of Group Shows.	Theoretical And Practical Lecture.	Practical Tests
13	2	Knowledge And Application	Athletic Preliminary Examination With Theoretical Examination Month 2	Theoretical And Practical Lecture.	Practical Tests
14	2	Knowledge And Application	Preliminary Athletic Exam	Theoretical And Practical Lecture.	Practical Tests
15	2	Knowledge And Application	Second Athletic Exam (Final) Practical	Theoretical And Practical Lecture.	Practical And Theoretical Tests

11.Course Evaluation

Distribution Of The Score Of 100 According To The Tasks Assigned To The Student Such As Daily Preparation, Reports, Daily, Monthly And Final Exams, Theoretical And Practical .... Etc.

12.Learning And Teaching Resources

3- Required Course Book 4- Key References (Sources)	Textbooks Scientific Articles
5- Recommended Books And References (Scientific Journals, Reports ....)	Rhythmic Gymnastics (Dr. Amira Abdel Wahed Mounir)
E-References , Websites	Comprehensive Sports Library And Many Global Sites That Address The Topics Of Sports Presentations

Course Description Form

1. Course name
Fencing
2,Course code
PES35236
3. semester/ year
First Semester / Third Level
4. Date this description was prepared
4/10/2025
5.Available attendance forms
Attending A Traditional Class
6. Number of study hours (total) / Number of units (total)
30/30
7.Name of the course administrator (if more than one name is mentioned)
Name: Dr. Haneen Safaa Salman Email :Haneen.S.Salman@Gu.Edu.Iq
8.objectives Course
Apply Knowledge Related To Fencing And Associated Sciences
9.Teaching and learning strategies
• Theoretical Exams • Practical Exams • Weekly Reports • Daily Attendance And Classroom Participation • Student Interaction During Lectures And Discussions • Student Self-Discipline
10. Course structure

WEEK	Hours	Intended Learning Outcomes	Module Name/ Or Topic	Teaching Method	Method Of Evaluation
1	2	Knowledge & Application	Principles And Basics Of Fencing	Practical Lectures	Practical Quiz
2	2	Knowledge & Application	History Of Fencing	Practical Lectures	Practical Quiz
3	2	Knowledge & Application	Fencing Skills	Practical Lectures	Practical Quiz
4	2	Knowledge & Application	Advance And Retreat In Fencing	Practical Lectures	Practical Quiz
5	2	Knowledge & Application	Defensive Skills	Practical Lectures	Practical Quiz
6	2	Knowledge & Application	Offensive Skills	Practical Lectures	Practical Quiz
7	2	Exam	Types Of Weapons In Fencing	Exam	Exam
8	2	Knowledge & Application	Rules Of Fencing	Practical Lectures	Practical Quiz
9	2	Knowledge & Application	Electronic Judging Devices	Practical Lectures	Practical Quiz
10	2	Knowledge &	Fencing Championships	Practical Lectures	Practical Quiz

		Application			
11	2	Knowledge & Prac Application	Common Mistakes In Fencing	Practical Lectures	Practical Quiz
12	2	Knowledge & Prac Application	Warm-Up Exercises In Fencing	Practical Lectures	Practical Quiz
13	2	Knowledge & Prac Application	Warm-Up Exercises (Continued)	Practical Lectures	Practical Quiz
14	2	Knowledge & Prac Application	Methods Of Developing Fencing	Practical Lectures	Practical Quiz
15	2	Knowledge & Prac Application	Final Exam	Practical Lectures	Exam

١1.Course Evaluation	
50 Marks Coursework + 50 Marks Final Exam	
١٢.Learning and teaching resources	
Prescribed Books: Curriculum Textbooks	Supporting References: —
Main References:	Electronic Resources: E-Learning Platforms And Virtual Library
Abdul Hadi Hamid & Abdul Kareem Fadhil, Fen (Technical Foundations – Teaching – Training Refereeing), 2008	

Course Description Form

1. Course Name	
Handball 2	
2. Course Code	
PES35237	
3. Term /Year	
First Semester / Third Level	
4. Date This Description Was Prepared	
٢٠٢٥/٩/٤	
5. A. Available Attendance Forms	
Attending A Traditional Class	
6. Number Of Study Hours (Total)/Number Of Units (Total)	
30/30	
7. Name Of Course Administrator (If More Than One Name Is Mentioned)	
Name:Dr.Murtada Hasoon	Email:Murtada.H.Abdalmahdi@Gu.Edu.
8. Course Objectives	
Objectives Of The Course	• Students' Ability To Perform Basic Handball Skills Commensurate With The Age Groups And Abilities Of The Target Learners. • Students Have The Skills To Teach And Apply Skills In Classroom And Non-Classroom Environments Effectively And Attractively.
9. Teaching And Learning Strategies	
Strategy	

	30. Problem-Based Learning: It Is Done By Posing Situations Or Problems Related To Handball, Where Students Interact Collectively To Analyze Them And Propose Solutions. 31. Experiential Learning: By Going Through The Practical And Actual Practice Of Handball Inside The Stadiums, Implementing The Skills In An Applied Manner And Then Discussing Experiences And Evaluating Performance. 32. Dialogue And Discussion: Engaging Students In Group Discussions About Handball And Performance And How To Apply It, Which Enhances Their Critical And Creative Thinking. These Strategies Take Into Account The Practical And Applied Nature Of The Handball Course, And Stimulate The Participation Of Students And Their Effective Integration Into The Learning Process, While Integrating Many Other Strategies That My Teacher Looks Forward To Contributing To The Development Of The Level Of Learning And Teaching Among Students.

10. Course Structure

WEEK	Hours	Intended Learning Outcomes	Unit Or Topic Name	Learning Method	Method Of Evaluation
1	2	Introducing Students Tothe Basic Concepts And Skills Of Handball	Basic Handball Skills (Holding The Ball)	Hands-On Lecture	Practical Application Among Students. Participating Students Are Registered As An Extracurricular Activity That Is Later Evaluated With Practical And Theoretical Exam Scores.
2	2	Introducing Students To Receiving The Ball And Its Types	Receiving The Ball.	Hands-On Lecture.	Practical Application Among Students. Participating Students Are Enrolled As An Extracurricular Activity That Is Later Evaluated With Practical And Theoretical Exam Scores .
3	2	Introducing Students To The Handball, Its Purposes, Importance And Common Mistakes	Handwheel Chip And Its Common Mistakes	Blended Learning.	Written Exam.

4	2	Handling That Is Used In Short Distances	Types Of Handball Handling	Blended Learning	Written And Practical Exam.
5	2	Teaching Students Handling That Is Used For Medium Distances	Head-To-Side And Shoulder-To-Side Handling.	Hands-On Lecture.	Practical Exam.
6	2	Teaching Students Handling That Is Used For Long Distances.	Handling From Above Head Level.	Hands-On Lecture	Practical Exam.
7	2	Teaching Students To Integrate Basic Skills With Handball	Integrate Basic Handball Skills.	Blended Learning.	Practical Exam.
8	2	The First Month Exam Is Theoretical.	Of The Above.	The First Month Exam Is Practical.	Of The Above.
9	2	Introduce Students To Handball Shooting.	Aim At The Handball.	Theoretical Lecture.	Written Exam.
10	2	Teaching Students To Aim From The Head - Shoulder Level	Kinematic Handwheel Aiming Performance	Hands-On Lecture.	Practical Exam.
11	2	Introducing And Teaching Students To Aim From The Silk High With The Handball	Kinetic Performance Of Aiming From The Silk High With The Handball.	Blended Learning	A Theoretical And Practical Exam.
12	2	Defining And Teaching Students To Shoot From The Angle	Kinetic Performance Of Aiming From The Corner With The Handball.	Hands-On Lecture.	Practical Exam.
13	2	Introducing And Teaching Students Tocheat With The Handball	Fooling With The Ball And Without The Ball	Blended Learning	A Theoretical And Practical Exam.
14	2	The First Month Exam Is Theoretical.	Of The Above.	The First Month Exam Is Practical.	Of The Above.
15	2	Final Practical Exam.	Of The Above.	A Final Practical Exam For The Course.	Of The Above.

5. Course Evaluation

Distribution Of The Score Of 100 According To The Tasks Assigned To The Student Such As Daily Preparation, Daily, Oral, Monthly And Written Examinations And Reports .... Etc.

6. Learning And Teaching Resources

Required Textbooks (Methodology If Any)	Handball Molfan Diaa Al Khayyat And Nofal Hayyali 2001
Key References (Sources)	World Handball Encyclopedia Authors Ahmed Khamis And Jamil Kassem
E-References , Websites	Comprehensive Sports Library And Many Global Sites Dealing With Handball Topics.

Course Description Form

1. Course name
Kinematic Analysis
2,Course code
PES35238
3. semester/ year
First Semester / Third Level
4. Date this description was prepared
6/9/2025
5.Available attendance forms
Attending A Traditional Class
6. Number of study hours (total) / Number of units (total)
30/30
7.Name of the course administrator (if more than one name is mentioned)
Name: Dr. Alameer Haider Hussein Email :Alameer.H.Hussein@Gu.Edu.Iq
8.objectives Course
Helping Teachers And Coaches Evaluate Performance And Identify Weaknesses
9.Teaching and learning strategies
• Theoretical Exams • Weekly Reports • Attendance And Participation • Classroom Interaction • Self-Discipline
10. Course structure

WEEK	Hours	Intended Learning Outcomes	Module Name/ Or Topic	Teaching Method	Method Of Evaluation
1	2	Knowledge & Prac Application	ıcept Of Kinematic Analysis	Lectures	Quiz
2	2	Knowledge & Prac Application	Analysis Of Sports Skills	Lectures	Quiz
3	2	Knowledge & Prac Application	Breaking Down Skills + Biomecha Use	Lectures	Quiz
4	2	Knowledge & Prac Application	Observational Analysis Models	Lectures	Quiz
5	2	Knowledge & Prac Application	Quantitative Analysis	Lectures	Quiz
6	2	Knowledge & Prac Application	Types Of Video Cameras	Lectures	Quiz
7	2	Exam	First Exam	Exam	Exam
8	2	Knowledge & Prac Application	Principles Of Video Analysis	Lectures	Quiz
9	2	Knowledge & Prac Application	Lighting, Scaling, Joint Marking	Lectures	Quiz
10	2	Knowledge & Prac Application	Computer Software For Analysis	Lectures	Quiz
11	2	Knowledge & Prac	Kinematic Variables	Lectures	Quiz

		Application			
12	2	Knowledge & Prac Application	Kinovea Software	Lectures	Quiz
13	2	Knowledge & Prac Application	Applied Analysis Models	Lectures	Quiz
14	2	Knowledge & Prac Application	Measurement Errors	Lectures	Quiz
15	2	Knowledge & Prac Application	Final Exam	Exam	Exam

١1.Course Evaluation	
50 Marks Coursework + 50 Marks Final Exam	
Learning and teaching resources	
Prescribed Books: Curriculum Textbooks	Supporting References: —
Main References:	Electronic Resources: E-Learning Platforms And Virtual Library
• Books • Scientific Articles • Biomechanics References	E-Learning Platforms

Course Description Form

1. Course name
Sports Injuries And Rehabilitation
2,Course code
PES35239
3. semester/ year
First Semester / Third Level
4. Date this description was prepared
٢٠٢٥/٩/١١
5.Available attendance forms
Attending A Traditional Class
6. Number of study hours (total) / Number of units (total)
30/30
7.Name of the course administrator (if more than one name is mentioned)
Name: Assist. Lect.Shams Ghazwan Sadiq Email :Shams.G.Sadik@Gu.Edu.Iq
8.objectives Course
To Acquire Knowledge In Sports Injuries As An Important Tool And Method In Scientific Research.
9.Teaching and learning strategies
• Theoretical Exams • Weekly Reports • Daily Attendance And Participation • Classroom Interaction And Discussions • Student Self-Discipline
10. Course structure

WEEK	Hours	Intended Learning Outcomes	Module Name/ Or Topic	Teaching Method	Method Of Evaluation
1	2	Knowledge & Understand	rts Injury, Definition Of rts Injury, General Causes	Lectures	Quiz

			Sports Injuries In The Sports d, External Factors, Internal tors Leading To Injury, ge Of Motion Of Joints, mechanical Properties, chological Factor, Main Causes Of Sports Injuries		
2	2	Knowledge & Understand	Symptoms And Signs Of Sports Inju Complications Of Sports Inju Methods Of Prevention, Tips To Pre Injuries, Overtraining Injuries, Ante Cruciate Ligament (ACL) Inj Causes, Symptoms, Prevent Treatment Of Meniscus Injury	Lectures	Quiz
3	2	Knowledge & Understand	Bruises (Contusions), Symptoms Bruises, Treatment Of Minor Brui Blood Vessel Injuries, Muscle Inju Muscle Cramps, Prevention, Strains Tears, Symptoms Of Muscle Tears, B Injuries	Lectures	Quiz
4	2	Knowledge & Understand	Fractures, Types And Forms Fractures, First Aid For Fractu Medical Treatment And Rehabilitat Complications Of Fractures, Gen Complications	Lectures	Quiz
5	2	Knowledge & Understand	Joint Injuries, Symptoms Of Spra First Aid And Treatment, Dislocati Types And Symptoms, Treatment, N Injuries	Lectures	Quiz
6	2	Knowledge & Understand	Upper And Lower Limb Injuries, Sp Injuries, Shoulder Dislocation, First And Treatment, Tennis Elbow, Fi Joint Sprain, Knee Injuries	Lectures	Quiz
7	2	Knowledge & Understand	Knee Ligament Injuries, Foot Inju Ankle Sprain, Strain Injuries, Sp Injuries, Spinal Ligament Injuries	Exam	Exam
8	2	Knowledge & Understand	Common Injuries Not Related To Musculoskeletal System: Eye Inju Nose Injuries, Ear Injuries, Mouth Teeth Injuries, Chest Inju Abdominal Injuries, Urinary Reproductive System Injuries	Lectures	Quiz
9	2	Knowledge & Understand	Dangerous Sports Injuries: Air Obstruction, Respiratory Arrest, Car Arrest, Heat Stroke, Head Inju (Concussion, Skull Fractu Hematoma), Neck Injuries, Hemorrh Shock	Lectures	Quiz
10	2	Knowledge & Understand	Therapeutic Methods (Objectives Treatment)	Lectures	Quiz
11	2	Knowledge & Understand	Initial Treatment (First Aid)	Lectures	Quiz
12	2	Knowledge & Understand	Rehabilitation Methods: Therape Exercises, Massage, Physiothe (Electrical, Light, Heat, So Magnetic, Radio, Laser), Mechan Traction, Acupuncture	Lectures	Quiz
13	2	Knowledge & Understand	Shoulder Joint Injuries	Lectures	Quiz
14	2	Knowledge & Understand	Prevention Of Shoulder Joint Injuries	Lectures	Quiz
15	2	Knowledge & Understand	Exam	Exam	Exam

١1.Course Evaluation	
50 Marks Coursework + 50 Marks Final Exam	
١٢.Learning and teaching resources	
Rescribed Books: Curriculum Textbooks	Supporting References: —
Main References: Scientific Journals And Reports	Electronic Resources: E-Learning Platforms And Virtual Library
Supporting References:	E-Learning Platforms
Ashraf Mahmoud (2019) Sports Injuries: Types And Treatment	
Kamouna Team (2002) Encyclopedia Of Sports Injuries	
Iqbal Rasmi (2008) Sports Injuries And Treatment Methods	

Course Description Form

1. Course name
Scouting Camps
2,Course code
PES35240
3. semester/ year
First Semester / Third Level
4. Date this description was prepared
5/10/2025
5.Available attendance forms
Attending A Traditional Class
6. Number of study hours (total) / Number of units (total)
30/30
7.Name of the course administrator (if more than one name is mentioned)
Name: Assist. Lect. Hadeel Ali Mubdir Email :Hadeel.A.Mubdir@Gu.Edu.Iq
8.objectives Course
Practical Field Application Of Scouting Camps Activities
9.Teaching and learning strategies
• Theoretical Exams • Practical Exams • Weekly Reports • Daily Attendance And Participation • Classroom Interaction And Discussions • Student Self-Discipline
10. Course structure

WEEK	Hours	Intended Learning Outcomes	Module Name/ Or Topic	Teaching Method	Method Of Evaluation
1	2	Knowledge & Understand	rief History Of The Activity	Lectures	Quiz

2	2	Knowledge & Understand	History Of The Scouting Movement	Lectures	Quiz
3	2	Knowledge & Understand	Introduction To Scouting Movement	Lectures	Quiz
4	2	Knowledge & Understand	Principles Of Scouting Movement	Lectures	Quiz
5	2	Knowledge & Understand	Objectives Of Scouting Movement	Lectures	Quiz
6	2	Knowledge & Understand	Characteristics Of Scouting Moveme	Lectures	Quiz
7	2	Knowledge & Understand	Features Of Scouting Movement	Exam	Exam
8	2	Knowledge & Understand	Rules Of Scouting Movement	Lectures	Quiz
9	2	Knowledge & Understand	Methods Of Scouting Movement	Lectures	Quiz
10	2	Knowledge & Understand	Scout Salute	Lectures	Quiz
11	2	Knowledge & Understand	Scout Signs	Lectures	Quiz
12	2	Knowledge & Understand	Applications Of Scouting Movement	Lectures	Quiz
13	2	Knowledge & Understand	Law Of Scouting Movement	Lectures	Quiz
14	2	Knowledge & Understand	Scout Symbols	Lectures	Quiz
15	2	Knowledge & Understand	Exam	Exam	Exam

١1.Course Evaluation	
50 Marks Coursework + 50 Marks Final Exam	
١٢.Learning and teaching resources	
Rescribed Books: Curriculum Textbooks	Supporting References: —
Main References:	E-Learning Platforms
Rifaat Al-Sibai (2003) The Arab Scout	World Organization Of The Scout Movement (2009) Scout Program Development Guide
Jamal Al-Din Al-Shafei (2003) Outdoor Education And Scouting Movement	

Course Description Form

1. Course name
Handball Refereeing
2,Course code
PES35242
3. semester/ year
First Semester / Third Level
4. Date this description was prepared
6/9/2025
5.Available attendance forms
Attending A Traditional Class
6. Number of study hours (total) / Number of units (total)
30/15
7.Name of the course administrator (if more than one name is mentioned)
Name: Dr. Murtada Hassoon Email :Murtada.H.Abdalmahdi@Gu.Edu.Iq
8.objectives Course
Studying The History And Development Of Handball, Physical Fitness Components, Basic Skills, And Understanding The Rules Of The Game
9.Teaching and learning strategies

- Theoretical Exams
- Practical Exams
- Weekly Reports
- Daily Attendance And Participation
- Classroom Interaction And Discussions
- Student Self-Discipline

10. Course structure

WEEK	Hours	Intended Learning Outcomes	Module Name/ Or Topic	Teaching Method	Method Of Evaluation
1	2	Knowledge & Understand	Brief History Of Refereeing	Lectures	Quiz
2	2	Knowledge & Understand	Fouls In Handball	Lectures	Quiz
3	2	Knowledge & Understand	Law Article 1	Lectures	Quiz
4	2	Knowledge & Understand	Law Article 2	Lectures	Quiz
5	2	Knowledge & Understand	Law Article 3	Lectures	Quiz
6	2	Knowledge & Understand	Law Article 4	Lectures	Quiz
7	2	Knowledge & Understand	Law Article 5	Exam	Exam
8	2	Knowledge & Understand	Law Article 6	Lectures	Quiz
9	2	Knowledge & Understand	Law Article 7	Lectures	Quiz
10	2	Knowledge & Understand	International Law Article 9	Lectures	Quiz
11	2	Knowledge & Understand	International Law Article 10	Lectures	Quiz
12	2	Knowledge & Understand	International Law Article 11	Lectures	Quiz
13	2	Knowledge & Understand	International Law Article 12	Lectures	Quiz
14	2	Knowledge & Understand	International Law Article 13	Lectures	Quiz
15	2	Knowledge & Understand	Exam	Exam	Exam

١1.Course Evaluation

50 Marks Coursework + 50 Marks Final Exam

Learning and teaching resources

Prescribed Books: Curriculum Textbooks	Supporting References: —
Main References: International Handball Law2024	Electronic Resources: E-Learning Platforms And Virtual Library

Course Description Form

1. Course name
Educational Psychology
2,Course code
PES36267
3. semester/ year
Third Level / Second Semester
4. Date this description was prepared
2/2/2026
5.Available attendance forms
Attending A Traditional Class
6. Number of study hours (total) / Number of units (total)
30/30
7.Name of the course administrator (if more than one name is mentioned)
Name: Asst. Lect. Ahmed Majid Email :Ahmed.M.Kareem@Gu.Edu.Iq
8.objectives Course
Objectives Of The Course: Introducing Students To The Importance Of Educational Psychology, Its Fields, And Psychological Problems.
9.Teaching and learning strategies
Strategy: • Theoretical Tests • Weekly Reports • Daily Attendance: Evaluating The Student Inside The Classroom Through Attendance And Scientific Participation • Student Interaction With The Lecture And Class Discussions • Student Self-Behavior
10. Course structure

WEEK	Hours	Intended Learning Outcomes	Module Name/ Or Topic	Teaching Method	Method Of Evaluation
1	2	Knowledge Understanding	ics Of Educational chology / Introduction / Definition	Theoretical Lectu	Quiz
2	2	Knowledge Understanding	Importance, Objectives, And Rela With Other Sciences	Theoretical Lectu	Quiz
3	2	Knowledge Understanding	Teacher Personality Characteris (Psychological, Physical, Mental)	Theoretical Lectu	Quiz
4	2	Knowledge Understanding	Interpretation Of Educational Process	Theoretical Lectu	Quiz
5	2	Knowledge Understanding	Motivation In Learning And Functions	Theoretical Lectu	Quiz
6	2	Knowledge Understanding	Strategies For Motivating Students	Theoretical Lectu	Quiz
7	2	Knowledge Understanding	Memory And Forgetting	Theoretical Lectu	Quiz
8	2	Knowledge Understanding	Modern Views Of Memory	Theoretical Lectu	Quiz
9	2	Knowledge Understanding	Cognitive, Behavioral, Ge Perspectives	Theoretical Lectu	Quiz

10	2	Knowledge Understanding	Mechanisms Of Memory	Theoretical Lectu	Quiz
11	2	Knowledge Understanding	Factors Affecting Memory	Theoretical Lectu	Quiz
12	2	Knowledge Understanding	Improving Memory	Theoretical Lectu	Quiz
13	2	Knowledge Understanding	Social Characteristics	Theoretical Lectu	Quiz
14	2	Knowledge Understanding	Factors Affecting Teacl Effectiveness	Theoretical Lectu	Quiz
15	2	Exam	Final Exam	Exam	Exam

11.Course Evaluation

50 Coursework + 50 Final Exam

12. Learning and teaching resources

Required Textbooks: Prescribed Curriculum Books	Electronic References: E-Learning Websites
Main References: Reports, Journals, Scientific Magazi	
Supporting References: E-Learning Websites And Vir Library	

Course Description Form

1. Course name
Scientific Research
2,Course code
PES36268
3. semester/ year
Third Level / Second Semester
4. Date this description was prepared
3/2/2026
5.Available attendance forms
Attending A Traditional Class
6. Number of study hours (total) / Number of units (total)
30/30
7.Name of the course administrator (if more than one name is mentioned)
Name: Dr. Murtada Hassoon Email :Murtada.H.Abdalmahdi@Gu.Edu.Iq
8.objectives Course
Enabling Students To Gain Knowledge On How To Conduct And Prepare Scientific Research
9.Teaching and learning strategies
• Theoretical Tests • Weekly Reports • Attendance And Participation • Interaction And Discussions • Student Behavior
10. Course structure

WEEK	Hours	Intended Learning Outcomes	Module Name/ Or Topic	Teaching Method	Method Of Evaluation
1	2	Knowledge Understanding		Theoretical Lectu	Quiz
2	2	Knowledge Understanding	Scientific Research – Definition. Ty Of Scientific Research. First: Acade Research (Specialized Study). Rese In Undergraduate Studies. Sec Specialized Non-Academic Research	Theoretical Lectu	Quiz
3	2	Knowledge Understanding	Types Of Research (Theoretical Applied). Characteristics Of A G Researcher. Research Plan And Its Chapters And Contents Of Each Cha (Chapter 1, 2, 3, 4, 5)	Theoretical Lectu	Quiz
4	2	Knowledge Understanding	Research Problem: Definition. How Choose A Research Problem. Source The Problem	Theoretical Lectu	Quiz
5	2	Knowledge Understanding	Criteria For Selecting A Problem. H To Write The Title (Independent Dependent Variables). Introduction Its Importance. Conditions For Wri The Introduction	Theoretical Lectu	Quiz
6	2	Knowledge Understanding	Research Objectives (Definition How To Write). Hypotheses (Conc	Theoretical Lectu	Quiz

			Conditions, Construction, Requirem For Proof)		
7	2	Knowledge Understanding	Research Domains (Temporal, Spa Human). Terminology. Theore Studies And Their Objectives	Theoretical Lectu	Quiz
8	2	Knowledge Understanding	Similar Studies (Objectives And How Write). Sources (Definition). Types Sources And References. Read Method	Theoretical Lectu	Quiz
9	2	Knowledge Understanding	Quotation (Definition, Conditions, Ty Of Quotation)	Theoretical Lectu	Quiz
10	2	Knowledge Understanding	Writing References In Footnc Examples For Each Type (Book, Jou Article, Thesis, Dissertation, Lecture)	Theoretical Lectu	Quiz
11	2	Knowledge Understanding	Research Tools (Definition Importance): Samples, Questionna Interview, Observation, Tests Measurement. Sample Definition Relation To Population. Conditions Selecting A Sample. Types Of Sam (Purposive, Random)	Theoretical Lectu	Quiz
12	2	Knowledge Understanding	Types Of Random Samples: Sin Random, Systematic, Multi-St Stratified	Theoretical Lectu	Quiz
13	2	Knowledge Understanding	Questionnaire: Definition. Ty (Closed, Open, Mixed, Pictorial). S Of Preparation. Questionnaire F (Definition And Components)	Theoretical Lectu	Quiz
14	2	Knowledge Understanding	Interview: Importance, Definit Conditions, Basic Rules, Ty (Individual, Structured, Unstructured Depth, Focused)	Theoretical Lectu	Quiz
15	2	Exam	Exam	Exam	Exam

١1.Course Evaluation

٥٠Coursework + 50 Final

12.Learning and teaching resources

Required Textbooks (Curricular Books, If An	Supporting References: E-Learning Websites And Virt Library
Main References: Reports, Journals, Scientific Periodi	

Course Description Form

1. Course name
Racket Games 1
2,Course code
PES36269
3. semester/ year
Third Level / Second Semester
4. Date this description was prepared
٢٠٢٦/٢/٤
5.Available attendance forms
Attending A Traditional Class
6. Number of study hours (total) / Number of units (total)
30/30
7.Name of the course administrator (if more than one name is mentioned)
Name: Dr. Saif Al-Din Khalid Email :Saifaldeen.Khalid@Gu.Edu.Iq
8.objectives Course
Studying The History And Origin Of Racket Games, Specific Fitness Elements, Learning Basic Skills, And Understanding The Rules Of The Game
9.Teaching and learning strategies
• Theoretical Tests • Practical Tests • Weekly Reports • Daily Attendance And Participation
10. Course structure

WEEK	Hours	Intended Learning Outcomes	Module Name/ Or Topic	Teaching Method	Method Of Evaluation
1	2	Knowledge & Practorical Overview Of The Application Game		Practical Lecture	Quiz
2	2	Knowledge & Pract Application	Basic Skills Of Badminton	Practical Lecture	Quiz
3	2	Knowledge & Pract Application	Serve	Practical Lecture	Quiz
4	2	Knowledge & Pract Application	Forehand Stroke	Practical Lecture	Quiz
5	2	Knowledge & Pract Application	Long Serve	Practical Lecture	Quiz

6	2	Knowledge & Pract Application	Short Serve	Practical Lecture	Quiz
7	2	Knowledge & Pract Application	Backhand Stroke	Practical Lecture	Quiz
8	2	Knowledge & Pract Application	Forehand Skill	Practical Lecture	Quiz
9	2	Knowledge & Pract Application	Overhead Strokes	Practical Lecture	Quiz
10	2	Knowledge & Pract Application	Drive Strokes	Practical Lecture	Quiz
11	2	Knowledge & Pract Application	Block And Push Strokes	Practical Lecture	Quiz
12	2	Knowledge & Pract Application	Backhand Skill	Practical Lecture	Quiz
13	2	Knowledge & Pract Application	Block And Push Stroke	Practical Lecture	Quiz
14	2	Knowledge & Pract Application	Drive Stroke	Practical Lecture	Quiz
15	2	Exam	Exam	Exam	Exam

1.Course Evaluation	
50 Coursework And 50 Final Exam	
Learning and teaching resources	
Required Textbooks: Prescribed Curriculum Books	E-Learning Websites And Virtual Library
Main References: International Laws Of Racket Game:	
Supporting References:	
Schmidt A., Timothy D. Lee, Motor Control And Learning, 4th Ed., Human Kinetics, 2005	
Amin Anwar Al-Khouli, Badminton, 2nd Edition, Cairo, Dar Al-Fikr Al-Arabi, 2001	

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Course Description Form

1. Course name
Teaching Methods
2,Course code
PES36271
3. semester/ year
Third Level / Second Semester
4. Date this description was prepared
6/2/2026
5.Available attendance forms
Attending A Traditional Class
6. Number of study hours (total) / Number of units (total)
30/30
7.Name of the course administrator (if more than one name is mentioned)
Name: Asst. Lect. Hadeel Ali Mubdir Email :Hadeel.A.Mubdir@Gu.Edu.Iq

8.objectives Course

Mastery Of Instructions
Ability To Perform An Innovative Teaching Unit Appropriate To Age Groups And Learners' Abilities
Acquisition Of Teaching Skills And Application Of Instructions

9.Teaching and learning strategies

These Strategies Consider The Practical And Applied Nature Of The Teaching Methods Course And Stimulate Student Participation And Active Engagement In The Learning Process, With The Integration Of Various Strategies Aimed At Improving The Level Of Teaching And Learning Among Students.

10. Course structure

WEEK	Hours	Intended Learning Outcomes	Module Name/ Or Topic	Teaching Method	Method Of Evaluation
1	2	Introducing Students To Concept Of Teacl Methods	Basic Positions	Practical Lecture	Practical And Theoret Exams
2	2	Introducing Students Basic Positions	Standing Position	Practical Lecture	Practical Performance
3	2	Understanding The Con Of Teaching Methods	Advantages Of The Method	Theoretical Lectu	Questions And Answe
4	2	Purpose Of Using Posit In Physical Educa Lessons	Objectives Of The Method	Practical Lecture	Practical Performance
5	2	Teaching Positions And T Use In PE Lessons	Sitting, Lying, Hanging Positions	Practical Lecture	Practical Performance
6	2	Types Of Teaching Metho	Traditional And Modern	Theoretical Lectu	Questions And Answe
7	2	Practical Exam	Basic Positions	Practical Lecture	Practical Exam
8	2	First Monthly Theoret Exam	Covered Topics	Exam	Evaluation
9	2	Enabling Students Understand Instructions	How To Perform Instructions	Practical Lecture	Practical Performance
10	2	Understanding Parts Instruction	Uses Of Instructions	Practical Lecture	Practical Performance
11	2	Teaching How To W Physical Exercises	Original And Derived Exercises	Theoretical Lectu	Evaluation
12	2	Importance Of Various E In Designing Games	Ball Games	Practical Lecture	Practical Exam
13	2	Second Monthly Pract Exam	Basic Positions	Practical Lecture	Practical Exam
14	2	Second Monthly Theoret Exam	Covered Topics	Theoretical Exan	Evaluation
15	2	Final Practical Exam	Exam	Exam	Exam

11.Course Evaluation

Distribution Of 100 Marks According To Assigned Tasks: 60 Practical, 40 Theoretical

12.Learning and teaching resources

Supporting Sources: Books And Lectures Cove Teaching Methods, Lesson Planning, And Evaluation	E-Learning Websites And Virtual Library
Reference Book: Teaching Methods In Phys Education, Majida Hamid Kambash (2009)	

Course Description Form

1. Course name
Football 3
2,Course code
PES36272
3. semester/ year
Third Level / Second Semester
4. Date this description was prepared
٢٠٢٦/٢/٧
5.Available attendance forms
Attending A Traditional Class
6. Number of study hours (total) / Number of units (total)
30/30
7.Name of the course administrator (if more than one name is mentioned)
Name: Dr.Alameer Hayder Hussein Email :Alameer.H.Hussein@Gu.Edu.Iq
8.objectives Course
Field Practical Application In Football
9.Teaching and learning strategies
Strategy: Theoretical And Practical Tests Weekly Reports Attendance And Participation Interaction And Discussions Student Behavior
10. Course structure

WEEK	Hours	Intended Learning Outcomes	Module Name/ Or Topic	Teaching Method	Method Of Evaluation
1	2	Knowledge & Practeral Application	Principles Of Football Training	Practical Lecture	Quiz
2	2	Knowledge & Pract Application	Training Methods In Football	Practical Lecture	Quiz
3	2	Knowledge & Pract Application	Requirements For Team Sustainab And Training Field	Practical Lecture	Quiz
4	2	Knowledge & Pract Application	Tests And Types, Player Selection	Practical Lecture	Quiz
5	2	Knowledge & Pract Application	Skill And Tactical Tests	Practical Lecture	Quiz
6	2	Knowledge & Pract Application	Training Physical Attributes	Practical Lecture	Quiz
7	2	Knowledge & Pract Application	Exam	Practical Lecture	Quiz
8	2	Knowledge & Pract Application	Aerobic Endurance	Practical Lecture	Quiz
9	2	Knowledge & Pract Application	Anaerobic Endurance (Stre Endurance)	Practical Lecture	Quiz

10	2	Knowledge & Pract Application	Strength Endurance	Practical Lecture	Quiz
11	2	Knowledge & Pract Application	Speed Endurance	Practical Lecture	Quiz
12	2	Knowledge & Pract Application	Strength Training Methods And Type	Practical Lecture	Quiz
13	2	Knowledge & Pract Application	Strength Training Methods And Type	Practical Lecture	Quiz
14	2	Knowledge & Pract Application	Strength Training Methods And Type	Practical Lecture	Quiz
15	2	Exam	Exam	Exam	Exam

١1.Course Evaluation

50 Coursework And 50 Final Exam

١٢.Learning and teaching resources

Required Textbooks	Electronic: E-Learning Platforms
Main Reference: Qasim Lazim Sabr, Foundations Teaching And Learning And Its Applications In Footl Amman, 2013	
Supporting Reference: Amr Allah Ahmed Al-Ba Training And Physical Preparation In Football, Alexan	

Course Description Form

1. Course name
Swimming Officiating
2,Course code
PES36276
3. semester/ year
Third Level / Second Semester
4. Date this description was prepared
7/2/2026
5.Available attendance forms
Attending A Traditional Class
6. Number of study hours (total) / Number of units (total)
30/15
7.Name of the course administrator (if more than one name is mentioned)
Name: Dr. Abdul Karim Hamid Email :Abdulkareem.Hameed@Gu.Edu.Iq
8.objectives Course
Understanding Officiating And Rules In Swimming
9.Teaching and learning strategies
Strategy: • Theoretical And Practical Tests • Reports • Attendance And Participation
10. Course structure

WEEK	Hours	Intended Learning Outcomes	Module Name/ Or Topic	Teaching Method	Method Of Evaluation
1	2	Knowledge & Practiciples And Basics Of Application Swimming Officiating		Practical Lecture	Quiz
2	2	Knowledge & Prac Application	Legal Materials Of Officiating Law	Practical Lecture	Quiz
3	2	Knowledge & Prac Application	Article 1: Competitions	Practical Lecture	Quiz
4	2	Knowledge & Prac Application	Article 2: Officials And Refereeing C	Practical Lecture	Quiz
5	2	Knowledge & Prac Application	Article 3: Heats	Practical Lecture	Quiz
6	2	Knowledge & Prac Application	Article 4: Start Of Races	Practical Lecture	Quiz
7	2	Knowledge & Prac Application	Article 5: Freestyle Rules	Practical Lecture	Quiz
8	2	Knowledge & Prac Application	Article 6: Backstroke Rules	Practical Lecture	Quiz
9	2	Knowledge & Prac Application	Article 7: Breaststroke Rules	Practical Lecture	Quiz
10	2	Knowledge & Prac Application	Article 8: Butterfly Rules	Practical Lecture	Quiz
11	2	Knowledge & Prac Application	Article 9: Medley Swimming	Practical Lecture	Quiz
12	2	Knowledge & Prac Application	Article 10: Competitions	Practical Lecture	Quiz

13	2	Knowledge & Prac Application	Article 11: Timing	Practical Lecture	Quiz
14	2	Knowledge & Prac Application	Article 12: Distances	Practical Lecture	Quiz
15	2	Exam	Exam	Exam	Exam

١1.Course Evaluation	
50 Coursework And 50 Final Exam	
١٢.Learning and teaching resources	
Required Textbooks (Curricular Books, If An	Electronic Resources: E-Learning Platforms
Main References (Sources)	
Main Reference: International Swimming Law	

Course Description Form

1. Course name
Sports For The Disabled
2,Course code
PES36275
3. semester/ year
Third Level / Second Semester
4. Date this description was prepared
٢٠٢٦/٢/٥
5.Available attendance forms

Attending A Traditional Class

6. Number of study hours (total) / Number of units (total)

30/30

7.Name of the course administrator (if more than one name is mentioned)

Name: Asst. Lect. Hadeel Ali Mubdir Email :Hadeel.A.Mubdir@Gu.Edu.Iq

8.objectives Course

Understanding The Types Of Sports Practiced By People With Disabilities

9.Teaching and learning strategies

Strategy:

- Theoretical Tests
- Reports
- Attendance And Participation

10. Course structure

WEEK	Hours	Intended Learning Outcomes	Module Name/ Or Topic	Teaching Method	Method Of Evaluation
1	2	Knowledge Understanding	oduction To Sports For The Disabled	Theoretical Lectu	Quiz
2	2	Knowledge Understanding	History And Origin Of Disabled Spor	Theoretical Lectu	Quiz
3	2	Knowledge Understanding	Development Of Disabled Sports	Theoretical Lectu	Quiz
4	2	Knowledge Understanding	Disabled Sports In Iraq	Theoretical Lectu	Quiz
5	2	Knowledge Understanding	Concept Of Disability	Theoretical Lectu	Quiz
6	2	Exam	Exam	Exam	Exam
7	2	Knowledge Understanding	Types Of Disabilities	Theoretical Lectu	Quiz
8	2	Knowledge Understanding	Classification Of Disabilities	Theoretical Lectu	Quiz
9	2	Knowledge Understanding	Disability And Sports Activities	Theoretical Lectu	Quiz
10	2	Knowledge Understanding	Foundations Of Building Sp Programs For The Disabled	Theoretical Lectu	Quiz
11	2	Knowledge Understanding	Special Olympics	Theoretical Lectu	Quiz
12	2	Knowledge Understanding	Approved Sports In Disabled Sports	Theoretical Lectu	Quiz
13	2	Knowledge Understanding	Disabled Sports In Iraq	Theoretical Lectu	Quiz
14	2	Knowledge Understanding	Review	Theoretical Lectu	Quiz
15	2	Exam	Exam	Exam	Exam

11.Course Evaluation

50 Coursework And 50 Final Exam

Learning and teaching resources

Required Textbooks (Curricular Books, If An	Electronic Resources: E-Learning Platforms
Main References: Scientific Articles	
Supporting.Books: *Sports For The Disabled*, Mohammed Rifaat Has (1977)	

Physical Education For People With Special Needs, Adel Ali & Abdul Hakim Al-Matar (2009)	

Course Description Form

1. Course name
Sport Psychology
2,Course code
PES47253
3. semester/ year
Fourth Level / First Semester
4. Date this description was prepared
٢٠٢٥/٩/٦
5.Available attendance forms
Attending A Traditional Class
6. Number of study hours (total) / Number of units (total)
30/30
7.Name of the course administrator (if more than one name is mentioned)
Name: Dr. Al-Ameer Haider Hussein Email: Email :Alameer.H.Hussein@Gu.Edu.Iq
8.objectives Course
• Introducing Students To The Importance Of Sport Psychology, Its Fields, And Psychological Problems.
9.Teaching and learning strategies
• Theoretical Exams • Weekly Reports • Daily Attendance And Classroom Participation • Interaction And Discussions • Student Self-Discipline
10. Course structure

WEEK	Hours	Intended Learning Outcomes	Module Name/ Or Topic	Teaching Method	Method Of Evaluation
1	2	Knowledge Understanding	lds Of Sport chology / Tasks Of Sport Psychology	Lecture	Quiz
2	2	Knowledge Understanding	Learning And Motor Learning	Lecture	Quiz
3	2	Knowledge Understanding	Memory And Forgetting	Lecture	Quiz
4	2	Knowledge Understanding	Components Of Training / Me Training	Lecture	Quiz
5	2	Knowledge Understanding	Personality: Components Theories	Lecture	Quiz
6	2	Knowledge Understanding	Personality Measures Development	Lecture	Quiz
7	2	Knowledge Understanding	Motivation And Incentives	Lecture	Quiz
8	2	Knowledge	Types And Classification	Lecture	Quiz

		Understanding	Motivation		
9	2	Knowledge Understanding	Methods Of Using Needs	Lecture	Quiz
10	2	Knowledge Understanding	Attitude: Components & Theor	Lecture	Quiz
11	2	Knowledge Understanding	Formation And Change Attitudes	Lecture	Quiz
12	2	Knowledge Understanding	Readiness, Objectivity, Attitud	Lecture	Quiz
13	2	Knowledge Understanding	Mental Processes	Lecture	Quiz
14	2	Knowledge Understanding	Intelligence	Lecture	Quiz
15	2	Exam	Exam	Exam	Exam

11.Course Evaluation
50 Coursework + 50 Final Exam

12.Learning and teaching resources	
Main Reference: Advanced Studies In Sp Psychology – Prof. Ali Yousif	Electronic Resources: E-Learning Websites & Virt Library

Course Description Form

1. Course name

Sports Management
2,Course code
PES47254
3. semester/ year
Fourth Level / First Semester
4. Date this description was prepared
8/9/2025
5.Available attendance forms
Attending A Traditional Class
6. Number of study hours (total) / Number of units (total)
30/30
7.Name of the course administrator (if more than one name is mentioned)
Name: Prof. Raed Mahous Zghair Email Email :Raid.M.Zighair@Gu.Edu.Iq
8.objectives Course
• Introducing Students To The Importance Of Sports Management And Solving Administrative Problems In Institutions.
9.Teaching and learning strategies
• Theoretical Exams • Weekly Reports • Daily Attendance: Evaluating Students Through Participation • Classroom Interaction And Discussions • Student Self-Behavior
10. Course structure

WEEK	Hours	Intended Learning Outcomes	Module Name/ Or Topic	Teaching Method	Method Of Evaluation
1	2	Knowledge Understanding	roduction To nagement / nagement In Sports Field	Theoretical Lecture	Quiz
2	2	Knowledge Understanding	Planning: Elements, Typ Principles	Theoretical Lecture	Quiz
3	2	Knowledge Understanding	__	Theoretical Lecture	Quiz
4	2	Knowledge Understanding	Obstacles Of Planning / P Preparation Stage	Theoretical Lecture	Quiz
5	2	Knowledge Understanding	Organization: Elements, Typ Good Organization	Theoretical Lecture	Quiz
6	2	Knowledge Understanding	Characteristics Of Go Organization / Organizatio Structures	Theoretical Lecture	Quiz
7	2	Knowledge Understanding	Supervision: Basics For Succ And Principles	Theoretical Lecture	Quiz
8	2	Knowledge Understanding	Supervisor Characteristics / Ty Of Supervision	Theoretical Lecture	Quiz
9	2	Knowledge Understanding	Coordination: Importance, Typ Principles	Theoretical Lecture	Quiz

10	2	Knowledge Understanding	Control: Characteristics, Typ Steps	Theoretical Lecture	Quiz
11	2	Knowledge Understanding	Evaluation: Principles A Methods	Theoretical Lecture	Quiz
12	2	Knowledge Understanding	Decision-Making: Stages, Typ Obstacles / Organizing Spo Competitions	Theoretical Lecture	Quiz
13	2	Knowledge Understanding	Communication: Importar Elements, Types	Theoretical Lecture	Quiz
14	2	Knowledge Understanding	Leadership: Importance, Sty Elements / Difference Betw Manager And Leader	Theoretical Lecture	Quiz
15	2	Exam	Exam	Exam	Exam

11.Course Evaluation	
50 Coursework + 50 Final Exam	
12.Learning and teaching resources	
Required Books: Curriculum Textbooks	Supporting:
Main References: Abdullah Hazza – Spo Management	Electronic: E-Learning Websites

Course Description Form

1. Course name
Teaching Methods (Practical Education)
2,Course code
PES47255
3. semester/ year
Fourth Level / First Semester
4. Date this description was prepared

٢٠٢٥/٩/٧

5.Available attendance forms

Attending A Traditional Class

6. Number of study hours (total) / Number of units (total)

30/30

7.Name of the course administrator (if more than one name is mentioned)

Name:Dr.Saad Kamel Menkash Email :Saad.K.Menkash@Gu.Edu.Iq

8.objectives Course

Preparing Male And Female Teachers For Iraqi Schools (Governmental And Private Stages).

9.Teaching and learning strategies

- Theoretical Exams
- Weekly Reports
- Daily Attendance And Participation
- Classroom Interaction And Discussions
- Student Self-Behavior

10. Course structure

WEEK	Hours	Intended Learning Outcomes	Module Name/ Or Topic	Teaching Method	Method Of Evaluation
1	2	Knowledge & Understand	cept Of Education, Learning, And Teaching	Theoretical Lectu	Quiz
2	2	Knowledge & Understand	Theoretical Explanation Of Lecture	Theoretical Lectu	Quiz
3	2	Knowledge & Understand	Practical And Theoretical Explana Of Physical Exercises With Comman	Theoretical Lectu	Quiz
4	2	Knowledge & Understand	Lesson Characteristics And Parts	Theoretical Lectu	Quiz
5	2	Knowledge & Understand	Educational, Pedagogical Behavioral Objectives	Theoretical Lectu	Quiz
6	2	Knowledge & Understand	Intermediate And Secondary Sc Stages	Theoretical Lectu	Quiz
7	2	Knowledge & Understand	Perception Method (Explanation Segmentation), Model Method, W Perception	Theoretical Lectu	Quiz
8	2	Knowledge & Understand	Deductive And Inductive Methods	Theoretical Lectu	Quiz
9	2	Knowledge & Understand	Teaching Units: Meaning, Ty Objectives	Theoretical Lectu	Quiz
10	2	Knowledge & Understand	Sources, Uses, Types, Presenta Methods, Obstacles	Theoretical Lectu	Quiz
11	2	Knowledge & Understand	Trial And Error Theory, Conditio Approach Theory, Whole Met Theory	Theoretical Lectu	Quiz
12	2	Knowledge & Understand	Objectives And Reality Extracurricular Activities	Theoretical Lectu	Quiz
13	2	Knowledge & Understand	Descriptive Method	Theoretical Lectu	Quiz
14	2	Knowledge & Understand	Extracurricular Activities	Theoretical Lectu	Quiz
15	2	Exam	Exam	Exam	Exam

١1.Course Evaluation

50 Coursework + 50 Final Exam

12.Learning and teaching resources

Required Textbooks: General Teach Methods – Ahmed Marei & Mohamn Mahmoud	Supporting: Abbas Ahmed Saleh

Main References: Teaching Methods In Phys Education – Afaf Othman	Electronic: Internet Sources (Wikipedia, Google)

Course Description Form

1. Course name
Advanced Sports Training
2,Course code
PES47256
3. semester/ year
Fourth Level / First Semester
4. Date this description was prepared
5/9/2025
5.Available attendance forms
Attending A Traditional Class
6. Number of study hours (total) / Number of units (total)
30/30
7.Name of the course administrator (if more than one name is mentioned)
Name: Dr. Murtada Hassoon Email: Murtada.H.Abdalmahdi@Gu.Edu.Iq
8.objectives Course
• Understanding Characteristics And Methods Of Different Training Systems.
9.Teaching and learning strategies

- Theoretical Exams
- Weekly Reports
- Daily Attendance And Participation
- Classroom Interaction
- Student Self-Behavior

10. Course structure

WEEK	Hours	Intended Learning Outcomes	Module Name/ Or Topic	Teaching Method	Method Of Evaluation
1	2	Knowledge & Understand	ntroduction And Definitions	Theoretical Lectu	Quiz
2	2	Knowledge & Understand	Training Load And Its Components	Theoretical Lectu	Quiz
3	2	Knowledge & Understand	Methods Of Training Phys Components	Theoretical Lectu	Quiz
4	2	Knowledge & Understand	Strength Training Methods And Type	Theoretical Lectu	Quiz
5	2	Knowledge & Understand	Isokinetic Training Methods	Theoretical Lectu	Quiz
6	2	Knowledge & Understand	Electrical Training Methods	Theoretical Lectu	Quiz
7	2	Knowledge & Understand	Exam	Theoretical Lectu	Quiz
8	2	Knowledge & Understand	Speed, Endurance, Flexibility Trainin	Theoretical Lectu	Quiz
9	2	Knowledge & Understand	Training Methods	Theoretical Lectu	Quiz
10	2	Knowledge & Understand	Energy Systems Training	Theoretical Lectu	Quiz
11	2	Knowledge & Understand	Adaptation, Types, And Recovery	Theoretical Lectu	Quiz
12	2	Knowledge & Understand	Characteristics Of Training Design	Theoretical Lectu	Quiz
13	2	Knowledge & Understand	Planning Training Programs Advanced Athletes	Theoretical Lectu	Quiz
14	2	Knowledge & Understand	Small, Medium, And Large Trai Cycles	Theoretical Lectu	Quiz
15	2	Exam	Exam	Exam	Exam

11.Course Evaluation

50 Coursework + 50 Final Exam

12.Learning and teaching resources

Required Books: Curriculum Textbooks	Electronic: E-Learning Websites
Main References: Abdullah Hazza – Sports Manageme	

Course Description Form

1. Course name
Track And Field 3
2,Course code
PES47257
3. semester/ year
Fourth Level / First Semester
4. Date this description was prepared
٢٠٢٥/٩/٢
5.Available attendance forms
Attending A Traditional Class
6. Number of study hours (total) / Number of units (total)
30/30
7.Name of the course administrator (if more than one name is mentioned)
Name: Dr. Saad Kamel Mankash Email: Saad.K.Menkash@Gu.Edu.Iq
8.objectives Course
• Studying, Understanding, And Applying Track And Field Rules.
9.Teaching and learning strategies
• Theoretical Exams • Practical Exams • Weekly Reports • Daily Attendance And Participation • Classroom Interaction

- Student Self-Behavior

10. Course structure

WEEK	Hours	Intended Learning Outcomes	Module Name/ Or Topic	Teaching Method	Method Of Evaluation
1	2	Knowledge & Application	History Of The Sport	Practical	Quiz
2	2	Knowledge & Application	100 Meters	Practical	Quiz
3	2	Knowledge & Application	110m Hurdles	Practical	Quiz
4	2	Knowledge & Application	400m Race	Practical	Quiz
5	2	Knowledge & Application	800m Race	Practical	Quiz
6	2	Knowledge & Application	3000m Steeplechase	Practical	Quiz
7	2	Knowledge & Application	4×100 Relay	Practical	Quiz
8	2	Knowledge & Application	4×400 Relay	Practical	Quiz
9	2	Knowledge & Application	Shot Put	Practical	Quiz
10	2	Knowledge & Application	Discus Throw	Practical	Quiz
11	2	Knowledge & Application	Javelin Throw	Practical	Quiz
12	2	Knowledge & Application	High Jump	Practical	Quiz
13	2	Knowledge & Application	Long Jump	Practical	Quiz
14	2	Knowledge & Application	Triple Jump	Practical	Quiz
15	2	Exam	Exam	Exam	Exam

11.Course Evaluation

50 Coursework + 50 Final Exam

12.Learning and teaching resources

International Track And Field Rules	
Peter J.L. Thompson (2009)	
Risan Khuraibet & Abdulrahman Mustafa (2004)	

Course Description Form

1. Course name
Handball 3
2,Course code
PES47258
3. semester/ year
Fourth Level / First Semester
4. Date this description was prepared
11/9/2025
5.Available attendance forms
Attending A Traditional Class
6. Number of study hours (total) / Number of units (total)
30/30
7.Name of the course administrator (if more than one name is mentioned)
Name: Dr. Murtada Hassoon Email: Murtada.H.Abdalmahdi@Gu.Edu.Iq
8.objectives Course
• Learning Refereeing Forms In Handball • Applying Refereeing Forms In Handball • Learning How To Draw Applied Training Drills In Handball
9.Teaching and learning strategies
• Theoretical Exams • Practical Exams • Field Interaction • Student Self-Behavior
10. Course structure

WEEK	Hours	Intended Learning Outcomes	Module Name/ Or Topic	Teaching Method	Method Of Evaluation
1	2	Knowledge & Application	oduction To Refereeing In Handball	Practical	Quiz
2	2	Knowledge & Application	Referees' Roles On The Field	Practical	Quiz
3	2	Knowledge & Application	Explanation Of First Handball Form	Practical	Quiz
4	2	Knowledge & Application	Explanation Of Second Handball For	Practical	Quiz

5	2	Knowledge & Application	Practical Application Of Forms	Practical	Quiz
6	2	Knowledge & Application	First Semester Exam	Practical	Quiz
7	2	Knowledge & Application	Introduction To Applied Drills	Practical	Quiz
8	2	Knowledge & Application	Applying Training Drills On Field	Practical	Quiz
9	2	Knowledge & Application	Learning Symbols For Drawing Drills	Practical	Quiz
10	2	Knowledge & Application	Drawing Drills And Assignments	Practical	Quiz
11	2	Knowledge & Application	Teacher Demonstration Of Drills	Practical	Quiz
12	2	Knowledge & Application	Students Apply Drills	Practical	Quiz
13	2	Knowledge & Application	Completing Student Drill Application	Practical	Quiz
14	2	Knowledge & Application	Practical Second Semester Exam	Practical	Quiz
15	2	Exam	Exam	Exam	Exam

11.Course Evaluation

50 Coursework + 50 Final Exam

12.Learning and teaching resources

Required Textbooks: Curriculum Textbooks	• Electronic: E-Learning Websites And Virtual Library
Main References: Volleyball References (As Listed	

Course Description Form

1. Course name
Volleyball 3
2,Course code
PES47259
3. semester/ year
Fourth Level / First Semester
4. Date this description was prepared
٢٠٢٥/٩/٨
5.Available attendance forms
Attending A Traditional Class
6. Number of study hours (total) / Number of units (total)
30/30
7.Name of the course administrator (if more than one name is mentioned)
Name: Assist. Lecturer Ahmed Majid Email :Ahmed.M.Kareem@Gu.Edu.Iq
8.objectives Course
• Learning Offensive And Defensive Strategies In Volleyball
9.Teaching and learning strategies
• Theoretical Exams • Practical Exams • Weekly Reports • Daily Attendance And Participation • Classroom Interaction • Student Self-Behavior
10. Course structure

WEEK	Hours	Intended Learning Outcomes	Module Name/ Or Topic	Teaching Method	Method Of Evaluation
1	2	Knowledge & Application	iew Of Rules And Skill Drills	Practical	Quiz
2	2	Knowledge & Application	Types Of Volleyball And Team Divis	Practical	Quiz
3	2	Knowledge & Application	Offensive Plan 6–0	Practical	Quiz
4	2	Knowledge & Application	Offensive Plan 4–2 (Setter In Positio	Practical	Quiz
5	2	Knowledge & Application	Offensive Plan 4–2 (Setter In Positio	Practical	Quiz
6	2	Knowledge & Application	Serve Reception Systems	Practical	Quiz
7	2	Knowledge & Application	Exam	Practical	Quiz
8	2	Knowledge & Application	Defensive Plan (Advanced 6)	Practical	Quiz
9	2	Knowledge & Application	Applying Offensive And Defen Tactics	Practical	Quiz

10	2	Knowledge & Application	Offensive Plan (5–1)	Practical	Quiz
11	2	Knowledge & Application	Defensive Plan (Late 6 / Free Player)	Practical	Quiz
12	2	Knowledge & Application	Attacker Coverage Systems	Practical	Quiz
13	2	Knowledge & Application	Tactical Applications	Practical	Quiz
14	2	Knowledge & Application	Review	Practical	Quiz
15	2	Exam	Final Exam	Exam	Exam

11.Course Evaluation

50 Coursework + 50 Final Exam

12.Learning and teaching resources

Riyadh Khalil Khamas Et Al. (2012)	• E-Learning Websites
Official Volleyball Rules	

Course Description Form

1. Course name
Racket Games 2
2,Course code
PES47260
3. semester/ year
Fourth Level / First Semester
4. Date this description was prepared
7/9/2025
5.Available attendance forms
Attending A Traditional Class
6. Number of study hours (total) / Number of units (total)
30/30
7.Name of the course administrator (if more than one name is mentioned)
Name: Dr. Saif Al-Din Khalid Email :Saifaldeen.Khalid@Gu.Edu.Iq
8.objectives Course
• Learning Skills During Play • Officiating Tennis Matches
9.Teaching and learning strategies
• Theoretical Exams • Practical Exams • Weekly Reports • Attendance And Participation • Interaction And Behavior
10. Course structure

WEEK	Hours	Intended Learning Outcomes	Module Name/ Or Topic	Teaching Method	Method Of Evaluation
1	2	Knowledge & Application	iew Of Rules And Basic Skills	Practical	Quiz
2	2	Knowledge & Application	Court Types And Equipment	Practical	Quiz
3	2	Knowledge & Application	Main Referee Duties	Practical	Quiz
4	2	Knowledge & Application	Line Judges Duties	Practical	Quiz
5	2	Knowledge & Application	Forehand Slice	Practical	Quiz
6	2	Knowledge & Application	Backhand Slice	Practical	Quiz
7	2	Knowledge & Application	Exam	Practical	Quiz
8	2	Knowledge & Application	Forehand Volley	Practical	Quiz
9	2	Knowledge & Application	Backhand Volley	Practical	Quiz
10	2	Knowledge & Application	Applying Skills In Matches	Practical	Quiz
11	2	Knowledge & Application	Spin Serve	Practical	Quiz
12	2	Knowledge & Application	Match Officiating	Practical	Quiz
13	2	Knowledge & Application	Ace Serve	Practical	Quiz

14	2	Knowledge & Application	Doubles Play	Practical	Quiz
15	2	Exam	Exam	Exam	Exam

11.Course Evaluation

50 Coursework + 50 Final Exam

12.Learning and teaching resources

International Tennis Rules	• E-Learning Websites
University Lectures	

Course Description Form

1. Course name

Table Tennis

2,Course code

PES47261

3. semester/ year

Fourth Level / First Semester

4. Date this description was prepared

٢٠٢٥/٩/٣

5.Available attendance forms

Attending A Traditional Class

6. Number of study hours (total) / Number of units (total)

30/15

7.Name of the course administrator (if more than one name is mentioned)

Name: Dr. Saif Al-Din Khalid Email :Saifaldeen.Khalid@Gu.Edu.Iq

8.objectives Course

- Learning Skills During Play
- Learning Official Table Tennis Rules

9.Teaching and learning strategies

- Theoretical Exams
- Practical Exams
- Weekly Reports
- Attendance And Participation
- Interaction And Behavior

10. Course structure

WEEK	Hours	Intended Learning Outcomes	Module Name/ Or Topic	Teaching Method	Method Of Evaluation
1	2	Knowledge & Application	Basic Skills Drills	Practical	Quiz
2	2	Knowledge & Application	Main Referee Duties	Practical	Quiz
3	2	Knowledge & Application	Grip Techniques	Practical	Quiz
4	2	Knowledge & Application	Forehand Stroke	Practical	Quiz
5	2	Knowledge & Application	Backhand Stroke	Practical	Quiz
6	2	Knowledge & Application	Exam	Practical	Quiz
7	2	Knowledge & Application	Forehand Topspin	Practical	Quiz
8	2	Knowledge & Application	Backhand Topspin	Practical	Quiz
9	2	Knowledge & Application	Match Application	Practical	Quiz
10	2	Knowledge & Application	Scoring System	Practical	Quiz
11	2	Knowledge & Application	Forehand Serve	Practical	Quiz
12	2	Knowledge & Application	Side Spin Serve	Practical	Quiz
13	2	Knowledge & Application	Spin Serve Variations	Practical	Quiz
14	2	Knowledge & Application	Backhand Serve	Practical	Quiz
15	2	Exam	Exam	Exam	Exam

١1.Course Evaluation

50 Coursework + 50 Final Exam

12.Learning and teaching resources	
International Table Tennis Rules	• E-Learning Websites
Table Tennis By Mohammed Sobhi	

Course Description Form

1. Course name
Advanced Basketball
2,Course code
PES47262
3. semester/ year
Fourth Level / First Semester

4. Date this description was prepared
6/9/2025
5.Available attendance forms
Attending A Traditional Class
6. Number of study hours (total) / Number of units (total)
30/15
7.Name of the course administrator (if more than one name is mentioned)
Name: Assist. Prof. Haneen Safaa Salman Email :Haneen.S.Salman@Gu.Edu.Iq
8.objectives Course
• Studying Offensive And Defensive Strategies In Basketball • Studying Basketball Rules
9.Teaching and learning strategies
• Theoretical Exams • Practical Exams • Weekly Reports • Attendance And Participation • Interaction And Behavior

10. Course structure

WEEK	Hours	Intended Learning Outcomes	Module Name/ Or Topic	Teaching Method	Method Of Evaluation
1	2	Knowledge & Application	rse Introduction And Physical Fitness	Practical	Quiz
2	2	Knowledge & Application	Rules (Articles 1–3)	Practical	Quiz
3	2	Knowledge & Application	Rules (4–10) + Offensive Tactics	Practical	Quiz
4	2	Knowledge & Application	Rules (11–15) + Individual Offense	Practical	Quiz
5	2	Knowledge & Application	Rules (16–20) + Team Offense	Practical	Quiz
6	2	Knowledge & Application	Rules (21–24) + Group Offense	Practical	Quiz
7	2	Knowledge & Application	Rules (25–29)	Practical	Quiz
8	2	Knowledge & Application	Fast Break Offense	Practical	Quiz
9	2	Knowledge & Application	Mid Exam (Theoretical & Practical)	Practical	Quiz
10	2	Knowledge & Application	Defense Tactics + Rules (30–35)	Practical	Quiz
11	2	Knowledge & Application	Man-To-Man Defense + Rules (36–4	Practical	Quiz
12	2	Knowledge & Application	Zone Defense + Rules (41–45)	Practical	Quiz
13	2	Knowledge & Application	Combined Defense + Rules (46–50)	Practical	Quiz
14	2	Knowledge & Application	Press Defense + Officiating Mechani	Practical	Quiz
15	2	Exam	Exam	Exam	Exam

11.Course Evaluation
50 Coursework + 50 Final Exam
12.Learning and teaching resources

International Basketball Rules	• E-Learning Websites
Basketball Skills And Tactics	Comprehensive Sports Library

Course Description Form

1. Course name
Management And Organization Of Sports Competitions
2,Course code
Pes48265
3. semester/ year
Fourth Level / Second Semester
4. Date this description was prepared
٢٠٢٦/٢/٥
5.Available attendance forms
Attending A Traditional Class
6. Number of study hours (total) / Number of units (total)
30/30
7.Name of the course administrator (if more than one name is mentioned)
Name: Prof. Raed Mahous Zghair Email :Raid.M.Zighair@Gu.Edu.Iq
8.objectives Course
To Increase Students' Understanding Of How To Evaluate And Manage Sports Tournaments And To Enhance The Role Of Media In Them.
9.Teaching and learning strategies
• Theoretical Examinations • Weekly Reports • Daily Attendance: Evaluating The Student Inside The Classroom Through Attendance And Scientific Participation • Student Interaction With The Lecture And Class Discussions • Student Self-Behavior
10. Course structure

Week	Hours	Intended Learning Outcomes	Module Name/ Or Topic	Teaching Method	Method Of Evaluation
1	2	Knowledge Understanding	ntroduction To Sports Media	Theoretical Lectu	Quiz
2	2	Knowledge Understanding	Concept And Definitions Of Sp Media	Theoretical Lectu	Quiz
3	2	Knowledge Understanding	Objectives Of Sports Media	Theoretical Lectu	Quiz
4	2	Knowledge Understanding	Types Of Sports Media	Theoretical Lectu	Quiz
5	2	Knowledge Understanding	Theories Of Sports Media	Theoretical Lectu	Quiz

6	2	Exam	Exam	Exam	Exam
7	2	Knowledge Understanding	Modern Sports Media Technologies	Theoretical Lectu	Quiz
8	2	Knowledge Understanding	Impact Of These Technologies Sports Media	Theoretical Lectu	Quiz
9	2	Knowledge Understanding	Digital Sports Media	Theoretical Lectu	Quiz
10	2	Knowledge Understanding	Impact Of Digital Sports Media Audience And Society	Theoretical Lectu	Quiz
11	2	Knowledge Understanding	Challenges Of Digital Sports Media	Theoretical Lectu	Quiz
12	2	Knowledge Understanding	Impact Of Sports Media On Sp Community	Theoretical Lectu	Quiz
13	2	Knowledge Understanding	Enhancing Interaction Between F And Athletes	Theoretical Lectu	Quiz
14	2	Knowledge Understanding	Students' Reports Presentation	Theoretical Lectu	Quiz
15	2	Exam	Final Exam	Exam	Exam

11.Course Evaluation

50 Coursework + 50 Final Exam

12. Learning and teaching resources

Internet: Prescribed Textbooks	Electronic References: E-Learning Websites
• Instructor Lectures	

Course Description Form

1. Course name
Weight Training
2,Course code
Pes48266
3. semester/ year
Fourth Level / Second Semester
4. Date this description was prepared
٢٠٢٦/٢/٦
5.Available attendance forms
Attending A Traditional Class
6. Number of study hours (total) / Number of units (total)
30/١٥
7.Name of the course administrator (if more than one name is mentioned)
Name: Assist. Lecturer Mais Kamar Abdul Aoun Email :Mays.Gumar@Gu.Edu.Iq
8.objectives Course
To Expand Students' Knowledge In Sports Training Science And Methods Of Strength Training.
9.Teaching and learning strategies
• Theoretical Examinations • Weekly Reports • Daily Attendance And Participation • Classroom Interaction • Student Self-Behavior
10. Course structure

Week	Hours	Intended Learning Outcomes	Module Name/ Or Topic	Teaching Method	Method Of Evaluation
1	2	Knowledge Understanding	ncept Of Weight Training	Theoretical Lectu	Quiz
2	2	Knowledge Understanding	Neuromuscular Adaptation Strength Training	Theoretical Lectu	Quiz
3	2	Knowledge Understanding	Some Methods Of Wei Training	Theoretical Lectu	Quiz
4	2	Knowledge Understanding	Training Load	Theoretical Lectu	Quiz
5	2	Knowledge Understanding	Training Load Intensity	Theoretical Lectu	Quiz
6	2	Knowledge Understanding	Methods Of Calculating Intensi	Theoretical Lectu	Quiz
7	2	Knowledge Understanding	First Monthly Exam	Theoretical Lectu	Quiz
8	2	Knowledge Understanding	Training Load Volume	Theoretical Lectu	Quiz
9	2	Knowledge Understanding	Training Load Density	Theoretical Lectu	Quiz
10	2	Knowledge Understanding	Planning The Training Program	Theoretical Lectu	Quiz

11	2	Knowledge Understanding	Neural Control And Adaptation Strength Development	Theoretical Lectu	Quiz
12	2	Knowledge Understanding	Building The Training Unit	Theoretical Lectu	Quiz
13	2	Knowledge Understanding	Practical Applications Training Unit	Theoretical Lectu	Quiz
14	2	Knowledge Understanding	Discussion Of Students' Repor	Theoretical Lectu	Quiz
15	2	Exam	Final Exam	Exam	Exam

١1.Course Evaluation	
٥٠Coursework + 50 Final	
Learning and teaching resources	
Required Textbooks (Curricular Books, If An	Supporting References: E-Learning Websites And Virt Library
Sports Training Science / Mohammed Has Allawi	

Course Description Form

1. Course name
Teaching Strategies
2,Course code
Pes48267
3. semester/ year

Fourth Level / Second Semester

4. Date this description was prepared

5/2/2026

5.Available attendance forms

Attending A Traditional Class

6. Number of study hours (total) / Number of units (total)

30/30

7.Name of the course administrator (if more than one name is mentioned)

Name: Assist. Lecturer Hadeel Ali Mubdar Email: Hadeel.A.Mubdir@Gu.Edu.Iq

8.objectives Course

To Familiarize Students With The Most Important Modern Teaching Strategies That Can Be Learned And Applied In Schools.

9.Teaching and learning strategies

- Theoretical Examinations
- Weekly Reports
- Daily Attendance And Participation
- Classroom Interaction
- Student Self-Behavior

10. Course structure

Week	Hours	Intended Learning Outcomes	Module Name/ Or Topic	Teaching Method	Method Of Evaluation
1	2	Knowledge & Practoduction To Teaching Application Strategies		Theoretical Lectu	Quiz
2	2	Knowledge & Pract Application	Types Of Teaching Strategies	Theoretical Lectu	Quiz
3	2	Knowledge & Pract Application	Peer Learning Strategy	Theoretical Lectu	Quiz
4	2	Knowledge & Pract Application	Problem-Solving Strategy	Theoretical Lectu	Quiz
5	2	Knowledge & Pract Application	Learning Stations Strategy	Theoretical Lectu	Quiz
6	2	Knowledge & Pract Application	Cooperative Learning Strategy	Theoretical Lectu	Quiz
7	2	Knowledge & Pract Application	Cognitive Stations Strategies	Theoretical Lectu	Quiz
8	2	Knowledge & Pract Application	Inquiry-Based Learning Strategy	Theoretical Lectu	Quiz
9	2	Knowledge & Pract Application	Role-Playing Strategy	Theoretical Lectu	Quiz
10	2	Knowledge & Pract Application	Brainstorming Strategy	Theoretical Lectu	Quiz
11	2	Knowledge & Pract Application	Critical Thinking Strategy	Theoretical Lectu	Quiz
12	2	Knowledge & Pract Application	Creative Thinking Strategy	Theoretical Lectu	Quiz
13	2	Knowledge & Pract Application	Educational Objectives	Theoretical Lectu	Quiz
14	2	Knowledge & Pract Application	Discussion Of Students' Reports	Theoretical Lectu	Quiz
15	2	Exam	Final Exam	Exam	Exam

١1.Course Evaluation

50 Coursework And 50 Final Exam

Learning and teaching resources	
Internet And Digital Library: Prescribed Textbooks	E-Learning Websites And Virtual Library
Modern Teaching Strategies / Iman Mohammed Sah & Zainab Abbas Jaafar	

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